Dear Oxford Participant,

Welcome, and thank you for selecting Oxford Health Plans.

At Oxford, your satisfaction is important, and Oxford strives to help make your healthcare experience a positive one. As an Oxford Participant, you have access to a series of programs and resources to help you along your road to health:

- A robust network of hospitals and providers from a local health plan with over 20 years of experience. If your employer’s plan offers out-of-area coverage, you also have in-network national access outside of Oxford’s tri-state service area through the UnitedHealthcare Choice Plus network.
- Oxford’s Healthy Bonus® program, which consists of special offers and discounts that help you stay healthy and manage special conditions. Participants can save on services such as weight loss programs, fitness equipment and publications.
- Oxford’s web site, www.oxfordhealth.com, which allows you to conduct business (e.g., request an ID card, update or correct any personal information, etc.) and access health information at your convenience.
- Healthcare guidance 24 hours a day, seven days a week, from Oxford’s registered nurses through Oxford On-Call®
- Healthy Mind Healthy Body® magazine, your source for health information on prevention, nutrition, and exercise, as well as important benefit and coverage information.

The following information is enclosed: your new Summary of Coverage, Summary Plan Description (SPD) and other important plan information. If you have questions about your coverage, or want to learn more about Oxford’s programs and resources, please log on to www.oxfordhealth.com or call Customer Service at the number on your Oxford ID card.

Wishing you the best of health,

Oxford Health Plans
Important Information

Reconstructive Breast Surgery Law
Effective October 21, 1998, group and individual benefit plans that cover mastectomies are required to cover reconstructive surgery or related services following a mastectomy in accordance with the Women’s Health and Cancer Rights Act of 1998. The Act guarantees coverage to any Participant who is receiving benefits in connection with a mastectomy and who elects breast reconstruction in connection with that mastectomy. The Plan is required to provide coverage (as determined in consultation with the attending physician and the patient) for:

Individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultation with the attending physician and the patient for:
   a. all stages of reconstruction of the breast on which the mastectomy has been performed;
   b. surgery and reconstruction of the other breast to produce a symmetrical appearance;
   c. prostheses; and
   d. treatment of physical complications of the mastectomy, including lymphedema.

These benefits will be provided in the same manner as other medical and surgical benefits provided under this Plan. If you would like more information about this benefit, please read the enclosed Summary Plan Description.

Statement of Rights under the Newborns’ and Mothers’ Health Protection Act
Under federal law, health insurance carriers offering group health insurance coverage generally may not restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a vaginal delivery, or less than 96 hours following a delivery by cesarean section. However, the carrier may pay for a shorter stay if the attending provider (e.g., your physician, nurse midwife, or physician assistant), after consultation with the mother, discharges the mother or newborn earlier.

Also, under federal law, carriers may not set the level of benefits or out-of-pocket costs so that any later portion of the 48-hour (or 96-hour) stay is treated in a manner less favorable to the mother or newborn than any earlier portion of the stay.

In additional, a carrier may not, under federal law, require that a physician or other health care provider obtain authorization for prescribing a length of stay of up to 48 hours (or 96 hours). However, to use certain providers or facilities, or to reduce your out-of-pocket costs, you may be required to obtain precertification. For information on precertification, please contact Oxford Customer Service at the number on your Oxford ID card.
**Notification of Language Assistance Program**

Oxford understands that we service an increasingly diverse membership. More than ever, we believe that it is important to accommodate language preferences, especially when it comes to our Participants accessing care and services to ensure that language is not an obstacle to receiving proper care. Oxford offers language assistance services to limited English proficiency (LEP) Participants. Language assistance services are provided free of charge to Participants. If you need assistance or have any questions about these services, please call the number on the back of your ID card.
TABLE OF CONTENTS

SECTION 1. TELEPHONE AND ADDRESS REFERENCE GUIDE ........................................7

SECTION 2. INTRODUCTION .................................................................................. 8
Welcome! ............................................................................................................... 8
Who Can Join? ..................................................................................................... 9
How to Enroll ....................................................................................................... 10
Cost of Coverage ................................................................................................. 10
When Coverage Begins ....................................................................................... 11
Changing Your Coverage .................................................................................... 11

SECTION 3: HOW THE PLAN WORKS ................................................................. 12
Getting Started ................................................................................................... 12
Eligible Expenses ................................................................................................. 13
Selecting a Primary Care Physician ................................................................. 15
Provider Participation and Transitional Care ...................................................... 16
Patient/Provider Relationship ............................................................................ 17
Provider Reimbursement and Quality Assurance ............................................. 17

SECTION 4: PLAN HIGHLIGHTS ................................................................. 17

SECTION 5: COVERED SERVICES ................................................................. 20

SECTION 6: EXCLUSIONS AND LIMITATIONS .................................................. 34

SECTION 7: OTHER IMPORTANT DOCUMENTS ............................................. 38

SECTION 8: PARTICIPANT RIGHTS AND RESPONSIBILITIES ....................... 38

SECTION 9: CLAIMS PROCEDURES ................................................................. 40
Network Benefits ................................................................................................ 40
Out-of-Network Benefits .................................................................................... 40
How to Submit A Claim ...................................................................................... 40
Explanation of Benefits (EOB) ........................................................................... 42
Limitation of Action ............................................................................................ 42
Claim Denials and Appeals ................................................................................ 42

SECTION 10: COORDINATION OF BENEFITS ............................................... 47

SECTION 11: SUBROGATION AND REIMBURSEMENT ..................................... 51

SECTION 12: WHEN COVERAGE ENDS .......................................................... 54
We want you to be able to contact us how, when and where you want to. Our website www.oxfordhealth.com is available 24 hours a day, seven days a week to obtain answers to your
questions. If you need to reach us by mail or telephone, it’s important for you to know how. The following is a list intended to make your interactions with us a little bit easier!

**Oxford Express**
1-800-444-6222

**Oxford Customer Service**
1-800-444-6222 or the number on the back of your ID card

**Medical Management Coordinator**
1-800-444-6222

**To get assistance in a language other than English:**
- **Chinese**
  1-800-303-6719
- **Korean**
  1-888-201-4746
- **Spanish**
  1-800-449-4390

**Other Languages**
1-800-444-6222 or the number on the back of your ID card

**TTY/TDD Hotline**
1-800-201-4875

**Oxford On-Call**
1-800-201-4911

**Pharmacy Customer Service**
1-800-905-0201

**Behavioral Health**
1-800-201-6991

**CLAIMS**
Oxford Health Plans, LLC
P.O. Box 7082
Bridgeport, CT 06601-7082

**APPEALS AND GRIEVANCES**
Oxford Health Plans
Issue Resolution Department
P.O. Box 7081
Bridgeport, CT 06601-7081

Grievance Review Board
48 Monroe Turnpike
Trumbull, CT 06611

Medical Management Appeals
Oxford Health Plans
P.O. Box 7078
Bridgeport, CT 06601

**SECTION 2. INTRODUCTION**

Welcome!
St. John’s University is pleased to provide you with this Summary Plan Description (SPD), which describes the health Benefits available to you and your covered family members under the Freedom Select Plan. It includes summaries of:

- who is eligible;
- services that are covered, called Covered Services;
- services that are not covered, called Exclusions;
- how Benefits are paid; and
- your rights and responsibilities under the Plan.

St. John’s University intends to continue this Plan, but reserves the right, in its sole discretion, to modify, change, revise, amend or terminate the Plan at any time, for any reason, and without prior notice. This SPD is not to be construed as a contract of or for employment. If there should be an inconsistency between the contents of this summary and the contents of the Plan, your rights shall be determined under the Plan and not under this summary.

This SPD is designed to meet your information needs and the disclosure requirements of the Employee Retirement Income Security Act of 1974 (ERISA). It supersedes any previous printed or electronic SPD for this Plan.

Oxford is a private healthcare claims administrator and helps your employer to administer claims. Although Oxford will assist you in many ways, it does not guarantee any Benefits. St. John’s University, the Plan Administrator, is solely responsible for paying Benefits described in this SPD.

Please read this SPD thoroughly to learn how the Plan works. If you have questions, contact your Plan Administrator or call the number on the back of your ID card.

How To Use This SPD

- Read the entire SPD, and share it with your family. Then keep it in a safe place for future reference.
- Many of the sections of this SPD are related to other sections. You may not have all the information you need by reading just one section.
- You can find copies of your SPD and any future amendments by requesting printed copies by contacting your Plan Administrator.
- Capitalized words in the SPD have special meanings and are defined by Sections or in the Glossary.
- If eligible for coverage, the words "you" and "your" refer to Covered Persons as defined in the Glossary.
- St. John’s University is also referred to as Plan Sponsor or Plan Administrator.
- If there is a conflict between this SPD and any benefit summaries (other than Summaries of Material Modifications) provided to you, this SPD will control.

Who Can Join?

You are eligible to enroll in the Plan if you are a regular full-time employee who is entitled on his or her own behalf to participate in the medical and Hospital Benefits arranged by St. John’s University.
Your eligible Dependents may also participate in the Plan. An eligible Dependent is considered to be:

- your Spouse;
- your or your Spouse’s child who is under age 26, who is not eligible for employer sponsored coverage, including a natural child, stepchild, a legally adopted child, a child placed for adoption or a child for whom you or your Spouse are the legal guardian;
- your or your Spouse’s child who is under age 35 and is a full time student;
- an unmarried child age 26 or over who is or becomes disabled and dependent upon you for economic support and maintenance.

Note: Your Dependents may not enroll in the Plan unless you are also enrolled. In addition, if you and your Spouse are both covered under the Plan, you may each be enrolled as a Participant or be covered as a Dependent of the other person, but not both. In addition, if you and your Spouse are both covered under the Plan, only one parent may enroll your child as a Dependent.

A Dependent also includes a child for whom health care coverage is required through a Qualified Medical Child Support Order or other court or administrative order, as described in the Section titled, Other Important Information.

**How to Enroll**

To enroll, notify your Plan Administrator within 31 days of the date you first become eligible for medical Plan coverage. If you do not enroll within 31 days, you will need to wait until the next annual Open Enrollment Period to make your Benefit elections.

Each year during annual Open Enrollment Period, you have the opportunity to review and change your medical election. Any changes you make during Open Enrollment Period will become effective the following plan year.

<table>
<thead>
<tr>
<th>Important</th>
</tr>
</thead>
<tbody>
<tr>
<td>If you wish to change your benefit elections following your marriage, birth, adoption of a child, placement for adoption of a child or other family status change, you must contact your Plan Administrator within 31 days of the event. Otherwise, you will need to wait until the next annual Open Enrollment Period to change your elections.</td>
</tr>
</tbody>
</table>

**Cost of Coverage**

You and St. John’s University share in the cost of the Plan. Your contribution amount depends on the Plan you select and the family members you choose to enroll.

Your contributions are deducted from your paychecks on a before-tax basis. Before-tax dollars come out of your pay before federal income and Social Security taxes are withheld - and in most states, before state and local taxes are withheld. This gives your contributions a special tax advantage and lowers the actual cost to you.

Your contributions are subject to review and the Plan Administrator reserves the right to change your contribution amount from time to time.

You can obtain current contribution rates by calling your Plan Sponsor or logging onto your Employer’s website.
When Coverage Begins

Once your Plan Administrator receives your properly completed enrollment, coverage will begin on the first day of the month following your date of hire or if you are hired on the first of the month, your coverage will begin immediately. Coverage for your Dependents will start on the date your coverage begins, provided you have enrolled them in a timely manner.

Coverage for a Spouse or Dependent stepchild that you acquire via marriage becomes effective on the date of the marriage, provided you notify your Plan Administrator within 31 days of your marriage. Coverage for Dependent children acquired through birth, adoption, or placement for adoption is effective the date of the family status change, provided you notify your Plan Administrator within 31 days of the birth, adoption, or placement.

