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1. [Academic Degrees](#)

Ph.D. in Counselor Education and Supervision (CACREP Program), 2010
Virginia Polytechnic Institute & State University (Virginia Tech); Blacksburg, VA
Dissertation: Life satisfaction among midlife career changers: A study of military members transitioning to teaching

M.S. in Counseling & Guidance, 1996
Texas A & M University at Corpus Christi, Corpus Christi, TX

B.A. Major: Policy Studies, Minor: Political Science, 1993
Syracuse University; Syracuse, NY

2. [Professional Licenses and Certifications](#)

- a. Licensed Mental Health Counselor (LMHC #008825-1); New York, Office of Professions
- b. Licensed Professional Counselor (LPC # 2576); Connecticut, Department of Public Health (CT-DPH)
- c. Credentialed Alcoholism and Substance Abuse Counselor Level 2 (CASAC #33526), New York, Office of Addiction Services and Supports
- d. Nationally Certified Counselor (NCC #68400); National Board of Certified Counselors (NBCC)
- e. Certified Rehabilitation Counselor (CRC #00118246); Commission on Rehabilitation Counselor Certification (CRCC)

- f. Global Career Development Facilitator (GCDF #17521); Center for Credentialing and Education (CCE)
- g. Approved Clinical Supervisor (ACS #2231); Center for Credentialing and Education (CCE)
- h. Board Certified Telemental Health Provider (BC-TMH, #1298), former Distance Credentialed Counselor (DCC# 1856, exp.); Center for Credentialing and Education (CCE)
- i. New York State Certified School Counselor, Provisional Certificate (Certificate # 1515700, Control # 43586061), valid 2006-2013, expired

3. Grants and Partnerships (Funded)

Grants - Primary Investigator (PI)

- a. 2022. St. John's University, SEED Grant, "Virtual Vincentian Career Concerns Center." Co-PI: Dr. Ming-hui Li, St. John's University
- b. 2020. Association of Counselor Education and Supervision (ACES), Research Grant, "Technological Training Interventions to Increase Counselor Competence."
- c. 2018. North Atlantic Region Association of Counselor Education and Supervision (NARACES), Research Grant, "Practice and instruction of distance counseling: Educator, supervisor, and counselor perspectives."
- d. 2017, National Career Development Association, Leadership Academy, Conference and Travel Grant
- e. 2017. St. John's University; Faculty Grant Recipient, Council on International Educational Exchange (CIEE) International Faculty Development Seminar (IFDS), Seminar: *Portugal's War on Drugs*, Lisbon, Portugal.
- f. 2017. National Career Development Association (NCDA); Leadership Academy, Conference Registration and Travel Grant
- g. 2016. National Career Development Association (NCDA); State Career Development Grant for New York State Career Development Association (NYSCDA)
- h. 2016. St. John's University; Faculty Growth Grant; Distance Certified Counselor Training
- i. 2014. North Atlantic Region Association of Counselor Educators and Supervisors (NARACES), Emerging Leaders, Travel Grant
- j. 2013. American Counseling Association (ACA), Institute for Leadership Training (ILT), Travel Grant

Partnerships

- k. 2025. Audacia Foundation. Facilitated dialogue, student recruitment, and draft of partnership agreement when approached by Audacia about a NYS Workforce Development Grant for Clinical Mental Health Counseling students. Partnership resulted in up \$72K per student in tuition grants for each student enrolled in the grant during the 2024 -2027 academic years, totaling an estimated 720K in tuition grants for ten students.
- l. 2024. St. Francis College (SFC) Counseling Program Pipeline. Facilitated dialogue and draft of partnership when approached by SFC for a pipeline project resulting in a potential \$18K in SJU tuition savings for each SFC student enrolled in SJU graduate Clinical Mental Health Counseling or School Counseling programs effective fall 2025.

- m. 2023. New York State Office of Mental Health (OMH) – Mental Health Counseling Student Program for Evidence Based Practice. Authored application to OMH pilot program resulting in an annual total award of \$34K granted to eight Clinical Mental Health Students and one Program Coordinator for 2023-2024 academic year. Partnership renewed for 2024-2025 academic year.

4. Publications

Books

Robertson, H. C. (2025). *Integrating telemental health practice into counselor education training*. American Counseling Association. ISBN: 9781556204173.

<https://www.counseling.org/publications/aca-books/view/integrating-telemental-health-practice-into-counselor-education-training>

Robertson, H. C. (2021). *Telemental health and distance counseling: A counselor's guide to decisions, resources, and practice*. Springer Publishing Company.

ISBN: 978-0-8261-7995-1. <https://www.springerpub.com/telemental-health-and-distance-counseling-9780826179944.html>

Book Chapters

Robertson, H. C. (2022). Counteracting ableism in the classroom. In Brown, Rodriguez, & Pappas (Eds.). *Recipes to combat the isms: A guidebook for educational leadership preparation programs, Volume 2*. Lulu.

Nadrich, T., Crawford, C. R., Ford, D. J., **Robertson, H. C.**, & Weinstock, A. (2022). Understanding the role of emotions in the classroom. In J. Alcrúz & M. Blair (Eds) *Student-Centered Classrooms: Research-Driven and Inclusive Strategies for Classroom Management*. Rowman & Littlefield Publishers.

Peer-Reviewed Publications

Invited publications are indicated with an asterisk ()*

Robertson, H. C., & Fletcher, S. (under review). Proposing the Career Development Competencies for working with Veterans (CDCV). *Career Development Quarterly*.

