

# CELEBRATING HISPANIC HERITAGE MONTH

September 15 - October 15

Hispanic Heritage Month—also recognized as Latinx Heritage Month—is an annual celebration that pays tribute to the generations of Hispanic-Americans who have positively influenced our nation and inspired others to achieve success. It is also a time to honor the traditions and history unique to the Hispanic and Latin cultures.

The timing of Hispanic Heritage Month is significant because it coincides with the Independence Day celebrations of several Latin American nations—Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua. These nations declared their independence from Spain on September 15, 1821.

To follow are some ways to honor and connect with *la cultura latinidad* throughout the month and all year long.

## CONNECT WITH HISTORY AND CULTURE

### **Pleibol In the Barrios and the Big Leagues**

This exhibit from the [National Museum of American History](#) shares the experiences of Latinas and Latinos whose love for the game and incredible talent have changed baseball and left a mark on how we see, hear, and play the game.

### **#FindYourPark / #EncuentraTuParque**

More than 500 years of Hispanic and Latinx history and heritage can be found in our national parks and historic places, from the El Morro National Monument in New Mexico to the Freedom Tower in Miami to The Women's Building in San Francisco. Visit the [National Park Service website](#) to learn about the remarkable stories preserved in these landmarks and consider visiting these destinations in person.

### **Hispanic Heritage @ history.com**

Visit the [History Channel Online](#) to learn more about milestones in Hispanic history; the origins of the terms Latino, Hispanic, Latinx, and Chicano; how Sonia Sotomayor saved baseball; and much more!

### **The PALABRA Archive**

Featuring original audio recordings of 20th and 21st century Luso-Hispanic poets and writers reading from their works, this archive includes close to 800 recordings, a portion of which are available [here](#) for online streaming.

### **MOLAA EN CASA**

The Museum of Latin American Art (MOLAA), based in Long Beach, CA, can be explored from anywhere in the world. Click [here](#) to explore the museum's online exhibitions featuring a wide array of Latin American and Latino art.



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## LEARN HOW TO LATIN DANCE

### Salsanerd

The studio's renowned instructors teach you how to salsa from the comfort and convenience of your mobile device. Whether you're a beginner learning the basics, or need to brush up on your skills, the video library contains over 100 videos, with new lessons released each week. Click [here](#) to learn more about online classes, and if you're in the DC-area, check out the [physical school](#).

### Latin Dance Movement

From Salsa to Merengue to Cumbia, Latin Dance Movement offers beginner, intermediate and advanced video tutorials, as well as private Zoom lessons, and live group classes. There's even a tutorial for "How to Look Natural While Latin Dancing." Click [here](#) to explore these offerings.

## SUPPORT LATINX INFLUENCERS

In honor of Hispanic Heritage Month, follow and support some of the many social media

influencers who embody Latinx and Hispanic values, interests, and aspirations. Take, for example, [Sara Mora](#), a Puerto-Rican born immigrant rights activist and co-president of Women's March Youth Empower. Or [Daphne Frias](#), an activist, organizer, and storyteller who is a champion for the disabled community as well as an advocate for pressing social issues. You might also connect with [Ramon Contreras](#), an Afro-Latino public affairs strategist who founded Youth Over Guns, an organization dedicated to bringing awareness to gun violence in Black and Latinx communities.

**Other suggestions for celebrating** include [supporting Latina-owned businesses](#), learning how to [perfect authentic dishes](#) alongside Latin American chefs, tuning into the [Billboard Latin Music Awards](#) on Telemundo, or checking out the daily [Google Doodle](#) spotlighting the Latino experience all month long.

We also encourage you to check your local community boards for events in your area.

However you choose to commemorate Hispanic Heritage Month, we hope all of your celebrations are safe and meaningful.

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