Changing Your Coverage

You may make coverage changes during the year only if you experience a change in family status. The change in coverage must be consistent with the change in status (e.g., you cover your Spouse following your marriage, your child following an adoption, etc.). The following are considered family status changes for purposes of the Plan:

- your marriage, divorce, legal separation or annulment;
- the birth, adoption, placement for adoption or legal guardianship of a child;
- a change in your spouse’s employment or involuntary loss of health coverage (other than coverage under the Medicare or Medicaid programs) under another employer’s plan;
- loss of coverage due to the exhaustion of another employer’s COBRA benefits, provided you were paying for premiums on a timely basis;
- the death of a Dependent;
- your Dependent child no longer qualifying as an eligible Dependent;
- a change in your or your spouse’s position or work schedule that impacts eligibility for health coverage;
- contributions were no longer paid by the employer (this is true even if you or your eligible Dependent continues to receive coverage under the prior plan and to pay the amounts previously paid by the employer);
- you or your eligible Dependent who was enrolled in an HMO no longer live or work in that HMO’s service area and no other benefit option is available to you or your eligible Dependent;
- Benefits are no longer offered by the Plan to a class of individuals that include you or your eligible Dependent;
- termination of your or your Dependent’s Medicaid or Children’s Health Insurance Program (CHIP) coverage as a result of loss of eligibility (you must contact your Plan Administrator within 60 days of termination);
- you or your Dependent become eligible for a premium assistance subsidy under Medicaid or CHIP (you must contact Plan Administrator within 60 days of determination of subsidy eligibility);
- a strike or lockout involving you or your spouse; or
- a court or administrative order.
Unless otherwise noted above, if you wish to change your elections, you must contact Plan Administrator within 31 days of the change in family status. Otherwise, you will need to wait until the next annual Open Enrollment Period.

*Note:* Any child under age 26 who is placed with you for adoption will be eligible for coverage on the date the child is placed with you, even if the legal adoption is not yet final. If you do not legally adopt the child, all medical Plan coverage for the child will end when the placement ends. No provision will be made for continuing coverage (such as COBRA coverage) for the child.

**Change in Family Status - Example**

Jane is married and has two children who qualify as Dependents. At annual Open Enrollment Period, she elects not to participate in St. John’s University’s medical plan, because her husband, Tom, has family coverage under his employer’s medical plan. In June, Tom loses his job as part of a downsizing. As a result, Tom loses his eligibility for medical coverage. Due to this family status change, Jane can elect family medical coverage under St. John’s University’s medical plan outside of annual Open Enrollment Period.

**SECTION 3: HOW THE PLAN WORKS**

**Getting Started**

This document contains a detailed description of your Plan. You should be familiar with all of the Plan’s terms and conditions. They determine what coverage you have and what amounts the Plan will pay.

This Plan provides access to Covered Services from Providers within Oxford’s Freedom Network, which is Oxford’s largest network. Under the Freedom Network Select Plan, you can choose to receive Covered Services in “Network” from Oxford’s Freedom Network Providers or you can receive Covered Services “Out-of-Network” from non-Freedom Network Providers.

Your out of pocket responsibility differs depending upon whether Covered Services are obtained through the Network or Out-of-Network Benefits. Generally, you will be responsible for paying a higher portion of your medical expenses when you obtain Out-of-Network Benefits. Please refer to your Summary of Coverage for specific out of pocket expenses.

Your share of the costs will depend on the following:

1. **Annual Deductible**

   The Annual Deductible is the amount of Eligible Expenses you must pay each calendar year for non-Network Covered Services before you are eligible to begin receiving Benefits. The amounts you pay toward your Annual non-Network Deductible accumulate over the course of the calendar year.

2. **Copayment**

   A Copayment (Copay) is the amount you pay each time you receive certain Network Covered Services. The Copay is a flat dollar amount and is paid at the time of service or when billed by the Provider. Copays do not count toward the Out-of-Pocket Maximum

3. **Coinsurance**
Coinsurance is the percentage of Eligible Expenses that you are responsible for paying for non-Network Covered Services. Coinsurance is a fixed percentage that applies to certain Covered Services after you meet the Annual Deductible.

**Coinsurance – Example**
Let's assume that you receive Plan Benefits for outpatient surgery from a Network provider and you have met your Annual Deductible. Since the Plan pays 90% after you meet the Annual Deductible, you are responsible for paying the other 10%. This 10% is your Coinsurance.

4. **Out-of-Pocket Maximum**
The annual Out-of-Pocket Maximum is the most you pay each calendar year for Covered Services. If your eligible out-of-pocket expenses in a calendar year exceed the annual maximum, the Plan pays 100% of Eligible Expenses for Covered Services through the end of the calendar year.

**Eligible Expenses**

Eligible Expenses are charges for Covered Services that are provided while the Plan is in effect, determined according to the definition in the Glossary. St. John’s University has delegated to Oxford the discretion and authority to decide whether a treatment or supply is a Covered Service and how the Eligible Expenses will be determined and otherwise covered under the Plan.

**Don't Forget Your ID Card**
Remember to show your Oxford ID card every time you receive health care services from a Provider. If you do not show your ID card, a provider has no way of knowing that you are enrolled under the Plan.

1. **Network Services**

As a Participant of the Plan, you may seek primary, preventive or specialty care from any Network Provider without a referral. You and your eligible Dependents may, but are not required to select a Primary Care Physician (PCP). If you select a PCP when you enroll, Oxford encourages you to use your PCP when you need primary or preventive Care. Oxford encourages you to allow your PCP to coordinate your specialty care needs. In this manner, continuity of care can be maintained.

While referrals are not required, any requirements pertaining to Precertification, as described in this SPD, must be followed.

To receive the highest level of benefits, contact a Network Physician when you need medical assistance. In most instances, he or she will be able to provide the care you need. If you require services from another provider, be sure that he or she is also a Network Provider by checking the roster of Network Providers, or by calling Oxford. **Except for Emergencies, and Precertified visits to Out-of-Network Providers, only services provided by a Network Provider are Covered on a Network basis.**

If a Network Provider recommends Hospital or surgical services, they will need an OK from Oxford before you obtain those services. This process is referred to as Precertification. Before entering the
Hospital, you may want to check with Customer Service to verify that the Hospital is a Network Provider and that the services have been Precertified.

**Looking for a Network Provider?**
In addition to other helpful information, [www.oxfordhealth.com](http://www.oxfordhealth.com), Oxford’s consumer website, contains a directory of health care professionals and facilities in Oxford’s Network. While Network status may change from time to time, [www.oxfordhealth.com](http://www.oxfordhealth.com) has the most current source of Network information. Use [www.oxfordhealth.com](http://www.oxfordhealth.com) to search for Providers available in your Plan.

### 2. Out-of-Network Services

If you decide you do not want to use a Network Provider, the Plan still provides coverage for a broad range of medical services. However, Covered Services not obtained from Network Providers will be subject to Deductible, Coinsurance and UCR. Further, Out-of-Network Providers may not be familiar with Oxford’s Plan. Therefore, you should review the “Covered Services” and “Limitations and Exclusions” sections of this SPD. You may also contact Customer Service if you have any questions concerning Covered Services under this Plan.

Surgical procedures and Hospitalizations still require Precertification. You are responsible for obtaining any required Precertification. You must call (or have your Physician call) Customer Service to obtain the Precertification. Failure to Precertify will result in a 50% reduction in benefits.

### 3. Precertification

All admissions to health care facilities and certain diagnostic tests and therapeutic procedures must be Precertified by Oxford before you are admitted or receive treatment. If you are unsure whether a procedure requires Precertification, please call Oxford’s Customer Service Department.

Precertification starts with a call to Oxford’s Medical Management Department by the Network Provider involved. One of Oxford’s experienced medical management coordinators examines the case, consults with your Network Provider and discusses the clinical findings. If all agree, the requested test, procedure or admission is Precertified. This comprehensive evaluation insures that the treatment you receive is appropriate for your needs and is delivered in the most cost-effective setting.

Covered inpatient services are Precertified for a specific number of days. If your Network Provider believes that a longer stay is Medically Necessary, the extension must be Precertified in order for it to be Covered.

Your Network Provider is responsible for obtaining any required Precertification. However, we recommend that you call Customer Service to ensure that your services have been Precertified.

**Please remember:** Any Precertification you receive will not be valid if your coverage under the Plan terminates. This means that Covered Services received after your coverage has terminated will not be Covered even if they were Precertified.

### 4. Second Opinions

Oxford reserves the right to require a second opinion for any surgical procedure. At the time of Precertification, you may be advised that a second opinion will be required in order for the services to be
Covered. If a second opinion is required, Oxford will refer you to a Network Provider for a second opinion.

In the event that the first and second opinions differ, a third opinion will be required. Oxford will designate a new Network Provider. The third opinion will determine whether or not the surgery is Precertified. There will be no cost to you for the second or third opinion. You may also request a second opinion.

5. **Emergencies**

If you have an Emergency, you should obtain medical assistance immediately or call 911. Emergency room care is not subject to Oxford’s prior approval. **However, only Emergencies, as defined in this SPD, are Covered in an Emergency room.** Therefore, before you seek treatment, you may want to be certain that this is the most appropriate place to receive care. You can call Oxford’s medical management coordinators. They are available 24 hours a day, 7 days a week. The coordinator will direct you to the emergency room of a Hospital or other appropriate facility.

6. **Urgent Care**

For Network coverage, you must call Oxford’s medical management coordinators and follow the instructions you will be given. When this procedure is followed, your Urgent Care will be Covered in full, less any required Copayment. This coverage will be provided regardless of where you are (in or out of the Service Area) when the need for Covered Services occurs. **If you do not call first, coverage will only be available on an Out-of-Network basis.**

7. **Diagnostic Testing and Laboratory Services**

If your Network Provider recommends laboratory testing, remind him or her to use a Network Provider. In addition, Covered X-rays or diagnostic procedures performed at Network facilities will be Covered by the Plan without any required Copayment. Unless you are hospitalized, Hospitals are not Network Providers for these tests.

8. **Customer Service**

All coverage is subject to the terms and conditions contained in your Plan documents. You should understand your rights and obligations before you obtain services. If you have questions, Customer Service will be pleased to help you.

9. **More Information**

As a Participant, you automatically receive a SPD and a Summary of Coverage. Please note, you can request additional information about Oxford and your coverage under this SPD.

---

**Selecting a Primary Care Physician**

1. **Selecting Your PCP**
As described, you may select a PCP when you enroll. Please refer to the roster of Network Providers when selecting a PCP.

2. **Primary Provider of OB/GYN Care**

In addition to a PCP, female Participants should select a Network Provider of OB/GYN Care.

3. **Network Specialists as PCPs**

Participants who have a life-threatening condition or disease and Participants who have a degenerative and disabling condition or disease may request to elect a Network Specialist as their PCP. The designated Network Specialist will become responsible for providing and coordinating all of the Participant’s Primary Care and Specialty Care. He or she will be able to order tests, arrange procedures and provide referrals and medical services in the same capacity as a PCP.

This election is available only if the condition or disease requires specialized medical care over a prolonged period of time. The desired Network Specialist must have the necessary qualifications and expertise to treat the Participant’s condition or disease. A Participant may request this election at the time of enrollment or upon diagnosis.

4. **Changing Your PCP**

If you selected a PCP when you enrolled, you may change your PCP (or Provider of OB/GYN Care) at any time. Select a new Provider from the roster of Network Physicians then call Customer Service to update your selection. The change will become effectively immediately.

---

**Provider Participation and Transitional Care**

1. **Provider Participation**

Oxford cannot promise that a specific Provider, even though listed in the roster of participating physicians, will be available. A Network Provider may end his or her contract with Oxford, or decide not to accept additional patients. If you have any questions about whether or not a particular Provider is currently participating or accepting new patients, please feel free to call Customer Service and inquire. If your PCP or Network Specialist leaves Oxford’s Network, you should work to choose another PCP or Network Specialist in order to continue receiving care on a Network basis. However, if you are undergoing a course of treatment at the time your Network Provider leaves the Network, you may be eligible for Transitional Care as described below.