Robertson, H. C., & Jalilzadeh, N. (under review). Teaching online group facilitation to counselors-in-training. *Journal for Specialists in Group Work*.

Trainor, J. E., Lochrie, J., Pesce, L., & **Robertson, H. C.** (under review). Promoting affordable learning materials as Vincentian social action. *Journal of Vincentian Social Action*.

Robertson, H. C., & Lowell, R. (2021). Counselor educator, supervisor, and practitioner perceptions of distance counseling and telemental health practice and training. *The Journal of Counselor Preparation and Supervision*, 14, 3.

<https://research.library.kutztown.edu/jcps/vol14/iss3/3>

- Robertson, H. C., & Eschenauer, R. K. (2020).** Veteran student perceptions of college-to-career transition. *College Student Affairs Journal*, 38(1), 53-64.
<http://dx.doi.org/10.1353/csaj.2020.0003>
- Keeling, M., Borah, E. V., Kintzle, S., Kleykamp, M., & **Robertson, H. C. (2019).** Spouses and partners transition too! A call to action for research investigating spouse/partner experiences and support needs during Military to Civilian Transition. *Journal of Family Social Work*, 23, 3-19. <https://doi.org/10.1080/10522158.2019.1652219>
- Robertson, H. C., & Hayden, S. C. (2018/2019).** Serving all that served: Career development among at-risk veterans. *Career Development Network Journal*, 34(4), 54-65. ISSN 0736 1920. (formerly *Career Planning and Adult Development Journal*)
- Robertson, H. C., & Bethea, J. S. (2018/2019).** Career challenges and opportunities for individuals with physical disabilities. *Career Development Network Journal*, 34(4), 41-53. ISSN 0736 1920. (formerly *Career Planning and Adult Development Journal*)
- Hayden, S. C., **Robertson, H. C., & Kennelly, E. (2018).** Military culture in counselor education: Assessing educators' perceptions of inclusion. *The Journal of Counselor Preparation and Supervision*, 10(1).
<https://research.library.kutztown.edu/jcps/vol10/iss1/10>
- *Robertson, H. C. (2016). Spirituality, substance use, and the military. *VISTAS*. In *Ideas and research you can use: VISTAS 2016*. <http://www.counseling.org/knowledge-center/vistas>
- *Robertson, H. C. (2016). Substance misuse and career development: Exploring the intersection of substance use disorder and career concepts. *Career Planning and Adult Development Journal*, 32(1). 32-42. ISSN: 0736-1920
- Robertson, H. C. (2015). Narrative and peer-to-peer approaches in counseling military and veterans: A review of current literature and practices. *Journal of Military and Government Counseling*, 3, 66-78. ISSN: 2165-7726
- Robertson, H. C., & Brott, P. E. (2014).** Military veteran's midlife career transition and life satisfaction. *The Professional Counselor*, 4, 139-149.
<http://dx.doi.org/10.15241/hcr.4.2.139>
- ***Robertson, H., Miles, R., & Mallen, M. (2014).** Career transition and military veterans: An overview of literature from 2000 to 2013. *Career Planning and Adult Development Journal*, 30(3), 14-27. ISSN: 0736-1920
- Robertson, H. C. (2014). Life satisfaction of former-military second-career teachers. *Journal of the National Association of Alternative Certification*, 9, 3-13. Retrieved from
<http://jnaac.com/index.php/JNAAC/article/view/122>
- Robertson, H. C., & Brott, P. E. (2013).** Male veterans' perceptions of midlife career

transition and life satisfaction: A study of military men transitioning to teaching profession. *Adulthoodspan*, 12, 66-79. <https://doi.org/10.1002/j.2161-0029.2013.00016.x>

Robertson, H. (2013). Income and support during transition from a military to civilian career. *Journal of Employment Counseling*, 50, 26-33. <https://doi.org/10.1002/j.2161-1920.2013.00022.x>

Trapani, S., **Robertson, H.**, Gatteau, R., & Hopkins, E. (2012). Transfer advising and orientation at Stony Brook University: Best practices. *NACADA Monograph 24, Advising Transfer Students: strategies for today's realities and tomorrow's challenges*, 2nd edition.

Robertson, H., Trapani, S., & Hopkins, E. (2011). Advising and orienting transfer students: A two-pronged approach to improving transitions. *Journal of College Orientation and Transition*, 19(1), 103-112.

*Robertson, H. (2002). Website review: U.S. Department of Labor Bureau of Labor Statistics. *Career Planning and Adult Development Journal*, 18(2), 139-142.

Other Publications

Invited publications are indicated with an asterisk ()*

*Robertson, H. C., & Bethea, J. S. (2025). Strategies to help veterans who are making the change from military to civilian life. *American Mental Health Counseling Association (AMHCA) The Advocate Magazine*, 48(1), 15-18.

*Trainor, J., Lochrie, J., Robertson, H., & Pesce, L. (2024). Reducing textbook and learning costs for students. *St. John's University, Center for Faculty Success and Development Newsletter*, 29(1), 2-3. https://campusguides.stjohns.edu/ld.php?content_id=78463933

*Robertson, H. C. (2022, May). A review of M. Blaawu-Hara's *Military to academy: The writing and learning transitions of student veterans*. *Teachers College Record*. <https://www.tcrecord.org/Content.asp?ContentID=24077>

*Robertson, H. C. (2018, May). Post-high school planning for graduates who are not college-bound. *Career Convergence*. https://aws4production.associationdatabase.com/aws/NCDA/pt/sd/news_article/165097/_PARENT/CC_layout_details/true

*Robertson, H. C. (2015, March). Comparing career transitions of midlife and college student veterans. *Career Convergence*. http://www.ncda.org/aws/NCDA/pt/sd/news_article/103241/_PARENT/layout_details_cc/false

Robertson, H. (2013). Common crisis. *American School Counselor Association (ASCA) School Counselor Magazine*, March/April 2013, 41-45.

