June 1 marks the beginning of LGBTQ+ Pride Month, commemorating the first Pride protest which was led by a Black transgender woman outside the Stonewall Inn in New York in 1969.

Many of this year’s celebrations have resumed in-person, with themes ranging from “reUNITED” to “Love Will Keep Us Together.” While in no way an exhaustive list, to follow are a variety of ways to get involved in the festivities.

**ATTEND A PARADE, FESTIVAL, OR EVENT**

“Together Again” is the theme of this year’s BALTIMORE PRIDE, one of the oldest Prides in the nation. Click here for a full schedule of events taking place 6/24 - 6/26, with highlights including a parade, block party festival, and the ferociously competitive High Heel Race.

For ten days in June, Washington DC comes alive with CAPITAL PRIDE, hosting lively events including a Pride brunch, block party, parade, concert and festival. Click here for a full lineup of activities and to learn more about this year’s theme: reUNITED.

The CHICAGO PRIDE celebration consists of a full month of festivities and events, attracting over 1,000,000 people to America’s first recognized LGBTQ community. Featuring the legendary Pride Fest street festival, Pride in the Park outdoor music festival, and culminating with the annual Chicago Pride Parade, click here to plan your itinerary.

DALLAS PRIDE returns to Fair Park 6/4 - 6/5 to celebrate love and inclusion. The Dallas Pride Miller Lite Music Festival kicks off the celebration, followed by the Alan Ross Texas Freedom Parade. Events for teens and the whole family are interspersed throughout the weekend; click here for information on registration and tickets.
DENVER PRIDEFEST on 6/25 and 6/26 has become one of the largest Pride festivals in the US, drawing over half a million people and 250+ vendors to its two-day celebration. Featuring a Pride 5k, Pride Parade, Pride Rally, and Pride Festival, click here for the full lineup of events, as well as Pride Night at the Rockies on 6/3.

Renowned for its strong LGBTQ community and “One Human Family” philosophy, KEY WEST GAY PRIDE is always a popular, lively event! Click here for a full list of Pride 2022 activities, culminating with the Pride Parade on 6/5.

NYC PRIDE celebrates being “Unapologetically Us” as it returns in-person with a full roster of events from 6/24 - 6/26. Highlights include the NYC Pride March, PrideFest, Pride Island, the Rally, Bliss Days, Fantasy Days, Teaze, Youth Pride and Family Movie Night. Rounding out the month are the Conference and the Brunch on 6/19 and Pride Presents cinematic event on 6/5.

PRIDE NORTHWEST is committed to creating a safe and celebratory environment for the region’s LGBTQ+ community and businesses. The Portland Pride Waterfront Festival and Pride Parade attract thousands of visitors each year. Click here for more information about the festival on 6/18 and 6/19, and the parade in Downtown Portland on 6/19.

Between 6/2 - 6/5, PITTSBURGH PRIDE will host a series of events including the 3rd Annual Ball on the Bridge; Pride on the Shore; Pittsburgh Pride Revolution, Stand Up, Fight Back March; and Pittsburgh Pride Revolution Festival. Click here for more information and start times.

Taking place from 6/3 - 6/5, PROVINCETOWN PRIDE invites you to express yourself and celebrate the full spectrum of this inclusive community with events ranging from a Stonewall Stroll through the city streets, Pride cruises, queer comedy, drag nights, parties and more. Click here to plan your PRIDE trip to Ptown.

Fifty-two years’ strong, SAN FRANCISCO PRIDE proudly returns in-person for a two-day celebration 6/25 - 6/26. The theme “Love Will Keep Us Together” will permeate the Parade and other festivities. Click here for registration information and to access the Inside Pride video library and Queerness Podcast.

SEATTLE’S PRIDEFEST returns on 6/25 and 6/26 to Capitol Hill and Seattle Center. One of the biggest parties of the year, featuring music, dancing, community non-profits, and concessions, there are offerings for all ages. Click here for a full list of free events, along with information on a community clean-up to kick off Pride month.

STONEWALL COLUMBUS has served the Central Ohio community for 40 years, working to uplift LGBTQ+ identities. Pride festivities will resume in-person this year, with the Pride Festival taking place 6/17 and 6/18 in Goodale Park, and the March on 6/18, starting at Broad and High Streets. Click here for a full list of events and activities.

The 50th annual TWIN CITIES PRIDE FESTIVAL on 6/25 and 6/26 will feature local BIPOC and LGBTQ+ vendors, food courts, a beer garden, and music stages. Click here for more information and to learn about the Come As You Are! art exhibition highlighting the achievements of the Twin Cities Pride Festival and the artistic talents of Minnesota’s LGBTQ+ community.

West Hollywood will be celebrating its first WeHo Pride this 6/3 - 6/5. Events including the WeHo Pride Parade, OUTLOUD Raising Voices Music Festival, and WeHo Pride Street Fair aim to represent the city’s diverse LGBTQ community groups through visibility, expression, and celebration. Click here to learn more about this inaugural celebration.

InterPride, the international Network of Prides, and the International LGBTQ+ Travel Association (IGLTA) have calendars of gay Pride events and parades globally.

myGwork is a business community for LGBTQ+ professionals, graduates, inclusive employers and anyone who believes in workplace equality. Check out their calendar of online and virtual events during Pride Month addressing LGBTQ+ topics of global relevance.
CELEBRATING PRIDE 2022

SHOW YOUR SUPPORT AS AN ALLY

If you’re a friend or family member of an LGBTQ+ person, June is a great time to become a better ally. There are small actions you can do that make a big difference.

Show your support for transgender friends and family by adding pronouns to your email signature or Instagram bio. Reach out to LGBTQ+ youth centers and shelters and ask to be added to their list of volunteers. Learn how the rainbow became the symbol of solidarity for LGBTQIA+ pride, and fly the flag from your home, display a sticker on your water bottle or laptop, or add a magnet to your car.

You can also check out the Human Rights Campaign’s map that highlights the policies and laws in each state, so you can stay abreast of LGBTQIA+ issues and participate in conversations. Knowing these policies and laws will also help you advocate for your LGBTQIA+ coworkers.

EDUCATE YOURSELF ON LGBTQ+ HISTORY

Challenge yourself to learn some new queer history, especially the stories of those within the community who are different from you. It’s vital to learn as much as we can about the struggles the LGBTQ+ community has faced throughout the centuries and the strategies they’ve employed to overcome them. The fight continues with us. If you’re looking for a place to start, check out the educational resources at GLSEN.

VISIT STONEWALL LIVE OR FROM HOME

Before the parties and parades, there was Stonewall. It’s the reason we have a Pride today, and it’s important to know our LGBTQ+ ancestry and the history of our fight for equal rights. The Stonewall Inn and National Monument has reopened to the public with live entertainment and special events to celebrate Pride Month.

You can also visit virtually via Stonewall Forever, an interactive online exhibit displaying NYC’s Christopher Park in augmented reality with a rainbow of shattered prisms shooting out from the ground. As you move closer to the prisms, you start to hear chilling soundbites from protests and iconic media interviews. Each prism and band of color contains historic photos and videos documenting everything from the Stonewall riots to activism today. And after you travel through each color, you have the chance to add your own memory to the exhibit in a new prism.

Please check your community and local listings for additional events and celebrations in your area. As always, contact CCA@YourService, your confidential Employee Assistance Program, for personalized resources, events, and other support you may need this month—or any time.

However you choose to commemorate Pride Month, we hope all of your celebrations are safe and meaningful.