2. **Transitional Care**

**Your Provider Leaves the Network**

If you are undergoing a course of treatment when your Provider leaves the Network, you may be able to continue to receive Covered Services from your former Network Provider. Depending on your condition, you may receive Covered Services for up to 120 days after you receive notification from Oxford that the Provider is no longer in the Network. Regarding pregnancy, if the Provider leaves the Network while you are in your second trimester, you may receive Covered Services through delivery and any post-partum care directly related to the delivery.

However, Transitional Care is available only if the Provider agrees to continue to accept as payment the negotiated fee that was in effect just prior to the termination of Oxford’s relationship with the Provider.
Further, the Provider must agree to adhere to all of Oxford’s Quality Assurance procedures as well as all other policies and procedures required by Oxford regarding the delivery of Covered Services. If the Provider agrees to these conditions, you will receive these Covered Services as if they are being provided by a Network Provider. You will only be responsible for any applicable Copayments. Pregnancies that are affected by this provision are automatically Covered on an In-Network basis. You will only be responsible for any applicable Copayments.

Please note: If the Provider was terminated by Oxford due to a quality-of-care issue, Transitional Care is not available.

New Participants Currently Undergoing a Course of Treatment
If you are undergoing a course of treatment with an Out-of-Network Provider at the time your coverage under this SPD becomes effective, you may be able to receive Covered Services from the Out-of-Network Provider for up to 60 days from the effective date of your coverage under the SPD. This coverage is available only if the course of treatment is for a life-threatening disease/condition or a degenerative and disabling disease/condition. Coverage is limited to the disease/condition. Regarding pregnancy, if your coverage becomes effective while you are in your second trimester, you may receive Covered Services from your Out-of-Network Provider through delivery and any post-partum care directly related to the delivery.

However, Transitional Care is available only if the Provider agrees to accept as payment Oxford’s negotiated fees for such services. Further, the Provider must agree to adhere to all of Oxford’s quality assurance procedures as well as all other policies and procedures required by Oxford regarding the delivery of Covered Services. If the Provider agrees to these conditions, you will receive these Covered Services as if they are being provided by a Network Provider. You will only be responsible for any applicable Copayments.

In order to obtain Transitional Care, you or your Provider should call Medical Management at 1-800-444-6222 and request this coverage.

Patient/Provider Relationship

Network Providers are solely responsible for all health services that you receive. If you refuse to follow a recommended treatment, and the Network Provider believes that no professionally acceptable alternative exists, you will be so advised. In such a case, subject to the second opinion process, neither Oxford nor the Network Provider will have any further responsibility to provide care for the condition under treatment.

Provider Reimbursement

Reimbursement

The Plan reimburses our Network Providers in a variety of ways. The most common is a discount off the Provider’s usual fee. This means the Provider agrees to accept less than what he or she would usually be paid for that service. In return, the Provider’s name appears in Oxford’s roster, which gives the Provider an opportunity to gain new patients from among our membership.

SECTION 4: PLAN HIGHLIGHTS

Summary of Coverage
<table>
<thead>
<tr>
<th></th>
<th>BENEFIT</th>
<th>IN-NETWORK</th>
<th>OUT-OF-NETWORK</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>FINANCIAL</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Single Deductible:</td>
<td>None</td>
<td></td>
<td>$300</td>
</tr>
<tr>
<td>Family Deductible:</td>
<td>None</td>
<td></td>
<td>$600</td>
</tr>
<tr>
<td>Coinsurance</td>
<td>None</td>
<td></td>
<td>20%</td>
</tr>
<tr>
<td>Maximum Out-of-Pocket</td>
<td>Not Applicable</td>
<td></td>
<td>$1,300</td>
</tr>
<tr>
<td>(Single):</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Maximum Out-of-Pocket (Family):</td>
<td>Not Applicable</td>
<td></td>
<td>$2,600</td>
</tr>
<tr>
<td>Maximum Lifetime Benefit per Member</td>
<td>Unlimited</td>
<td></td>
<td>Unlimited</td>
</tr>
<tr>
<td>Financial Accumulation Period:</td>
<td>Not Applicable</td>
<td></td>
<td>Calendar Year</td>
</tr>
<tr>
<td>Out-of-Network Reimbursement:</td>
<td>Not Applicable</td>
<td></td>
<td>Very High UCR</td>
</tr>
<tr>
<td><strong>PREVENTIVE CARE</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Adult Preventive Care</td>
<td>No Charge</td>
<td></td>
<td>In-Network Benefit Only</td>
</tr>
<tr>
<td>Infant and Pediatric Preventive Care</td>
<td>No Charge</td>
<td></td>
<td>Deductible &amp; 20% Coinsurance</td>
</tr>
<tr>
<td>Preventive Dental for Children (Through Age 11)</td>
<td>No Charge</td>
<td></td>
<td>No Charge</td>
</tr>
<tr>
<td><strong>OUTPATIENT CARE</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Primary Care Physician Office Visits</td>
<td>$10 copay per visit</td>
<td></td>
<td>Deductible &amp; 20% Coinsurance</td>
</tr>
<tr>
<td>Specialist Office Visits</td>
<td>$10 copay per visit</td>
<td></td>
<td>Deductible &amp; 20% Coinsurance</td>
</tr>
<tr>
<td>Outpatient Facility Surgery**</td>
<td>No Charge</td>
<td></td>
<td>Deductible &amp; 20% Coinsurance</td>
</tr>
<tr>
<td>Laboratory Services</td>
<td>At Participating Laboratories; No Charge</td>
<td></td>
<td>Deductible &amp; 20% Coinsurance</td>
</tr>
<tr>
<td>MRIs, MRAs, PET Scan, CT Scan, Ultrasound **</td>
<td>No Charge</td>
<td></td>
<td>Deductible &amp; 20% Coinsurance</td>
</tr>
<tr>
<td>Radiology Services **</td>
<td>No Charge</td>
<td></td>
<td>Deductible &amp; 20% Coinsurance</td>
</tr>
<tr>
<td><strong>HOSPITAL CARE</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Physician's and Surgeon's Services **</td>
<td>No Charge</td>
<td></td>
<td>Deductible &amp; 20% Coinsurance</td>
</tr>
<tr>
<td>Semi-Private Room and Board **</td>
<td>No Charge</td>
<td></td>
<td>Deductible &amp; 20% Coinsurance</td>
</tr>
<tr>
<td>All Drugs and Medication</td>
<td>No Charge</td>
<td></td>
<td>Deductible &amp; 20% Coinsurance</td>
</tr>
<tr>
<td><strong>EMERGENCY CARE</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ambulance Service When Medically Necessary</td>
<td>No Charge</td>
<td></td>
<td>No Charge</td>
</tr>
<tr>
<td>At Hospital Emergency Room</td>
<td>$35 copay, waived if admitted</td>
<td>$35 copay, waived if admitted</td>
<td></td>
</tr>
<tr>
<td>(If member is admitted to the hospital, notification is required)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Emergency Care in Urgi-Center</td>
<td>$10 copay per visit</td>
<td></td>
<td>Deductible &amp; 20% Coinsurance</td>
</tr>
<tr>
<td><strong>MATERNITY CARE</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Prenatal and Post-Natal Care **</td>
<td>$10 copay per initial visit</td>
<td></td>
<td>Deductible &amp; 20% Coinsurance</td>
</tr>
<tr>
<td>Hospital Services For Mother and Child **</td>
<td>No Charge</td>
<td></td>
<td>Deductible &amp; 20% Coinsurance</td>
</tr>
<tr>
<td><strong>SKILLED NURSING FACILITY</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>30 Days per Calendar Year **</td>
<td>No Charge</td>
<td></td>
<td>Deductible &amp; 20% Coinsurance</td>
</tr>
<tr>
<td>Service</td>
<td>Inpatient Care</td>
<td>Outpatient Care</td>
<td>Home Hospice</td>
</tr>
<tr>
<td>----------------------------------------------</td>
<td>-----------------------------------------</td>
<td>------------------------------------------</td>
<td>----------------------------------------</td>
</tr>
<tr>
<td>HOSPICE CARE (210 days per lifetime combined Inpatient and Outpatient)</td>
<td>Inpatient Care **</td>
<td>No Charge</td>
<td>Deductible &amp; 20% Coinsurance</td>
</tr>
<tr>
<td></td>
<td>Outpatient Care **</td>
<td>No Charge</td>
<td>Deductible &amp; 20% Coinsurance</td>
</tr>
<tr>
<td></td>
<td>Home Hospice **</td>
<td>$10 copay per visit</td>
<td>Subject to a 20% Coinsurance</td>
</tr>
</tbody>
</table>

| Service                                      | 60 Home Care Visits **                  | $10 copay per visit                      | Subject to a 20% Coinsurance          |
|                                              | Physician House Calls                   | $10 copay per visit                      | Deductible & 20% Coinsurance          |

| Service                                      | Inpatient Rehabilitation **             | No Charge                                | Deductible & 20% Coinsurance          |
| SUBSTANCE USE DISORDER SERVICES              | Outpatient Rehabilitation **            | $10 copay per visit                      | Deductible & 20% Coinsurance          |
|                                              | Office Visits **                        | $10 copay per visit                      | Deductible & 20% Coinsurance          |

| Service                                      | Inpatient Care                          | No Charge                                | Deductible & 20% Coinsurance          |
| MENTAL HEALTH CARE                           | Outpatient Care                          | $10 copay per visit                      | Deductible & 20% Coinsurance          |
|                                              | Office Visits                           | $10 copay per visit                      | Deductible & 20% Coinsurance          |

| Service                                      | Testing and Treatment                   | $10 copay per visit                      | Deductible & 20% Coinsurance          |

| Service                                      | CHIROPRACTIC CARE                       | $10 copay per visit                      | Deductible & 20% Coinsurance          |

| Service                                      | SHORT TERM REHABILITATION               | No Charge                                | Deductible & 20% Coinsurance          |
|                                              | 60 Consec. Inpatient Days per Condition / Lifetime ** | No Charge                                | Deductible & 20% Coinsurance          |
|                                              | 90 Outpatient Visits per Condition / Lifetime ** | $10 copay per visit                      | Deductible & 20% Coinsurance          |
|                                              | Precertification upon initial Visit **  | $10 copay per visit                      | Deductible & 20% Coinsurance          |

| Service                                      | DURABLE MEDICAL EQUIPMENT              | No charge when ordered by an Oxford Participating Physician | Deductible & 20% Coinsurance          |
|                                              | Unlimited                               | $10 copay per visit                      | Deductible & 20% Coinsurance          |

| Service                                      | MEDICAL SUPPLIES                        | Out-of-Network Benefit Only              | Deductible & 20% Coinsurance          |
|                                              | Medical Supplies When Medically Necessary | $100 reimbursement per 6 month period    | $100 reimbursement per 6 month period  |

| Service                                      | EXERCISE FACILITY                      | $200 reimbursement per 6 month period    | $200 reimbursement per 6 month period  |
|                                              | Subscriber                              | $200 reimbursement per 6 month period    | $200 reimbursement per 6 month period  |
|                                              | Spouse                                  | $100 reimbursement per 6 month period    | $100 reimbursement per 6 month period  |
ADVANCED INFERTILITY TREATMENT ($10,000 per lifetime)

<table>
<thead>
<tr>
<th>Service</th>
<th>Copay/Reimbursement</th>
<th>Coverage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Specialist Office Visits **</td>
<td>$10 copay per visit</td>
<td>In-Network Benefit Only</td>
</tr>
<tr>
<td>Inpatient Facility Services **</td>
<td>No Charge</td>
<td>In-Network Benefit Only</td>
</tr>
<tr>
<td>Outpatient Facility Services **</td>
<td>No Charge</td>
<td>In-Network Benefit Only</td>
</tr>
</tbody>
</table>

HEARING AIDS

Coverage is limited to $5,000. Limited to a single purchase (including repair/replacement) every 3 years.