*Buzetta, M., Miles, R., Robertson, H., & Schomaker, S. (2013). *NCDA Veteran's Task Force –Research Committee: Bibliography of military career transition research, 2000 – present*. National Career Development Association.
http://www.ncda.org/aws/NCDA/asset_manager/get_file/65078

5. Media Appearances

2020, April 3. **Podcast**. Archdiocese of the Military, “Catholic Military Life” (<https://www.milarch.org/podcast/>). Interview: Addiction among Military Personnel.
<https://soundcloud.com/catholicmilitarylife/dr-heather-c-robertson-on-addiction-among-military-personnel>

6. Presentations

Invited presentations are indicated with an asterisk ()*

National & International Presentations

2025, October. Association of Counselor Education and Supervision (ACES), Co-presenter with Dr. Nouna Jalilzadeh. Philadelphia, PA. Accepted Presentation: *Integrating Digisexuality and Technology-Facilitated Sexual Identity into the Counseling Curriculum*

2025, October. Association of Counselor Education and Supervision (ACES). Philadelphia, PA. Accepted Presentation: *Integrating Telemental Health Practice into Counselor Education Training*.

*2025, August. American Counseling Association (ACA). Contracted Professional Development Webinar: *Using Narrative Therapy, Spirituality, and Peer Approaches in Treating Veteran Substance Use Disorders*.

2025, June. Association of Student Affairs at Catholic Colleges and Universities. Jamaica, NY. Co-presented with Jospeh Trainor, Ph.D., Jacke Lochrie, Ed.D., and Lucy Pesce. Accepted Presentation: *Promoting Affordable Learning Materials as Vincentian Social Action*.

2025, June. National Career Development Association (NCDA). Atlanta, GA. Accepted Presentation: *Integrating Distance Counseling and Telemental Health Content in Career Development Masters Courses*.

2025, June. National Career Development Association (NCDA). Atlanta, GA. Accepted Roundtable: *Examining the Skills Win Program in Alignment with ASCA and NACE Standards*

*2025, March. American Counseling Association (ACA). Orlando, FL. ACA Book Author Presentation: *Integrating Telemental Health Practice into Counselor Education Training*

2024, June. American Mental Health Counselors Association (AMHCA). Charlotte, NC. Presentation: *Veterans' Beliefs on Help Seeking, Career Transition, and Life Satisfaction*

2023, October. Association of Counselor Education and Supervision (ACES), Co-presenter with Dr. Michael Jones. Denver, CO. Presentation: *Teaching, Training, and Supervising Telemental Health Counselors*.

2023, October. Association of Counselor Education and Supervision (ACES). Denver, CO. Presentation: *Teaching Counseling Skills with Technological Tools*

2023, June. National Career Development Association (NCDA). Chicago, IL. Presentation: *Exploring the College to Career Transition Experiences of Military/Veteran Students*.

*2022, November. American Mental Health Counselors Association (AMHCA). Virtual Fall Summit Webinar: *Walking the Telemental Health (TMH) Tightrope: Balancing the benefits and risks of practice*

*2022, June. National Career Development Association (NCDA), Co-presented with Suzette Fletcher, M.S. Anaheim, CA. *Professional Development Institute (PDI; four-hour institute): Military Culture and Its Impact on Career Development*.

2022, June. National Career Development Association (NCDA). Anaheim, CA. *Roundtable: Expanding Career Theory to Clinical Concerns to Reduce Stigma and Improve Outcomes*

2022, April. American Counseling Association (ACA). Atlanta, GA. Presentation: *Preparation to Teach, Supervise, and Practice Distance Counseling and Telemental Health*

2021, October. Association for Counselor Education and Supervision (ACES). Co-presented with Ryan Lowell. Atlanta, GA. Presentation: *Preparation to Teach, Supervise, and Practice Distance Counseling and Telemental Health*.

2021, October. Association for Counselor Education and Supervision (ACES). Atlanta, GA. Presentation: *Teaching Telemental Health and Distance Counseling in CACREP Counseling Programs* (livestreamed and recorded on demand session)

2021, July. National Career Development Association (NCDA). Virtual Global Conference. Presentation: *Delivering Distance Career Services* (recorded on demand)

2021, July. National Career Development Association (NCDA). Virtual Global Conference. Presentation: *The Impact of Drug Use on Career Development* (recorded on demand)

*2021, January 14. Springer Publications. Webinar: *Transitioning to Telemental Health Counseling During a Pandemic: 5 Things Every Counselor Needs to Know*
<https://youtu.be/6PGSlsGYnhM>

2020, November. National Career Development Association (NCDA). Virtual Career Practitioners Institute (CPI, recorded on demand). Presentation: *Career Development Competencies for working with Veterans: Development/Training Feedback Session*

2020, June. National Career Development Association (NCDA). Minneapolis, MN. Accepted Professional Development Institute (PDI; four-hour institute): Military Culture and Its Impact on Career Development. **Conference cancelled due to COVID-19

2019, October. Association for Counselor Education & Supervision (ACES). Seattle, WA
Presentation Title: Teaching Telemental Health and Distance Counseling in CACREP Counseling Programs

*2018, December. CEU Onestop. *Webinar: Substance Use Disorder and Career Development: Exploring Career Concepts and Substance Misuse*