PRESCRIPTION DRUGS

<table>
<thead>
<tr>
<th>Tier</th>
<th>Copay</th>
<th>Coverage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tier 1</td>
<td>$5</td>
<td>Only Covered at Participating Pharmacies</td>
</tr>
<tr>
<td>Tier 2</td>
<td>$15</td>
<td>Only Covered at Participating Pharmacies</td>
</tr>
<tr>
<td>Tier 3</td>
<td>$25</td>
<td>Only Covered at Participating Pharmacies</td>
</tr>
</tbody>
</table>

PRESCRIPTION MAIL ORDER

<table>
<thead>
<tr>
<th>Tier</th>
<th>Copay</th>
<th>Coverage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tier 1</td>
<td>$5</td>
<td>Only Covered at Participating Pharmacies</td>
</tr>
<tr>
<td>Tier 2</td>
<td>$15</td>
<td>Only Covered at Participating Pharmacies</td>
</tr>
<tr>
<td>Tier 3</td>
<td>$15</td>
<td>Only Covered at Participating Pharmacies</td>
</tr>
</tbody>
</table>

OTHER COVERAGE

<table>
<thead>
<tr>
<th>Service</th>
<th>Reimbursement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vision Exam: One Exam Every 12 Months</td>
<td>$50 reimbursement</td>
</tr>
<tr>
<td>Vision Hardware: One Set of Appliances Every 24 Months</td>
<td>$70 reimbursement</td>
</tr>
</tbody>
</table>

** These services require precertification through Oxford.
**Mental health and substance use disorder services can be precertified through Oxford’s Behavioral Health Department.
***Prescription medication ordered through the Mail Order Drug Program are subject to two applicable retail pharmacy copays.
***The Prescription Drug Benefit is based on a Per Contract Year Limit for any applicable deductible and/or maximum limits.

SECTION 5: COVERED SERVICES

What this section includes:
- Covered Services for which the Plan pays Benefits.
- These services require precertification through Oxford.

You will receive Covered Services in accordance with the terms and conditions of this SPD only when the Covered Service is:
- Medically Necessary;
- Properly Precertified, when required;
- Received while your coverage is in force;
- Not excluded under this SPD; and
• Not in excess of the benefit limitations described in this SPD or your Summary of Coverage.

All Covered Services are subject to the Copayments, Coinsurance and Deductibles specified in your Summary of Coverage. All reimbursement for services rendered by Out-of-Network Providers is subject to UCR.

Except for Emergencies, Precertified Urgent Care, or when Oxford Precertifies the use of an Out-of-Network Provider any Covered Service you obtain from an Out-of-Network Provider will be Covered on an Out-of-Network basis.

Important: The Plan reserves the right to provide benefits in the manner the Plan determines to be the most cost effective. Based on Oxford’s medical policies, Oxford reserves the right to provide Benefits in the manner, and to the extent, Oxford believes is Medically Necessary.

1. Primary and Preventive Care

Primary care consists of office visits, house calls and Hospital visits provided by your Provider for consultations, diagnosis and treatment of medical conditions, injury and disease that do no require the services of a specialist.

Preventive care consists of the following services, performed by your Provider for the purpose of promoting good health and early detection of disease.

A. Preventive Care

The Plan pays Benefits for Preventive care services provided on an outpatient basis at a Physician's office, an alternate facility or a Hospital. Preventive care services encompass medical services that have been demonstrated by clinical evidence to be safe and effective in either the early detection of disease or in the prevention of disease, have been proven to have a beneficial effect on health outcomes and include the following as required under applicable law:

- evidence-based items or services that have in effect a rating of "A" or "B" in the current recommendations of the United States Preventive Services Task Force;
- immunizations that have in effect a recommendation from the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention;
- with respect to infants, children and adolescents, evidence-informed preventive care and screenings provided for in the comprehensive guidelines supported by the Health Resources and Services Administration; and
- with respect to women, such additional preventive care and screenings as provided for in comprehensive guidelines supported by the Health Resources and Services Administration.

B. Screening for Prostate Cancer

An annual standard diagnostic examination including, but not limited to, a digital rectal examination and a prostate specific antigen test for men age 50 and over who are asymptomatic and for men age 40 and over with a family history of prostate cancer or other prostate cancer risk factors.

Standard diagnostic testing including, but not limited to, a digital rectal examination and a prostate specific antigen test at any age for men having a prior history of prostate cancer is Covered.

C. Diabetic Equipment, Supplies and Education
Diabetic Supplies, Education and Self-Management are Covered as follows:

**Supplies.** The following equipment and related supplies will be Covered for insulin dependent and non-insulin dependent Participants when Medically Necessary as determined by the Participant’s Physician:

- Acetone Reagent Strips
- Acetone Reagent Tablets
- Alcohol Wipes
- All insulin preparations
- Automatic Blood Lance Kit
- Blood Glucose Kit
- Blood Glucose Strips (Test or Reagent)
- Blood Glucose Monitor with or without special features for visually impaired, control solutions, and strips for home blood glucose monitor (models with special features for the visually impaired must be **Precertified by Oxford’s Medical Director**)
- Cartridges for the visually impaired Diabetes data management systems
- Disposable insulin and pen cartridges
- Drawing-up devices for the visually impaired
- Equipment for use of the Pump
- Glucose Acetone Reagent Strips
- Glucose Reagent Strips
- Glucose Reagent Tape
- Injection Aides
- Injector (Busher) Automatic
- Insulin Cartridge Delivery
- Insulin Infusion Devices (Precertification is required for this item)
- Insulin Pump
- Lancets
- Oral agents such as glucose tablets or gels
- Syringe with needle; sterile 1 cc box
- Urine testing products for glucose and ketones

Additional items may also be Covered if the Participant’s Physician determines they are Medically Necessary and prescribes them for the Participant. Such additional items must be Precertified by one of Oxford’s Medical Directors and be in accordance with the treatment plan developed by the Physician for the Participant.

**Self-Management and Education:** Education on self-management and treatment of diabetes is Covered: 1) upon the initial diagnosis; 2) if there is a significant change in the Participant’s condition; or 3) the Physician decides that a refresher course is necessary. It must be provided:

- In a Physician’s office either by the Physician or his/her qualified nurse during an office visit or in a group setting.
- Upon a Physician’s referral to the following non-Physician, medical educators (qualified health providers): certified diabetes nurse educators; certified nutritionists; certified dietitians; and registered dietitians.
- Whenever possible, in a group setting, regardless of whether the Provider is a Physician or a qualified health provider. Education will also be provided in the Participant’s home if the Participant is homebound.

**D. Health Education**
2. Specialty Care

Specialty Care consists of medical care and services, including office visits, house calls, Hospital visits and consultations for the diagnosis and treatment of disease or injury as described below.

Please note: Most Specialty Care services require Precertification.

A. Surgical and Obstetrical Services.

* Precertification required for certain services

Physicians’ services for surgical and obstetrical procedures on an inpatient and outpatient basis, including the services of the surgeon or specialist, assistant, and anesthetist or anesthesiologist together with preoperative and postoperative care. Deliveries and related services that are performed by a certified nurse midwife are also Covered.

Hospital admissions, including maternity admissions, require Precertification. When possible, the Precertification should be obtained at least 14 days in advance of the service.

B. Maternity and Newborn Care.

Maternity Care

* Precertification required for certain services

Services and supplies for maternity care provided by a Physician, certified nurse midwife, Hospital or birthing center will be Covered for prenatal care (including one visit for genetic testing), postnatal care, delivery and complications of pregnancy. The Plan provides a minimum inpatient stay of 48 hours following a vaginal delivery and 96 hours following a cesarean delivery for both the mother and the newly born child or children. While in the hospital, maternity care also includes, at a minimum, parent education, assistance and training in breast or bottle-feeding and the performance of any necessary maternal and newborn clinical assessments. Unless the admission to the Hospital or birthing center is made on an Emergency basis, the admission must be Precertified.

The mother has the option to leave the hospital sooner than described above. If she decides to be discharged early, she will be provided with one home visit. The home visit must be requested by the mother within 48 hours of a vaginal birth or within 96 hours of a cesarean birth. The visit will occur within 24 hours of the later of: the mother’s request; or her discharge from the hospital. This visit is not subject to deductible or Copayment. Additionally, the visit will not be deducted from the Home Health Care visits Covered under the SPD.

The home visit consists of a visit by a professional RN to provide the following post delivery care: an assessment of the mother and child, instruction on breastfeeding, cleaning and care for child; and any required blood tests ordered by either the mother’s or the child’s Physician.

Network coverage for a routine delivery or maternity care outside of the service area is limited. Oxford defines a “routine delivery” as a full-term delivery that has occurred without any complications. If you arrange to give birth at a facility outside of the service area, and the delivery is routine, the Service will be Covered as an Out-of-Network benefit and will be subject to Deductible and Coinsurance. Oxford will
assume that you have arranged to give birth at a facility outside of the service area if you travel to the area of the facility near the time of your delivery. In those instances where the Out-of-Network facility is near the service area, routine deliveries will be Covered as an Out-of-Network benefit if you could safely have delivered in a Network facility. Exceptions will be made on a “case” by “case” basis if Oxford determines that circumstances beyond your control (such as a death in your family) required you to be outside of the service area at the time of your delivery.

**Newborn Care**

* Precertification required for certain services

Care for newborns includes preventive health care services (including electrophysiologic screening measures and periodic monitoring of infants for delayed onset of hearing loss), routine nursery care, and treatment of disease and injury. Treatment of disease and injury includes treatment of prematurity and medically diagnosed congenital defects and birth abnormalities which cause anatomical functional impairment. The Plan also Covers, within the limits of this SPD, necessary transportation costs from the place of birth to the nearest specialized treatment center.

*Network and Out-of-Network, routine nursery and preventive Newborn Care does not require Precertification. Circumcision performed by a licensed medical practitioner during the delivery inpatient stay does not require Precertification. However, services that generally require Precertification (such as surgery) must be Precertified.

**C. Treatment of Infertility**

**Basic Infertility Services**

Basic Infertility Services will be provided to a Participant who, in Oxford’s opinion, is an appropriate candidate for infertility treatment. Basic Infertility Services consist of: initial evaluation, semen analysis, laboratory evaluation, evaluation of ovulatory function, postcoital test, hysterosalpingogram and medically appropriate treatment of ovulatory dysfunction with Clomiphene Citrate.

**Comprehensive Infertility Services**

If the Basic Services do not result in increased fertility, Medical Management may Precertify Comprehensive Infertility Services. These services include: ovulation induction and monitoring with ultrasound; artificial insemination; hysteroscopy; laparoscopy; and laparotomy.

**Advanced Infertility Services**

Should the Comprehensive Infertility Services fail to increase fertility, Oxford’s Medical Director may Precertify the following Advanced Infertility Services: in-vitro fertilization (IVF), gamete intrafallopian transfer (GIFT) and zygote intrafallopian transfer (ZIFT).

**D. Allergy Testing and Treatment**

The Plan Covers testing and evaluations to determine the existence of an allergy. Routine allergy injections, including serums are Covered.

**E. Rehabilitation Services**

*Precertification required for inpatient rehabilitation.

Rehabilitation therapy including physical therapy, speech therapy, and occupational therapy, is Covered
on an outpatient or inpatient basis. Coverage on an outpatient basis is limited to the amount of visits shown on the Summary of Coverage. Admission to a Rehabilitation Facility requires Precertification. For the purposes of this benefit (both inpatient and outpatient), "per condition" means the disease or injury causing the need for the therapy. For Covered Services received under this benefit you are eligible to receive up to the specified amount for the singular condition as noted in your Summary of Coverage. The accumulation of this limit is based on the “condition” and not the therapy type. Unrelated conditions are subject to separate maximums. A “session” is a period of time, up to 45 minutes, in which therapy is performed.

Speech or occupational therapy is Covered only when it is necessary to correct a condition that is the result of a disease, injury or a congenital defect for which surgery has been performed.

Covered Services must begin within six months of the later to occur:

- the date of the injury or illness that caused the need for the therapy;
- the date the Participant is discharged from a Hospital where surgical treatment was rendered; or
- the date outpatient surgical care is rendered.

And in no event will the therapy continue beyond 365 days after such event.

F. Autism Spectrum Disorder

- **Screening and Diagnosis:** The Plan provides coverage for screening and diagnosis of Autism Spectrum Disorder. This includes assessments, evaluations or tests to diagnose whether an individual has Autism Spectrum Disorder.

- **Treatment:** Coverage for the treatment of Autism Spectrum Disorder includes the following care and assistive communication devices prescribed or ordered for a Participant diagnosed with Autism Spectrum Disorder by a licensed Physician or licensed psychologist:
  - Behavioral health treatment which includes counseling and treatment programs, when provided by a licensed provider acting within the scope of their competence and licensure, and Applied Behavior Analysis when provided or supervised by a behavior analyst certified pursuant to the behavior analyst certification board. Such treatment must be Medically Necessary to develop, maintain, or restore, to the maximum extent practicable, the functioning of the Participant. Individuals that provide behavioral health treatment under the supervision of a certified behavior analyst will be subject to the standards of professionalism, supervision and relevant experience pursuant to regulations promulgated by the Superintendent of the New York State Department of Financial Services in consultation with the Commissioner of the New York State Departments of Health and Education.
  - Psychiatric care which includes direct or consultative services provided by a psychiatrist appropriately licensed in the state in which the psychiatrist practices and is acting within the scope of their competence and licensure.
  - Psychological care which includes direct or consultative services provided by a psychologist or clinical social worker appropriately licensed in the state in which they practice and is acting within the scope of their competence and licensure.
  - Medical care provided by a licensed health care Provider acting within the scope of their competence and licensure.
  - Therapeutic care, including therapeutic care which is deemed habilitative or non-restorative. This includes Covered Services provided by licensed or certified speech therapists, occupational therapists, social workers, or physical therapists.

- **Assistive Communication Devices:** Benefits under this section include assistive communication devices to aid in communications related to lack of speech directly attributed to Autism Spectrum Disorder when determined by the Plan to be Medically Necessary.
Benefits under this section are only available if the assistive communication device has been prescribed or ordered for the Member by an appropriately licensed Provider acting within the scope of their competence and licensure.

Benefits under this section include Picture Exchange Communication Systems (PECS), speech generating devices and software or applications that enable computer systems to function as a speech-generating device.

Benefits under this section do not include any of the following:
- Desktop or laptop computers, tablets (such as an iPad) or smart phones (such as an iPhone).
- Service contracts, installation charges, delivery charges or technical support related to such devices.
- The additional cost of any equipment or accessories that are not Medically Necessary.

Oxford will decide if the equipment should be purchased or rented. Benefits are available for repair and replacement when Medically Necessary due to normal wear and tear except that:
- Benefits are not available for upgrades to assistive communication devices if the device the Participant is utilizing remains a functional device for the Participant’s condition at the time the upgrade becomes available.
- Benefits for repair and replacement do not apply to damage due to misuse, malicious breakage or gross neglect. Benefits will be provided for one replacement or repair per type of device that is necessary due to the Participant’s behavioral issues.
- Benefits are not available to replace lost or stolen items.
- Benefits are not available for routine maintenance of the assistive communication device.

Behavioral health treatments related to Autism Spectrum Disorder services must be authorized and overseen by the Mental Health/Substance Use Disorder Designee. Contact the Mental Health/Substance Use Disorder Designee at the number on your ID card regarding Covered Services for Autism Spectrum Disorder.

The Mental Health/Substance Use Disorder Designee may consult with professional clinical consultants, peer review committees or other appropriate sources for recommendations and information regarding whether a service or supply meets any of these criteria.

**G. Reconstructive and Corrective Surgery**

*Precertification required for inpatient admissions*

Reconstructive and corrective surgery is Covered only when:

- It is performed to correct a congenital birth defect of an infant who was born while Covered under this SPD;
- Is incidental to surgery or follows surgery that was necessitated by trauma, infection or disease of the involved part.

The reconstructive or corrective surgery must be performed within two years of the surgery that was necessitated by the trauma, infection or disease.

Breast reconstruction (including surgery on the healthy breast to restore and achieve symmetry) or implanted breast prostheses are also Covered following a Covered mastectomy. Cosmetic surgery is not Covered.

**H. Oral Surgery**
General dental services are not Covered. The following limited dental and oral surgical procedures are Covered in either an inpatient or outpatient setting:

- Oral surgical procedures for jaw bones or surrounding tissue and dental services for the repair or replacement of sound natural teeth that are required due to accidental injury, a congenital disease or a congenital anomaly. Further, it is covered when a repair is not possible.

- Dental services must be obtained within 12 months of the injury. “Accidental injury” does not include damage caused to a tooth while biting or chewing or the intentional misuse of the tooth.

- Oral surgical procedures for jaw bones or surrounding tissue and dental services necessary due to congenital disease or anomaly.

- Oral surgical procedures required for the correction of a non-dental physiological condition which has resulted in a severe functional impairment.

- Removal of tumors and cysts requiring pathological examination of the jaws, cheeks, lips, tongue, roof and floor of the mouth. Cysts related to teeth are not Covered.

- Surgical/nonsurgical medical procedures for TMJ and orthognathic surgery may be Covered if Precertified and approved by Oxford’s Medical Director.

Oral Surgery, including the dental services described above, requires Precertification. When possible, please obtain the Precertification at least 14 days in advance of the surgery or procedure.

I. Laboratory Procedures and X-ray Examinations

X-ray and laboratory procedures, services and materials, including diagnostic X-rays, X-ray therapy, fluoroscopy, electrocardiograms, laboratory tests, and therapeutic radiology services are Covered when performed on an outpatient basis.

**Major diagnostic procedures require Precertification.** It is important that you do not seek the services of a laboratory or imaging center without Precertification. If you do, you will be responsible for the costs of such services. Please contact Oxford’s Medical Management Coordination before you obtain any of the procedures listed in your Summary of Coverage.

J. Internal and External Prosthetic Devices

**Internal Prosthesis:** Surgically implanted prosthetic devices and special appliances will be Covered if they improve or restore the function of an internal body part which has been removed or damaged due to disease or injury. This includes implanted breast prostheses following a Covered mastectomy. Coverage also includes repair and replacement due to normal growth or normal wear and tear. Coverage does not include artificial organs.

**External Prosthetic Devices:** The Plan Covers prosthetic devices that are worn externally and that temporarily or permanently replace all or part of an external body part that has been lost or damaged because of an injury or disease. For adults, the Plan Covers the cost of only one prosthetic device per lifetime. For children, the cost of replacements is also Covered but only if the previous device has been outgrown. Purchase of the device must be Precertified. Coverage is for standard equipment only. The Plan does not otherwise Cover the cost of repairs or replacement.

External breast prostheses following a Covered mastectomy are also Covered.

K. Durable Medical Equipment and Braces
**Precertification is required for all rentals and purchases of $500 or more**

**Durable Medical Equipment.** The Plan Covers Durable Medical Equipment. Durable Medical Equipment is equipment which is: 1) designed and intended for repeated use; 2) primarily and customarily used to serve a medical purpose; 3) generally not useful to a person in the absence of disease or injury; and 4) is appropriate for use in the home.

Coverage is for standard equipment only. The Plan does not Cover customization of any item of Durable Medical Equipment. All maintenance and repairs that result from a Participant's misuse are the Participant's responsibility. The decision to rent or purchase such equipment will be made solely at Oxford’s discretion.

**Braces.** The Plan Covers braces that are worn externally and that temporarily or permanently assists all or part of an external body part function that has been lost or damaged because of an injury, disease or defect. Coverage is for standard equipment only. Replacements are Covered when growth or a change in the Participant's medical condition make replacement Medically Necessary. The Plan does not otherwise Cover the cost of repairs or replacement (e.g., the Plan does not Cover repairs or replacement that is the result of misuse or abuse by the Participant).

**Precertification Required:** Precertification for the purchase of Durable Medical Equipment or braces is required when the item will cost $500.00 or more.

**L. Medical Supplies**

The Plan Covers medical supplies that are required for the treatment of a disease or injury which is Covered under this SPD. Maintenance supplies (e.g., ostomy supplies) are also Covered for conditions Covered under this SPD. All such supplies must be Medically Necessary and in the appropriate amount for the treatment or maintenance program in progress. Diabetic Supplies are not Covered under this provision.

**M. Transplants**

The Plan Covers only those transplants that Oxford determines to be non-experimental and non-investigational. Covered transplants include but are not limited to: kidney, corneal, liver, heart, and heart/lung transplants; and bone marrow transplants for aplastic anemia, leukemia, severe combined immunodeficiency disease and Wiskott-Aldrich Syndrome.

All transplants must be prescribed by your Specialist(s) and Precertified by Oxford’s Medical Director. Additionally, all transplants must be performed at Hospitals that Oxford has specifically approved and designated to perform these procedures.

The Plan will Cover the Hospital and medical expenses, including donor search fees, of the recipient. The Plan will Cover transplant services required by a Participant when the Participant serves as an organ donor **only if the recipient is a Participant.** The medical expenses of a non-Participant acting as a donor for a Participant are not Covered if the non-Participant’s expenses will be covered under another health plan or program. The Plan will cover autologous bone marrow transplants combined with high dose chemotherapy when medically appropriate, for the treatment of: advance neuroblastoma, second remission acute leukemia, relapsed Hodgkin’s disease, relapsed non-Hodgkin’s lymphoma, and metastatic breast cancer or any other diagnosis that Oxford’s Medical Advisory Board determines to be appropriate. Oxford will make the determination of when such treatment is medically appropriate.

The Plan does not Cover travel expenses, lodging, meals or other accommodations for donors or guests.

**N. Home Health Care**
* Precertification required

The Plan Covers care provided in your home by a home health service or agency licensed by the appropriate state agency. The care must be provided by Physician-supervised health professionals pursuant to Your Physician’s written treatment plan and must be in lieu of Hospitalization or confinement in a Skilled Nursing Facility. Home care includes (i) part-time or intermittent nursing care by or under the supervisions of a registered professional nurse (RN), (ii) part-time or intermittent services of a home health aide, (iii) physical, occupational, or speech therapy provided by the home health service or agency, and (iv) medical supplies, drugs and medications prescribed by a Network Physician, and laboratory services by or on behalf of the Home Health Agency to the extent such items would have been Covered during a hospitalization or confinement in a Skilled Nursing Facility.

Home Health Care is limited to the amount of visits shown in your Summary of Coverage. Each visit of up to two hours by a registered nurse or therapist is one visit. Each visit up to four hours by a home health aide is one visit.

O. Chemotherapy

* Precertification required

Chemotherapy is Covered on an inpatient basis in a Hospital or Skilled Nursing Facility, through Home Health care or on an outpatient basis in an outpatient facility. Chemotherapy is also Covered when provided in a Network Physician’s office. When provided in the office, Precertification is not required.

P. Second Opinions

There may be instances when you will disagree with a Provider’s recommended course of treatment. In such cases, you may request that Oxford designate another Provider to render a second opinion. If the first and second opinions do not agree, Oxford will designate another Provider to render a third opinion. After completion of the second opinion process, Oxford will Precertify Covered Services supported by the majority of the Providers reviewing your case. You must pay any Copayment for a second opinion that you request.

If the first opinion concerns a diagnosis of cancer (either negative or positive) or treatment for cancer, you may obtain a second opinion from an Out-of-Network Provider on a Network basis.

Please note: Providers who render a second or third opinion cannot perform the Precertified service. If Oxford Precertifies a service that is recommended by the second (or second and third) Provider, you will be asked to select another Provider to perform the actual service.