2018, June. National Career Development Association (NCDA). Phoenix, AZ. *Roundtable Title: Post-High School Planning for Students that are Not College-Bound*

2018, June. National Career Development Association (NCDA). Phoenix, AZ. *Roundtable Title: Substance Use Disorder and Career Development: Exploring Career Concepts and Substance Misuse*

2018, June. National Career Development Association (NCDA). Phoenix, AZ. *Presentation Title: Career Transition of Military College Students: Strengths, Barriers, and Satisfaction*

*2018, February. University of Southern California, Los Angeles, CA. USC Center for Innovation and Research on Veterans & Military Families, 2018 Military Transition Research Summit. *Research Presentation and Panelist: Psychosocial and Environmental Factors Impacting Military Career Transition and Financial Stability*

2017, October. Association for Counselor Education and Supervision (ACES). Chicago, IL
Roundtable Title: Applying Distance Counseling Concepts to Distance Teaching Environments

2016, March. American Counseling Association (ACA) and the Canadian Counselling and Psychotherapy Association (CCPA), Co-presenter with Seth C.W. Hayden, Ph.D. Montreal, Canada. *Presentation Title: Spirituality, Substance Abuse, and Veterans.*

2016, March. American Counseling Association (ACA) and the Canadian Counselling and Psychotherapy Association (CCPA). Montreal, Canada. *Presentation Title: Narrative & Peer-to-Peer Approaches in Counseling Military & Veterans*

2015, October. Association for Counselor Education & Supervision (ACES). Co-presenter with Seth C.W. Hayden, Ph.D. Philadelphia, PA. *Poster Session Title: Preparing Counselors to Assist Military Service Members and Veterans.*

2015, July. American Mental Health Counseling Association (AMHCA). Philadelphia, PA.
Presentation Title: Narrative & Peer-to-Peer Approaches in Counseling Military & Veterans

2015, July. National Career Development Association (NCDA). Denver, CO. *Presentation Title: Comparing Career Transitions of Midlife and College Student Veterans*

2014, March. American Counseling Association (ACA). Co-presenter with Seth C.W. Hayden, Ph.D. Honolulu, HI. *Presentation Title: Creating Supportive Communities as a Means of Treatment for Military Members and Veterans.*

2013, June. Association for Humanistic Counseling (AHC). New York, NY. *Presentation Title: Narrative Techniques in Counseling Military & Veterans. Panelist: Specializing in Counseling: Navigating Career Opportunities*

2013, March. American Counseling Association (ACA). Cincinnati, OH. *Presentation Title: Midlife Career Transition and Life Satisfaction for Military Veterans Transitioning to Civilian Employment*

2012, June. National Career Development Association (NCDA). Atlanta, GA. *Presentation Title: Male Veterans' Perceptions of Career Transition and Life Satisfaction*

2011, June. National Career Development Association (NCDA). San Antonio, TX. *Presentation Title: Career Transition, Life Satisfaction, and Military Members*

2005, June. National Career Development Association (NCDA). Orlando, FL. *Presentation Title: Midlife Career Transition: More than a Career Crisis*

2005, June. National Career Development Association (NCDA). Orlando, FL. *Presentation Title: Military to Civilian Career Transition*

Regional Presentations

*2024, June. University of Central Florida. Summer Symposium: Serving those who Served. Virtual Featured Speaker: *Using Narrative Therapy, Spirituality, and Peer Approaches in Treating Veteran Substance Use Disorder.*

2022, November. North Atlantic Region Association of Counselor Education and Supervision (NARACES). Pittsburgh, PA. *Presentation: Walking the Telemental Health (TMH) Tightrope: Balancing the benefits and risks of practice.*

2020, November. North Atlantic Region of the Association for Counselor Education & Supervision (NARACES). Co-presenter with Mr. Ryan Lowell. Pittsburgh, PA/virtual Accepted *Presentation Title: Teaching Telemental Health and Distance Counseling in CACREP Counseling Programs* **Conference cancelled due to COVID-19

2018, September. North Atlantic Region of the Association for Counselor Education & Supervision (NARACES). Burlington, VT. *Presentation Title: Teaching Distance Counseling in CACREP Counseling Programs*

2018, September. North Atlantic Region of the Association for Counselor Education & Supervision (NARACES). Burlington, VT. *Roundtable Title: Applying Distance Counseling Concepts to Distance Teaching Environments*

2016, September. North Atlantic Region of the Association for Counselor Education & Supervision (NARACES). Syracuse, NY. *Presentation Title: Helping Students Prepare for the CPCE: A CSI program, faculty presentation and alumni panel*

2016, September. North Atlantic Region of the Association for Counselor Education & Supervision (NARACES). Syracuse, NY. *Presentation Title: Counselor Educators' Perception of Military as a Culture and Focus in Counselor Training Programs*

2014, September. North Atlantic Region of the Association for Counselor Education & Supervision; NARACES). Providence, RI. *Presentation Title: Counselor Educators' Perception of Military as a Culture and Focus in Counselor Training Programs*

State Presentations

*2025, April. American Counseling Association of New York (ACA-NY) Conference, Rockville Center, NY. Keynote speaker, *From Talk to Tech: The changing landscape of the counseling profession.*

2025, April. American Counseling Association of New York (ACA-NY) Conference. Rockville Center, NY. Co-presented with Nouna Jalilzadeh, Ph.D. Presentation: *Understanding Digisexuality, Technology, and AI in Sex Positive Counseling Content.*

*2024, October. New York State Mental Health Counseling Association (NYMHCA). Virtual Workshop. *Presentation: Success Strategies for Counseling Students: Academic and Professional Growth.*