A second opinion may be required before Oxford Precertifies a surgical procedure. There will be no cost to you when Oxford requests a second opinion.

Q. Chiropractic Services

The Plan will Cover spinal subluxation and related services when performed by a doctor of chiropractic (“chiropractor”). This includes assessment, manipulation and any modalities.

This benefit remains subject to Medically Necessity. Any Medically Necessary laboratory tests will be Covered in accordance with the terms and conditions of this SPD.

3. Hospital and Other Facility-Based Services
Please remember, in order to receive coverage for any facility based Covered Service, the Covered Service must be Precertified.

**A. Hospital Services** (Excluding Mental Health Services, Alcohol and Substance Abuse)

* Hospital admissions require Precertification. All Precertified admissions to Network Hospitals are Covered on an In-Network basis; regardless of whether or not the admitting Provider is a Network Provider.

**Inpatient Services**: Coverage Hospital Inpatient services for Medically Necessary, *acute-care* includes: semi-private room and board, unlimited days, general nursing care and the following additional facilities, services and supplies: meals and special diets; use of operating room and related facilities; use of intensive care or cardiac care units and related services; X-ray services; laboratory and other diagnostic tests; drugs; medications; biologicals; anesthesia and oxygen services; short-term physical, speech and occupational therapy; radiation therapy; inhalation therapy; chemotherapy; whole blood and blood products; and the administration of whole blood and blood products.

**Inpatient Stay for Lymph Node Dissection or Lumpectomy**: The Plan will Cover Hospital inpatient services for Participants undergoing a lymph node dissection or lumpectomy. Coverage is available for the period of time determined to be Medically Necessary by you and your Physician.

**Autologous Blood Banking Services**: Autologous blood banking services are Covered only when they are being provided in connection with a scheduled, Covered inpatient procedure for the treatment of a disease or injury. In such instances, the Plan will Cover storage fees for what Oxford determines to be a reasonable storage period that is Medically Necessary and appropriate for having the blood available when it is needed.

Routine harvesting and storage of Stem Cells from newborn cord blood is not Covered.

**Outpatient Services**: The Plan Covers the inpatient Hospital services and supplies listed above that can be provided to you while being treated in the outpatient facility. *Please remember*, unless you are receiving preadmission testing, Network Hospitals are not Network Providers for laboratory procedures and tests. *Please note*: lab work and X-rays performed in a Hospital on an outpatient basis do not require Precertification.

**B. Ambulatory Surgery Center**

Coverage is available for Covered surgical procedures performed at Ambulatory Surgical Centers. The Plan also Cover the Covered Services and supplies provided by the Center the day the surgery is performed.

**C. Skilled Nursing Facility**

* This benefit requires Precertification and treatment plan.

The Plan Covers non-custodial services provided in a Skilled Nursing Facility, including care and treatment in a semi-private room, as described in "Hospital Services" above. In addition to Precertification, an admission to a Skilled Nursing Facility must be supported by a treatment plan prepared by your Provider and approved by Oxford. The Plan Covers noncustodial care for the amount of days shown in your Summary of Coverage. Coverage is limited to 100 days per calendar year.

**D. Hospice**

* This benefit requires Precertification for services rendered inpatient or in the home.
Hospice Care is available to Participants who have a prognosis of six months or less to live. Coverage consists of palliative care rather than curative treatment. The Plan Covers a total of 5 visits for supportive care and guidance for the purpose of helping the Participant and the Participant's immediate family cope with the emotional and social issues related to the Participant's death. Hospice Care will be Covered only when provided as part of a Hospice Care program certified by the appropriate state agency. Such certified programs may include Hospice Care delivered by: a Hospital (inpatient or outpatient), Home Health Care Agency, Skilled Nursing Facility or a licensed Hospice facility.

Coverage is not provided for: funeral arrangements, pastoral, financial or legal counseling; homemaker, caretaker or respite care.

4. Alcoholism and Substance Abuse Services

* This benefit requires Precertification.

To receive Network coverage for Covered Services, you must utilize a Network Specialist. All services require Precertification. Services must be provided by Providers who are certified by the appropriate state agency to provide such services and whose programs for such services have been approved by Oxford.

A. Outpatient Services

Outpatient services for the treatment of alcoholism and substance abuse will be Covered in accordance with an individual treatment plan prepared by your Provider. This benefit is limited to the amount of visits shown in your Summary of Coverage. A limited amount of these visits may be used by the Participant’s family.

5. Emergencies

In order to obtain Coverage for Emergencies, you should follow the instructions below, regardless of whether or not you are in the Service Area at the time of the Emergency. Emergencies include Covered Services provided by any health care provider as outlined below:

The Plan defines an Emergency as follows: a serious medical condition or symptom resulting from Injury, Sickness or mental illness, or substance use disorders which: (a) arise suddenly; and (b) in the judgment of a reasonable person, requires immediate care and treatment, generally received within 24 hours of onset, to avoid jeopardy to life or health.

With respect to a pregnant Participant who is having contractions, an emergency exists where: there is inadequate time to affect a safe transfer to another Hospital before delivery; or the transfer may pose a threat to the health or safety of the mother or the unborn child. Some examples of an Emergency are:

Emergencies include, but are not limited to, the following conditions:

- Severe chest pains
- Severe shortness of breath
- Severe or multiple injuries
- Loss of consciousness
- Convulsions
- Severe bleeding
- Poisonings
- Sudden change in mental status (e.g., disorientation)
- Acute pain or conditions requiring immediate attention such as suspected heart attack or
Oxford reserves the right to review all appropriate medical records and make the final decision regarding the existence of an Emergency. Regarding such retrospective reviews, the Plan will Cover only those services and supplies that are Medically Necessary and are performed to treat or stabilize an Emergency condition.

A. Hospital Emergency Room Visits

In the event of an Emergency, seek immediate care at the nearest emergency room or call 911.

Emergency room care is not subject to Oxford’s prior approval. However, only Emergencies, as defined above, are Covered in an emergency room. If you would like assistance assessing the situation, you may call your Network Provider (if applicable). You can also call Oxford’s Medical Management Coordinators or Oxford-On-Call. They are available 24 hours a day, 7 days a week. Your Network Provider or Oxford-On-Call will direct you to the emergency room of a Hospital or other appropriate facility.

Follow-up care provided in a Hospital emergency room is not Covered.

B. Emergency Hospital Admissions

In the event you are admitted to the Hospital, you or someone on your behalf must notify Oxford at the Emergency telephone number listed in the front of this SPD within 48 hours of your admission, or as soon as is reasonably possible.

It is important to remember that only those conditions that meet all of the requirements contained in the definition of Emergency will be Covered as an Emergency. Routine care received in an emergency room is not Covered.

C. Ambulance Services

* This benefit may require Precertification

Ambulance services for life-threatening Emergencies will be Covered. Ambulance services for all other Emergencies will be Covered when Medically Necessary.

The Plan also Covers Prehospital Emergency medical Services. This means the Plan Covers the prompt evaluation and treatment of an Emergency in addition to non-air-borne transportation of the patient.

Inter-facility ambulance transfers will also be Covered if they receive Precertification.

6. Urgent Care

The Plan defines Urgent Care as medical care for a condition that needs immediate attention to minimize severity and prevent complications, but is not an Emergency. Urgent Care is Covered in or out of the Service Area.

If an Urgent Care visit results in an emergency admission, please follow the instructions for Emergency Hospital Admissions described above.

Reimbursement and Copayments

When you receive Covered Services for an Emergency or Urgent Care situation from an Out-of-Network Provider, outside of the Service Area, the Plan will limit reimbursement to the Usual, Customary and
Reasonable Charges for those expenses incurred up to the time the Participant is determined to be able to travel to a Network Provider. UCR is the amount charged or the amount Oxford determines to the reasonable charge, whichever is less, for a particular Covered Service in the geographical area it is performed. Additionally, reimbursement is subject to all applicable Copayments as similar services provided by a Network Provider.

7. Mental Health Services

The Plan Covers diagnosis and treatment of mental, nervous or emotional disorders or ailments received on an outpatient or inpatient basis as described below. For purposes of this SPD, “mental, nervous or emotional disorders or ailments” means Medically Necessary care rendered by an eligible practitioner or approved facility and which, in Oxford’s opinion, is direct predominately at treatable behavioral manifestations of a condition that Oxford determines:

- is a clinically significant behavioral or psychological syndrome, pattern, illness or disorder; and
- substantially or materially impairs a person’s ability to function in one or more major life activities; and
- has been classified as a mental disorder in the current American Psychiatric Association Diagnostic and Statistical Manual or Mental Disorders

A. Outpatient Mental Health Services

* This benefit requires Precertification.

The Plan Covers Mental Health Services received on an outpatient basis from duly licensed psychiatrists or practicing psychologists, certified social workers, or a facility issued an operating certificate by the commission of mental health, a facility operated by the office of mental health, a professional corporation or university faculty practice corporation including:

- Diagnosis
- Treatment planning
- Referral services
- Medication management
- Crisis intervention

B. Inpatient Mental Health Services

* This benefit requires Precertification.

The Plan Covers Mental Health Services received on an inpatient or partial hospitalization basis in a Hospital.

If an Inpatient Stay is required, it is Covered on a semiprivate room basis. If partial hospitalization is Precertified, two partial hospitalization visits may be substituted for one inpatient day.

Active treatment means treatment furnished in conjunction with inpatient confinement for mental, nervous or emotional disorders or ailments that meet standards prescribed pursuant to the regulations of the commission of mental health.

8. Biologically Based Mental Illness

* This benefit requires Precertification.

The Plan Covers diagnosis and treatment of Biologically Based Mental Illnesses for adults and children received on an inpatient, partial hospitalization or outpatient basis. If partial hospitalization is Precertified,
two partial hospitalization visits may be substituted for one inpatient day. Coverage is also provided for children with serious emotional disturbances.

Biologically Based Mental Illnesses are defined as the following:

- Schizophrenia/psychotic disorder
- Major depression
- Bipolar disorder
- Delusional disorder
- Panic disorder
- Obsessive compulsive disorder
- Bulimia and anorexia

Children with serious emotional disturbances are Participants under the age of eighteen who have diagnoses of attention deficit disorders, disruptive behavior disorders, or pervasive development disorders, and where one or more of the following exists:

- Serious suicidal symptoms or other life-threatening self-destructive behaviors;
- Significant psychotic symptoms (hallucinations, delusion, bizarre behaviors);
- Behavior caused by emotional disturbances that placed the child at risk of causing personal injury or significant property damage; or
- Behavior caused by emotional disturbances that placed the child at substantial risk of removal from the household

SECTION 6: EXCLUSIONS AND LIMITATIONS

Unless coverage is specifically provided under this SPD or provided under a rider or attachment to this SPD, the following services and benefits are not Covered.

1. Services which are not Medically Necessary. If there is a dispute between a Provider and Oxford about the Medical Necessity of a service or supply, you or your Provider may appeal Oxford’s decision. Any disputed service or supply will not be Covered during the appeal process.

2. Acupuncture therapy.

3. Unless added to this SPD, alcohol and substance abuse services on an inpatient basis and detoxification are not Covered.

4. An adopted newly born infant’s initial hospital stay if the natural parent has coverage available for the infant’s care.

5. Care for conditions that by federal, state or local law must be treated in a public facility including, but not limited to, commitments for mental illness. Additionally, to the extent allowed by law, the Plan does not Cover care or treatment provided in an Out-of-Network Hospital that is owned or operated by any federal, state or other governmental entity.

6. Comfort or convenience items including, but not limited to: barber services; guest meals and accommodations; telephone, television or radio charges; travel expenses; or take-home supplies. The Plan also does not Cover the purchase or rental of household fixtures or equipment including, but not limited to: escalators; elevators; swimming pools; exercise cycles; treadmills, weight training or muscle strengthening equipment; air purifiers; air conditioners; water purifiers; allergenic pillows, mattresses or waterbeds.