*2021, May 4. New York State Career Development Association (NYSCDA). *Webinar: Delivering Distance Career Services*

*2018, December 19. New York State Career Development Association (NYSCDA). *Webinar: Opioids in the Workplace*

2018, May. Alcoholism and Substance Abuse Providers of New York State (NYASAP). Co-presenter with Jessica Shuren, LCSW. Tarrytown, NY. 4th Annual Veterans Summit. *Presentation Title: Narrative and Peer-to-Peer Approaches in Counseling Military & Veterans.*

2018, March. United Federation of Teachers (UFT) School Counselor Conference. New York, NY. *Presentation: Post-High School Planning for Graduates that are Not College-Bound*

2015, November. New York State School Counselors Association (NYSSCA). Lake George, NY. *Presentation Title: Post-Secondary Planning for Students that are Non-College Bound.*

*2018, March. New York State Career Development Association (NYSCDA). *Webinar: Post-High School Planning for Graduates that are Not College-Bound.*

*2014, June. American Counseling Association of New York (ACA-NY). Albany, NY. Grassroots Advocacy Workshop. *Presentation: Best Practices for Working with Legislators and Representatives*

2014, May. New York State Career Development Association (NYSCDA) Conference. Buffalo, NY. *Presentation Title: Comparing Career Transitions of Midlife and College Student Veterans*

2014, April. New York Mental Health Counselors Association (NYMHCA). Albany, NY. *Presentation Title: Narrative Techniques in Counseling Military & Veterans*

2013, April. New Jersey Counseling Association (NJCA). Middletown, NJ. *Presentation Title: Midlife Career Transition and Life Satisfaction for Military Veterans Transitioning to Civilian Employment.*

2005, November. Virginia Counselors Association (VCA). Portsmouth, VA. *Presentation Title: Midlife Career Transition: More than a Career Crisis*

2005, November. Virginia Counselors Association (VCA). Portsmouth, VA. *Presentation Title: Military to Civilian Career Transition*

2003, November. Virginia Counselors Association (VCA). Williamsburg, VA. *Presentation Title: Counseling Military Populations*

Local/University Presentations

*2023, September. St. John's University; Jamaica, NY. Office of Mission; Founders Week Luncheon, Keynote Speaker. *Be Vincentian, Be a Listener.*

*2022, June. Molloy College, Division of Continuing Education and Professional Studies. Professional Development *Webinar: Walking the Telemental Health (TMH) Tightrope: Balancing the benefits and risks of practice*

*2020, October. St. John's University, Jamaica, NY. School of Education. Co-presenter with Dr. Gina Cicco. *Webinar: Reentering schools in the midst of trauma during a pandemic.*

*2019, November. St. John's University. School of Education Conference: Trauma-Informed Teaching: Critical Approaches to Working with Students in K-12 Classrooms. *Presentation: Impact of Trauma on Child and Adolescent Development.*

*2019, May 6. St. John's University. 10th Annual Center for Latin American and Caribbean Studies (CLAS) Interdisciplinary Symposium on Migration; Migration and the Politicization of Human Rights: The fate of the (un)wanted. *Panel Presentation: Trauma Without Borders:*

Teacher preparation, classroom strategies, and Interventions. Panelist with Yvonne Pratt-Johnson, Ed.D. and Seung Eun McDevitt, Ed.D.

*2018, June. St. John's University, Jamaica, NY. Catholic School Principals Institute. Co-presenter with Dr. Gina Cicco. *Presentation: The Social and Emotional Impact of Social Technology in Schools.*

*2017, October. St. John's University, Jamaica, NY. Center for Teaching and Learning
Panelist: Lessons from Abroad: Integrating Global Themes into the Classroom as CIEE IFDS 2017 Alumni

*2017, July. Molloy College, Rockville Center. Guest Lecturer in MHC 522 (Social and Cultural Aspects of Counseling): *Counseling Persons with disAbilities*

*2017, May. St. John's University, Jamaica, NY. School of Education Graduate Commencement, Faculty Keynote Speaker

*2017, March. St. John's University, Jamaica, NY. Center for Teaching and Learning
Panelist: Faculty Growth Grants Recipients

*2015, 2016, 2017, & 2018. St. John's University, Jamaica, NY. Bi-annual Guest Lecturer in EDU 3011: *Critical incidents in the classroom: Writing, responding, and resources.*

*2015, October. St. John's University, Jamaica, NY. Workshop Facilitator: *Suicide Prevention Workshop for Pre-service Teachers*

*2014, May. CUNY Hunter College, New York, NY. Chi Sigma Iota Induction Ceremony, Keynote Speaker

7. University Teaching Experience

Format: in-person, online synchronous (^δ), hybrid (^H), and online asynchronous (^A)

St. John's University, Queens, NY

Fulltime Faculty, September 2011 to present

Professor, Counselor Education, tenured (September 2023 – present)

Associate Professor, Counselor Education, tenured (September 2017 – August 2023)

Assistant Professor, Counselor Education, pre-tenure (September 2011 - August 2017)

EDU 6127 – Introduction to Counseling (2018, 2022, 2023)

EDU 6205 – Group Dynamics (2011, 2012)

EDU 6207 – Developmental Counseling (2013, 2017)

EDU 6208 – Counseling and Personality Theories (2025 ^H)

EDU 6262 – Assessment in Counseling (2024, 2025)

EDU 6264 – Counseling Skills & Techniques (2011, 2013 – 2019, 2020 ^S)

EDU 6270 – Case Conceptualization, Treatment Planning, & Pharmacology (2019, 2020 ^H, 2022 ^S, 2024 ^S)

EDU 6301 – Career Development (2013 - 2017, 2019, 2021)
EDU 6364 – Counseling for Substance Use Disorders (2020^A)
EDU 6424 – Case Studies and Community Resources (2023^H)
EDU 6310 – Practicum in Clinical Mental Health Counseling (2013 – 2021^H)
EDU 6311 – Internship I in Clinical Mental Health Counseling (2013, 2016 – 2019, 2020^S,
2021 - 2022^H)
EDU 6312 – Internship II in Clinical Mental Health Counseling (2013, 2015, 2017)
EDU 6305 – Practicum in School Counseling (2012, 2024)
EDU 6590 – Internship I in School Counseling (2012)
EDU 6591 – Internship II in School Counseling (2011, 2012)
EDU 6651 – Foundations of Mental Health Counseling (2014 – 2019, 2020^S, 2022)
EDU 6653 - Integrating Sexuality in Counseling (2024^H, 2025^H)

Adjunct Faculty Spring 2011

EDU 6591 – Internship II in School Counseling

University of Bridgeport, Bridgeport CT

Adjunct Faculty, Summer 2010 - Spring 2011

COUN 510 – Counselor as Professional (Summer 2010)

COUN 630 – Clinical Skills for Mental Health Counseling (Fall 2010)

COUN 560 – Human Growth & Development^H (Spring 2011)

Hofstra University, Hempstead, NY

Guest Lecturer, November 2010

COUN 230, Advanced Counseling Strategies & Skills (Lecture: Counseling Military Populations)

Stony Brook University, Stony Brook, NY

Instructor, Fall 2006 to Fall 2010

LDS 101 – Leadership and Service First-Year Seminar

HDV 101 – Human Development First-Year Seminar

SBU 101/ADV 101 – Transfer Student Seminar

Old Dominion University; Military Programs/Fort Belvoir Campus

Adjunct Faculty, Summer 2004

ESSE 513 – Human Growth & Development

Virginia Tech; Northern VA Campus, Falls Church, VA

Instructor/Doctoral Teaching Intern, Summer 2004

EDCO 6526 – Career Counseling and Information Systems^A

Guest Lecturer, Fall 2002 & Spring 2003

EDCO 5224 – Multicultural Counseling (Lecture: Counseling Military Populations)

EDCO 6534 – DSM Applications in Counseling (Lecture: Somatoform & Factitious Disorders)

Trinity College, Washington DC

Instructor, Spring 2000 - Fall 2001

INT 100, Academic Success Seminar

Guest Lecturer

COUN 538: Career and Lifestyle Development (Lecture: Introduction to the MBTI)

EDUC 588: Teaching Practicum and Seminar (Lecture: Introduction to the MBTI)

EDUC 520: Foundations of Education (Lecture: Professional Portfolios)

SOC 460: Senior Seminar in Sociology (Lecture: Applying/Deciding on Graduate Schools)

8. Awards/Honors/Scholarships

- a. 2025. St. John's University. Values and Inclusion Program (VIP) **Award**.
- b. 2025 & 2018. St. John's University. Sigma Tau Upsilon Chapter of Chi Sigma Iota; Program Dedication and Student Inspiration **Award**
- c. 2023. Transitional Services of New York, Inc. (TSI-NY). Educator of the Year **Award**.
- d. 2022. National Career Development Association (NCDA), Outstanding Career Practitioner **Award**.
- e. 2022. St. John's University; Outstanding Faculty Medal of Achievement **Award**
- f. 2022. St. John's University; School of Education, Dean's Convocation Faculty Recognition, Excellence in Teaching and Scholarship **Award**
- g. 2021, 2020, 2019, 2018, 2016, & 2013. St. John's University; School of Education; Faculty Recognition **Award**
- h. 2018. National Board of Certified Counselors (NBCC); NBCC Foundation Global Career Development Facilitator (GCDF) **Scholarship**
- i. 2017. St. John's University, Vincentian Research **Fellow**
- j. 2017. St. John's University; School of Education; Dr. John W. Dobbins Professor of the Year **Award**
- k. 2014. New York State Career Development Association (NYSCDA), Early Career Professional **Award**
- l. 2011. University Scholars **Honorary Inductee**; Stony Brook University
- m. 2005. Hoppock **Scholarship** recipient, Virginia Tech
- n. 2002-2006. Graduate **Assistantship**, Virginia Tech; Counselor Education Department

9. Professional Association Memberships

Current Memberships

- Association for Assessment and Research in Counseling
- American Counseling Association (ACA)
 - American Counseling Association of New York (ACA-NY)
- Association for Counselor Education and Supervision (ACES)
 - North Atlantic Region of the Association for Counselor Education and Supervision (NARACES)
- American Mental Health Counseling Association (AMHCA)
 - New York Mental Health Counseling Association (NYMHCA)
- National Career Development Association (NCDA)
- Chi Sigma Iota
- International Employee Assistance Professional Association (EAPA)

10. Service to the Profession

Leadership/Committee Member

Council on the Accreditation of Counseling and Related Education Programs (CACREP)

- Site Team Member/Visitor, Appointed February 2022. Virtual Team Member: April 2022, October 2022, April 2023, July 2023, October 2023, March 2024, July 2024 (in person visit), September 2024

National Career Development Association (NCDA)

- Membership Committee, Co-chair, October 2022 - present
- Publications Committee, Member, October 2021- present
- Leadership Academy, Member, 2018-2019
- Veterans Committee and Veterans Research Subcommittee, 2011 to present