7. Cosmetic, reconstructive or plastic surgery that is done for a condition that does not meet the specific criteria stated in “Reconstructive and Corrective Surgery,” including but not limited to:
cosmetic surgery, plastic or reconstructive surgery which is performed primarily to improve the appearance of any portion of the body including but not limited to: surgery for sagging or extra skin; any augmentation or reduction procedure (e.g., mammoplasty); liposuction; rhinoplasty and rhinoplasty done in conjunction with Covered nasal or Covered sinus surgery. Complications of such surgeries are Covered only if they are Medically Necessary and are otherwise Covered. Remedial work is not Covered.

8. Court ordered services or services that have been ordered as a condition of probation or parole. However, these services may be Covered if Oxford agrees that the services are Medically Necessary, are otherwise Covered, the Participant has not exhausted their benefit for the contract/calendar year, and the treatment is provided in accordance with our policies and procedures.

9. Custodial care, domiciliary care, long-term care, maintenance care, adult day care or rest cures. The Plan does not Cover room, board, nursing care or personal care which is rendered to assist a Participant who, in Oxford’s opinion, has reached the maximum level of physical or mental function possible and will not make further significant clinical improvement.

10. Services in connection with elective cosmetic surgery. The Plan does not cover cosmetic surgery, except that cosmetic surgery shall not include reconstructive surgery when such services is incidental to or follows surgery resulting from trauma, infection or diseases of the involved part, and reconstructive surgery because of congenital disease or anomaly of a covered Dependent which has resulted in a functional defect.

11. Dental services related to the care, filling, removal or replacement of teeth and the treatment of injuries or diseases of the teeth, gums and temporomandibular joint, including, but not limited to: apicoectomy, orthodontics, root canals, soft tissue impaction, temporomandibular joint dysfunction therapy, alveolectomy, and treatment of periodontal disease or orthognathic surgery. As described in "Oral Surgery," only dental services required to treat accidental injury of sound, natural teeth are Covered.

12. The following are not Covered as diabetic services or supplies: services or supplies that are not both Medically Necessary and prescribed by the Participant’s Physician or qualified health professional; membership in health clubs, diet plans or clubs even if recommended by a Physician or any other provider for purpose of losing weight; any counseling or courses in diabetes management other than as described as Covered under this SPD; stays at special facilities or spas for the purpose of diabetes education/management; special foods, diet aids and supplements related to dieting.

13. Durable Medical Equipment (other than as specifically Covered under this SPD. The Plan also does not Cover: TENS units (except as Covered under Durable Medical Equipment); blood pressure monitoring devices; car seats; arch supports; cervical collars; corrective shoes; false teeth; hearing aids; tilt tables; electronic communication devices; in-flight oxygen for non-emergency travel; special supplies or equipment; or special appliances.

14. Experimental, investigational or ineffective surgical or medical treatments, procedures, drugs, or research studies including, but not limited to: transplants, stem cell retrieval, cancer chemotherapy protocols, AIDS clinical trials or I.V. therapies that are not recognized as acceptable medical practice and any such services where federal or other governmental agency approval is required but has not been granted. Oxford will make the determination as to whether the requested service is excluded in accordance with this provision. In certain instances, such procedures may be Covered if they are approved in advance by Oxford’s Medical Advisory Board and provided in accordance with the provisions of this SPD. Under no circumstances will the Plan Cover autologous bone marrow transplants combined with high dose chemotherapy.
except, when medically appropriate, for the treatment of: advanced neuroblastoma, second remission acute leukemia, relapsed Hodgkin's disease, relapsed non-Hodgkin's lymphoma, and metastatic breast cancer or any other diagnosis that Oxford’s Medical Advisory Board determines to be appropriate. Such treatment must be approved in advance by Oxford’s Medical Advisory Board and provided in accordance with the provisions of this SPD.

15. Improper use of an emergency room or emergency admissions. Routine care and treatment for conditions that Oxford determines were not Emergencies, when received in an emergency room, are not Covered.

16. Infertility treatments and supplies (except as otherwise Covered under this SPD), even if the treatment or supply is for a purpose other than the correction of infertility. The following services and supplies are not Covered: cost for an ovum donor or donor sperm, sperm storage costs, chromosomal analyses, testicular biopsy, elective abdominal surgeries related to lysis of adhesions or asymptomatic varicoceles, radiographic imaging to determine tubal patency; blood analyses related to immunological diagnosis of infertility, cryopreservation and storage of embryos (unless the Participant has not yet reached her lifetime limit of four egg retrievals), in-vitro services for women who have undergone tubal ligation, any infertility services if the male has undergone a vasectomy and all costs for and relating to surrogate motherhood (maternity services are Covered for Participants acting as surrogate mothers). The Plan also does not Cover services to reverse voluntary sterilization. Treatment of an underlying medical condition will not be denied (if the treatment is otherwise covered under the SPD) solely because the medical condition results in infertility.

17. Learning and behavioral disorders. Services for the evaluation or treatment (including remedial education) of: learning disabilities or minimal brain dysfunction; mental retardation; developmental and learning disorders or behavioral problems. The Plan also does not Cover behavioral training, visual perceptual or visual motor training related to learning disabilities or cognitive rehabilitation. Behavioral and learning disorders related to congenital abnormalities such as Down’s Syndrome are not Covered.

18. When Medicare is the primary payor, the Plan Covers the Services provided by this SPD only to the extent they are not Covered under Medicare.

19. Services and treatment provided in a government facility, i.e., military service-related injuries.

20. No-fault automobile insurance. Any Covered Services that are payable as personal injury benefits under mandatory no-fault automobile insurance.

21. Non-eligible institutions. Any services or supplies furnished by a non-eligible institution, which is defined as other than a Hospital or Skilled Nursing Facility, and which is primarily a place of rest, a place for the aged, or any similar institution, regardless of how denominated.

22. No-show charges. If a Provider charges a fee for a missed appointment, you will be responsible for the payment of the fee.

23. Occupational conditions, ailments, or injuries arising out of and in the course of employment. Such conditions, ailments or injuries are not Covered if they are subject to coverage, in whole or in part, under any workers' compensation, occupational disease or similar law. This applies even if the Participant's rights have been waived or qualified.

24. Outpatient Prescription Drugs.

25. Private or special duty nursing.
26. Rehabilitation services or physical therapy on a long-term basis. Speech or occupational therapy to correct a condition that is not the result of a disease, injury or a congenital defect for which surgery has been performed.

27. Routine foot care including nail trimming, corn and callous removal, cleaning, soaking or any other hygienic maintenance or care.

28. Services for which the day or visit limit identified in the Summary of Coverage has been met.

29. Services performed in connection with conditions not classified in the current edition of the Diagnostic and Statistical Manual of the American Psychiatric Associate.

30. Services, solely because such services are ordered by a court.

31. Sex, marital or religious counseling, including sex therapy and treatment of sexual dysfunction.

32. Sex Transformations. Any procedure or treatment designed to alter the physical characteristics of a Participant from the Participant's biological sex to those of the opposite sex regardless of any diagnosis of gender role or psychosexual orientation problems.

33. Special foods and diets, supplements, vitamins and enteral feedings, except as what is otherwise outlined in this SPD. When coverage of special foods, diets and enteral feedings are available, it is subject to periodic review for Medical Necessity. Infant formulas are not Covered.

34. Special medical reports not directly related to treatment. Appearances in court or at a hearing.

35. Third party requests for physical examinations, diagnostic services and immunizations in connection with: obtaining or continuing employment; obtaining or maintaining any license issued by a municipality, state or federal government; obtaining insurance coverage; foreign travel; school admissions or attendance including examinations required for participation in athletic activities. Court ordered psychological or behavioral evaluations or counseling related to marital disputes, divorce proceedings, or child custody proceedings are not Covered.

36. Transplant services required by a Participant when the Participant serves as an organ donor are not Covered unless the recipient is a Participant. The medical expenses of a non-Participant acting as a donor for a Participant are not Covered if the non-Participant's expenses will be covered under another health plan or program. Donor fees in connection with organ transplant surgery are excluded. The Plan does not Cover travel expenses, lodging, meals or other accommodations for donors or guests. Transplants performed in facilities other than those designated by Oxford for the transplant procedure are not Covered.

37. Treatment provided in connection with services for individuals who are presently incarcerated, confined or committed to a local correctional facility or prison, or a custodial facility for youth operated by the office of children and family services.

38. Coverage outside of the United States. No coverage is available outside of the United States if the Participant traveled out of the country to obtain medical treatment, drugs or supplies. Additionally, the Plan will not Cover any treatment, drugs or supplies that are unavailable or illegal in the United States.

When a Participant is traveling for other purposes, only Emergencies and Urgent Care will be Covered outside of the United States (with the exception of Canada, Mexico and U.S. possessions)
39. Temporomandibular joint syndrome. Dental procedures and appliances for the treatment of temporomandibular joint syndrome or craniomandibular pain syndrome. Surgical and nonsurgical medical procedures are Covered if Precertified and approved by Oxford’s Medical Director.

40. Unnecessary Care. In general, the Plan will not Cover any health care service that in Oxford’s sole judgment, determines is not Medically Necessary. If an external appeal agent certified by the State overturns Oxford’s denial, however, the Plan shall Cover the procedure, treatment, service, pharmaceutical product, or durable medical equipment for which coverage has been denied, to the extent that such procedure, treatment, service, pharmaceutical product, or durable medical equipment is otherwise Covered under the terms of this SPD.

41. Any charges by an Out-of-Network Provider for Covered Services that are in excess of Oxford’s Fee Schedule are excluded from coverage and are the Participant's responsibility.

42. Eyeglasses and examination for the prescription of fitting thereof, unless added through supplemental coverage.

43. Wigs, or any other appliance or procedure related to hair loss regardless of the disease or injury causing the hair loss (except following chemotherapy).

44. Weight Control. All services, supplies, programs and surgical procedures for the purpose of weight control.

45. Any service, supply or treatment not specifically listed in this SPD as a Covered Service, supply or treatment. Any supply or treatment for which the Participant has no legal obligation to reimburse the Provider. Any supply or treatment provided by a Participant of the Participant’s family (mother, step-mother, father, step-father, sister, step-sister, brother, step-brother, any “in-law,” aunt, uncle, niece, nephew or cousin).

SECTION 7: OTHER IMPORTANT DOCUMENTS

Please check with your Plan Administrator to make sure you have the most recent documents concerning your coverage under the Plan.

Summary of Coverage

In order to receive Covered Services under this SPD, the Plan may require that you pay a set dollar amount Copayment or Coinsurance to the Provider who supplied the Covered Services. In addition, certain other charges may be applied. You will receive a Summary of Coverage that will explain all of the applicable Copayments, Coinsurance, Deductibles and other similar features of your Plan. It will also list specific limitations on visits, days and dollar amounts for the benefits that are provided by the Plan. Please check with your Plan Administrator to make sure you have the most recent Summary of Coverage under the Plan.

SECTION 8: PARTICIPANT RIGHTS AND RESPONSIBILITIES

What Are My Rights as a Participant?

As a Participant you have the following rights:
1. The right to obtain complete and current information concerning a diagnosis, treatment and prognosis from any Network Provider in terms that you or your authorized representative can readily understand. You have the right to be given the name, professional status and function of any personnel delivering Covered Services to you.

You have the right to receive all information from a Network Provider necessary for you to give your informed consent prior to the start of any procedure or treatment.

You also have the right to refuse treatment to the extent permitted by law. Oxford and your PCP will make every effort to arrange a professionally acceptable alternative treatment. However, if you still refuse the recommended treatment and Oxford and your Network Provider believe no professionally acceptable alternative exists, Oxford will not be responsible for the cost of further treatment for that condition. You will be notified accordingly.

If a Participant is not capable of understanding any of this information, an explanation will be provided to his or her guardian, designee or a family Participant.