New York State Career Development Association (NYSCDA)

- Interim President, 2021-2022
- Marketing & Social Media Chair, 2020-2021
- Past-President, 2018-2020
- President, 2016-2018
- Recording and Records Management Officer, 2014-2016
- Support Team: Newsletter Editor, 2013 to 2014

American Counseling Association of New York (ACA-NY)

- Website Editor, 2015 - 2016
- Past-President, 2014-2015
- President, 2013-2014
- President-Elect, 2012-2013
- Downstate New York Regional Representative, 2011-2012

Association of Counselor Education and Supervision (ACES)

- NARACES Conference Planning Committee, Accessibility Committee; 2022
- NARACES Conference Planning Committee, CSI Program Co-Chair, 2019-2020 (conference cancelled due to COVID-19)
- ACES National Conference Planning Committee, Conference Evaluation and Continuing Education Chair, 2014 – 2015
- North Atlantic Region (NARACES) Emerging Leaders Program, 2013

National Orientation Directors Association (NODA)

- Downstate New York Regional Representative (appointed position), 2008 to 2011
- Region 8 and Region 9 Conference Host, 2009

Virginia Career Development Association (VCDA)

- Communications Chair & Newsletter Editor, 2002 – 2004

Journal Editor

Career Development Network Journal, Special Edition: Career Development with Marginalized and At-Risk Populations, Part I: Winter 2018/2019

Guest Editors Heather Robertson and Sharon Givens; Vol 34, No 4

Career Development Network Journal, Special Edition Career Development with Marginalized and At-Risk Populations, Part II: Spring 2019

Guest Editors Heather Robertson and Sharon Givens; Vol 35, No 1

Manuscript Reviewer

1. *Journal of Counselor Preparation and Supervision*. March 2022, December 2021, April 2021, December 2017
2. *Journal of Military, Veteran, and Family Health*. June 2021
3. *Cultural Diversity and Ethnic Minority Psychology*. April 2018
4. *Journal of Career Development*. October 2015, October 2014, November 2013, April 2014, June 2013
5. *Aging and Mental Health*. May 2014

Book/Book Proposal Reviewer

1. Rockridge Press: September 2020
2. Springer Publications: November 2020, April 2020
3. Sage Publications: April 2017

Program Reviewer

American Counseling Association (ACA)

- Peer Reviewer for the 2022 Annual Conference Submissions (2021)
- Peer Reviewer for 2018 Annual Conference Submissions (2017)

American Educational Research Association (AERA)

- Peer Reviewer for the 2022 Annual Meeting Submissions (2021), Division E – Counseling and Human Development
- Peer Reviewer for 2018 Annual Meeting Submissions (2017), Division E – Counseling and Human Development

Doctoral Committee Member

- 2020-2021, Ama Darkeh; St. John's University, Dissertation Title: School Counselor's Perceived Self Efficacy for Providing Bullying Intervention and Prevention Services
- 2018-2019, Jean Peden Christodoulou; Hofstra University, Dissertation Title: Collaborative Tensions in Academic and Student Affairs Partnerships (external reviewer)

11. University Service

Service to the University

- Middle States Committee; Mission Subcommittee (2023 – 2025)
- President's Strategic Planning Committee; Subcommittee: Mission, Equity, and

- Inclusion; Member (2021 – 2024)
- Equity and Inclusion Council; Committee Member (2018 – 2024)
- Academic Center for Equity and Inclusion (ACEI); Member (2017 – 2021), Subcommittee Member - Inclusive Teaching and Learning (Chair 2018 – 2021; Member 2021-present); Inclusive Teaching Institute (ITI) Pilot Trainer (2021 - 2022)
- Founders Day Committee, Member (2017 – 2019)
- University Personnel Committee (UPC; Promotion & Tenure Board), School of Education Representative (2017 - 2019)
- Public Safety Advisory Committee, Member (2017 – 2018, 2019-2020)
- SJUOK? Suicide Prevention Walk Planning Committee; Member (2016 – 2019)

Service to the College

- Equity Advocate Training, Participant (2021)
- SOE Antiracism Committee Member (2020 – 2023)
- Budget Committee Member (2015 - 2020)
- School Policy Committee (Member 2015 – Present, Chair 2020 – present)
- Curriculum Committee Member (2017 – Present)
- Graduate Council Member (ex-officio, 2021 – present)

Service to the Department (also see Higher Ed Administration Experience)

- CACREP liaison (2021 – present)
- NYS Office of Alcoholism and Substance Abuse Services (OASAS); Credentialed Alcohol and Substance Use Counselor in Training (CASAC-T), Faculty Liaison (2016 – present)
- National Board of Certified Counselors (NBCC)/National Counselor Exam (NCE) Graduate Student Option, Faculty Liaison (2012 – 2024)
- Counselor Education New Student Orientation, Coordinator (2013 - Present)

12. Consultant Projects

- 2021. CUNY Lehman College; Clinical Mental Health Counseling Program, External Reviewer
- 2018 - 2019. Yellow Ribbon Reintegration Project (YRRP), Penn State University; Contracted Subject Matter Expert to evaluate Vocational/Employment Curriculum
- 2013. St. Mary Gate of Heaven School, Ozone Park, Queens, NY; Staff Development Survey and Teambuilding Consultation

13. Pro Bono Practice

Pro Bono Supervision

- 2020, April – August. Distance Supervision, New York State Office of Mental Health (OMH) Pandemic Response Team, Emotional Support Hotline Practicum, Albany, NY
- 2018 – 2020. Distance Supervision, National Board of Certified Counselors (NBCC), National Certified Counselor (NCC) candidate

Pro Bono Counseling

- 2013 – 2014, Volunteer Career Counselor, Suffolk County United Veterans, Vets Place Emergency Shelter; Yaphank, NY
- 2000-2001, Volunteer Career Counselor, College Information Center, Washington D.C

14. Professional Development Training

- NARCAN Administration Training (2022, 2019, 2016)
- New York State Consortium for Advancing Supported Employment (NYSCASE); Tier 1, Employment Delivery Services, February 2021; Tier 2, Advanced Employment Services Practice, March 2021
- Global Career Development Facilitator (GCDF) Training, (2019)
- Screening Brief Intervention and Referral to Treatment (SBIRT) (2018)
- Psychological First Aid (PFA) Certificate of Completion (2018)
- Distance Certified Counselor (DCC) Training (2016)
- Myers Briggs Type Indicator (MBTI) qualified administrator and interpreter. (2000)

15. Research

Student Supervised Research

2022 Summer, *Student experiences with a technological intervention to learn counseling skills*. Supervised three graduate students with Dr. James Bethea in modified Consensual Qualitative Research (m-CQR), Bauer, S., Bautista-Tomala, M., & Laloo, A.

2022 Summer, *Narrative experiences of college veterans regarding career transition and life satisfaction*. Supervised three graduate students with Dr. James Bethea in modified Consensual Qualitative Research (m-CQR), Wilga, A., Barnes, C., & Goldstein, A; resulting in poster-session at St. John's University's Research Forum, April 2023.

2022 Summer, *Perceived need for mental health counseling licensure among addictions counselors*. Supervised three graduate students and one undergraduate student with Dr. James Bethea in modified Consensual Qualitative Research (m-CQR), Connelly, S., Jacobs, M., Pappas, V., & Shea, A; resulting in poster-session at St. John's University's Research Forum, April 2023.

2019. *Practice and instruction of distance counseling: Educator, supervisor, and counselor perspectives*. Supervised one student, R. Lowell, in the analysis of data from North Atlantic Region Association of Counselor Education and Supervision (NARACES) Research Grant; resulting in 2021 publication and ACES presentation.

St. John's University

Research Agenda Items (on-going areas of inquiry):

- **Telemental health (TMH) and distance counseling:** TMH effectiveness, Teaching TMH in Counselor Education programs; Training supervisors via distance modalities
- **Career Development:** Unemployment and individual wellness; Military to Civilian Career Transition; Career planning for non-college-bound high school graduates.
- **Addiction and Substance Use:** Treating substance use with harm reduction and reduced stigma; Substance abuse, spirituality, and military veterans; Help-seeking behavior.

16. Student Advisor Positions

Counselor Education Student Academic Advisor, 2011 to present
St. John's University, Queens, NY

Chapter Advisor, Sigma Tau Upsilon Chapter of Chi Sigma Iota, 2012 to 2024
St. John's University, Queens, NY

Chapter Advisor, National Society of Collegiate Scholars, 2010 – 2011
Stony Brook University, Stony Brook, NY

17. Higher Education Administration Experience

Chair, Department of Counselor Education

St. John's University, Queens, NY

06/2022 – Present (elected)

06/2021 – 05/2022 (interim)

04/2018 – 08/2018 (appointed/acting)

12/2016 – 01/2017 (appointed/acting)

Program Coordinator, Clinical Mental Health Counseling program, 11/2013 - 05/2021

St. John's University, Queens, NY

Director of Student Orientation & Family Programs, 03/2006 – 7/2011

Stony Brook University; Stony Brook, NY

Director of Graduate Career Services, Kogod School of Business, 03/2004-6/2005

American University, Washington D.C.

Regional Director of Military Career Transition Programs, NVA, and

Program Advisor, Fort Myer/Pentagon, 10/2001-08/2003

Old Dominion University, Norfolk VA

Director of Career Services, 12/1999-10/2001

Trinity College, Washington D.C.

18. Other Counseling/Employment Experience

- 2021 – Present. National EAP; Hauppauge, NY; Telemental Health Clinician (per diem)
- 2018 – 2021. Career and Employment Options Inc. (CEO); Hauppauge, NY; Career Consultant/Leadership & Training Coordinator (contract)
- 2017 – 2018. Outreach Recovery Center (formerly Phoenix House), Women's Caseload Counselor, Brentwood, NY; Substance Abuse Counselor (part time/hourly)
- 2014 – 2017. Phoenix House; Military Services Program, Brentwood, NY; Substance Use Counselor/Military caseload (part time/hourly)
- 2013. Association of Mental Health & Wellness (AMHW) (formerly Clubhouse of Suffolk, Inc.), Ronkonkoma, NY; Mental Health/Rehabilitation Counselor Intern
- 2012. Suffolk County Probation; Hauppauge, NY; Mental Health Counselor Intern
- 2003. Bull Run Middle School, Manassas, VA; School Counselor Intern

- 2003. Woodson High School, Fairfax, VA; School Counselor Intern
- 1996 – 1999. Fleet Bank, Kingston NY; Trainer II/Trainer III
- 1996. Coastal Carolina Community College, Jacksonville, NC. Trainer
- 1996. Nueces County MHMR, Corpus Christi, TX; Practicum Counselor Intern
- 1995 – 1996. Careers Incorporated, Corpus Christi, TX; Employment Supervisor
- 1994 – 1995. United Cerebral Palsy, Pensacola, FL; Employment Training Specialist
- 1993. Crowley High School, Crowley, LA; Special Education Teacher (emergency certification, Teach for America)