2. The right to be provided with information about Oxford’s services, policies, procedures, grievance and appeal procedures and Oxford’s Network Providers that accurately provides relevant information in a manner that is easily understood.

3. The right to quality health care services, provided in a professional manner that respects your dignity and protects your privacy. You also have the right to participate in decision-making regarding your health care.

4. The right to privacy and confidentiality of your health records, except as otherwise provided by law or contract. You have the right to all information contained in your medical records unless access is specifically restricted by the attending physician for medical reasons.

5. The right to initiate disenrollment from the Plan.

6. The right to file a formal grievance or appeal if complaints or concerns arise about Oxford’s medical or administrative services or policies.

7. The right, when Medically Necessary, to emergency care without unnecessary delay.

8. The right to be advised if any of the Network Providers participating in your care propose to engage in or perform human experimentation or research affecting your care or treatment. You or a legally responsible party on your behalf may, at any time, refuse to participate in or to continue in any experimentation or research program to which you have previously given informed consent.

9. The right to sign-language interpreter services in accordance with applicable laws and regulations, when such services are necessary to enable you as a person with special communication needs to communicate effectively with your provider.

What Are My Responsibilities?

Your Responsibilities Include:

1. To enter into this Plan with the intent of following the policies and procedures as outlined in this SPD.

2. To take an active role in your health care through maintaining good relations with your Provider and following prescribed treatments and guidelines.
3. To provide, to the extent possible, information that professional staff need in order to care for you as a Participant.

4. To use the emergency room only as described in this SPD.

5. To notify the proper Plan representative of any change in name, address or any other important information.

SECTION 9: CLAIMS PROCEDURES

What this section includes:

- How Network and Out-of-Network claims work; and
- What to do if your claim is denied, in whole or in part.

Network Benefits

In general, if you receive Covered Services from a Network provider, Oxford will pay the Physician or facility directly. If a Network provider bills you for any Covered Service other than your Copay or Coinsurance, please contact the provider or call the Customer Service phone number on your ID card for assistance.

Keep in mind, you are responsible for meeting the Annual Deductible and paying any Copay or Coinsurance owed to a Network provider at the time of service, or when you receive a bill from the provider.

If you receive Covered Services from a Network Provider but not in accordance with the terms and conditions of this SPD, coverage will be provided as described in this SPD. When you see a Network Provider under these circumstances, the Covered Services will be treated as if they were delivered by an Out-of-Network Provider, and you must file a claim as described below.

Out-of-Network Benefits

If you receive a bill for Covered Services from an Out-of-Network provider, you (or the provider if they prefer) must send the bill to Oxford for processing. To make sure the claim is processed promptly and accurately, a completed claim form must be attached and mailed to Oxford at the address on the back of your ID card.

How to Submit A Claim

You can obtain a claim form by visiting oxfordhealthplans.com, calling the toll-free Customer Service number on your ID card or contacting your Plan Administrator. If you do not have a claim form, simply attach a brief letter of explanation to the bill, and verify that the bill contains the information listed below. If any of these items are missing from the bill, you can include them in your letter:

- your name and address;
- the patient's name, age and relationship to the Participant;
- the number as shown on your ID card;
- the name, address and tax identification number of the provider of the service(s);
- a diagnosis from the Physician;
- the date of service;
- an itemized bill from the provider that includes:
  - a description of, and the charge for, each service;
  - the date the Sickness or Injury began; and
  - a statement indicating either that you are, or you are not, enrolled for coverage under any other
    health insurance plan or program. If you are enrolled for other coverage you must include the
    name and address of the other carrier(s).

Failure to provide all the information listed above may delay any reimbursement that may be due you.

The above information should be filed with us at the address on your ID card. When filing a claim for
outpatient Prescription Drug Benefits, submit your claim to the pharmacy benefit manager claims address
noted on your ID card.

Payment Options

When you receive Covered Services from an Out-of-Network Provider, the Plan will reimburse you and
you will then be responsible for reimbursing the Provider. You may not assign the right to
reimbursement under this SPD to an Out-of-Network Provider without Oxford’s consent. However, in
Oxford’s discretion, the Plan may pay an Out-of-Network Provider directly.

Limitations

All requests for reimbursement must be made within 90 days of the date Covered Services were rendered.
Failure to request reimbursement within the required time will not invalidate or reduce any claim if it was
not reasonably possible to provide such proof within the 90-day period. However, such request must be
made as soon as reasonably possible thereafter. Under no circumstances will the Plan be liable for a claim
that is submitted more than six months after the date services were rendered, unless you are legally
incapacitated and unable to submit the request. All reimbursements to Out-of-Network Providers are
subject to UCR unless you were referred to an Out-of-Network Provider by your PCP or Oxford.

If You Receive a Bill From a Network Provider

The cost of Covered Services provided by Network Providers in accordance with the terms of this SPD
will be billed directly to Oxford. No claim forms are necessary.

If you should receive a bill from a Network Provider for Covered Services, please contact the
Customer Service Department immediately.

Claim Information

Please allow up to 30 business days for the processing of Network claims. Claims for Out-of-
Network Covered Services will be paid within 60 business days after Oxford receives proof of
the claim.

If necessary, Oxford’s Claims Department will contact you for more information regarding your claim in
order to speed up the processing. If you would like to inquire about the status of a claim, call the
"Claims" telephone number list in the front of this SPD. Please have the date of service and your ID number ready.

**Explanation of Benefits (EOB)**
You may request that Oxford send you a paper copy of an Explanation of Benefits (EOB) after processing the claim. The EOB will let you know if there is any portion of the claim you need to pay. If any claims are denied in whole or in part, the EOB will include the reason for the denial or partial payment. If you would like paper copies of the EOBs, you may call the toll-free Customer Service number on your ID card to request them. You can also view and print all of your EOBs online oxfordhealthplans.com.

**Limitation of Action**
You cannot bring any legal action against the Plan Administrator or the Claims Administrator for any other reason unless you first complete all the steps in the appeal process described in this section. After completing that process, if you want to bring a legal action against the Plan Administrator or the Claims Administrator you must do so within three years of the date you are notified of the final decision on your appeal or you lose any rights to bring such an action against the Plan Administrator or the Claims Administrator.

**Claim Denials and Appeals**
The Plan’s Grievance Procedure provides for a meaningful, dignified and confidential procedure to hear and resolve Grievances between Participants, Oxford and, when necessary, Network Providers. This Grievance Procedure also assures that Grievances are handled in a timely manner.

To make this process more accessible to non-English speaking Participants, Oxford will arrange to have an interpreter available who speaks your language. Because the interpreter will be an employee of an independent translating service, Oxford’s ability to provide this service depends on the availability of the interpreter. Oxford may need to arrange to call you at a time when an appropriate interpreter is available. Additionally, you always have the right to designate a representative to represent you during the Grievance Procedure. You must provide us with a written consent in order for the designee to act on your behalf. A copy of the Grievance Procedure is available in many languages. Depending on availability, a copy in your language can be forwarded to you upon your request.

**IMPORTANT:** All Complaints and First Level Appeals must be initiated **180 days** from the receipt of the Explanation of Benefits, Denial Notice, or of the date when the Participant became aware of the issue that initiated the Complaint or Appeal.

**Grievance Overview**
Grievance and Complaints are classified into two categories. The category of the specific issue will determine which process you will need to follow in resolving your issue. The two categories are:

**Benefit/Administrative Issues** – The types of items that fall under this category include, but are not limited to, problems with any of Oxford’s administrative policies, issues concerning access to providers, denials based on benefit exclusions or limitations, claims payment disputes, and administrative inquiries.

**Utilization Review Issues** – This category includes those items, which concern Medically Necessary determinations. The Utilization Review category also includes determinations involving treatment or services that are considered “Experimental or Investigational.”

**I. Grievance Procedure for Benefit/Administrative Issues**
**A. Timeframes for Initial Determinations for Benefit/Administrative Issues**

1. A request for Service (Pre-Service); Oxford will inform you and your Provider of Oxford’s decision, by telephone and in writing, no later than 15 days from receipt of the request.

2. Coverage for a service already rendered; (Post-Service); Oxford will inform you of Oxford’s decision within 30 days of Oxford’s receipt of the claim.

3. A request for Urgent Care; Oxford will inform You or your provider, Subject to Medical Appropriateness, not later than 72 hours after the receipt of the claim. This includes any claim for medical service that if subjected to the standard time frames, could seriously jeopardize the life or health of the covered person, or the ability to regain maximum function, or in the opinion of a physician with knowledge of the Participant’s condition, would subject the Participant to severe pain that cannot be adequately managed without the care or treatment that is the subject of the determination.

**Please Note:** The Grievance Procedure described below should be used when you have a problem with any of Oxford’s policies, procedures or determinations (Oxford’s administrative procedures, access to providers, failure to use a Network Provider, Covered benefits under the SPD, etc.) except for issues concerning Medical Necessity. All issues concerning Oxford’s determination of Medical Necessity must be resolved through the Grievance Procedure for Utilization Review Issues process described in Section II.

There are two basic elements to the Grievance Procedure for Benefit/ Administrative Issues for Participants, Complaints and Appeals, as described below:

**B. If Your Claim is Denied**

**Complaints**

If a claim for Benefits is denied in part or in whole, you may call Oxford at the Customer Service number on your ID card before requesting a formal appeal. If Oxford cannot resolve the issue to your satisfaction over the phone, you have the right to file a formal appeal as described below.

**How to Appeal a Denied Claim**

If you wish to appeal a denied pre-service request for Benefits or post-service claim as described below, you or your authorized representative must submit your appeal in writing within 180 days of receiving the adverse benefit determination. You do not need to submit Urgent Care appeals in writing. This communication should include:

- the patient's name and ID number as shown on the ID card;
- the provider's name;
- the date of medical service;
- the reason you disagree with the denial; and
- any documentation or other written information to support your request.

You or your authorized representative may send a written request for an appeal to:

Oxford Health Plans  
Issue Resolution Department  
P.O. Box 7081  
Bridgeport, CT 06601-7081
Grievance Review Board
48 Monroe Turnpike
Trumbull, CT 06611

Medical Management Appeals
Oxford Health Plans
P.O. Box 7078
Bridgeport, CT 06601

For Urgent Care requests for Benefits that have been denied, you or your provider can call Oxford at the toll-free Customer Service number on your ID card to request an appeal.

### Types of claims

The timing of the claims appeal process is based on the type of claim you are appealing. If you wish to appeal a claim, it helps to understand whether it is an:

- urgent care request for Benefits;
- pre-service request for Benefits;
- post-service claim; or
- concurrent claim.

### Review of an Appeal

When the Appeal Administrator receives your appeal, it will assign an Appeal Coordinator to manage your appeal throughout the appeal process. The Appeal Administrator will send you a letter identifying your Appeal Coordinator. That letter will include detailed information on the appeal process. Your Appeal Coordinator is available to answer any questions you may have about your appeal. Feel free to contact your Appeal Coordinator if you have any questions or concerns about the appeal process.

A qualified individual who was not involved in the decision being appealed will be appointed to decide the appeal. If your appeal is related to clinical matters, the review will be done in consultation with a health care professional with appropriate expertise in the field who was not involved in the prior determination. The Appeal Administrator may consult with, or seek the participation of, medical experts as part of the appeal resolution process. You consent to this referral and the sharing of pertinent medical claim information. Upon your request and free of charge, you have the right to reasonable access to (including copies of) all documents, records, and other information relevant to your claim for Benefits.

Oxford will conduct a full and fair review of your appeal. The appeal may be reviewed by:

- an appropriate individual(s) who did not make the initial benefit determination; and
- a health care professional with appropriate expertise who was not consulted during the initial benefit determination process.

Once the review is complete, if Oxford upholds the denial, you will receive a written explanation of the reasons and facts relating to the denial and information on how to file a Second level Appeal.

### Filing a Second Appeal

Your Plan offers two levels of appeal. If you are not satisfied with the first level appeal decision, you have the right to request a second level appeal from Oxford within 60 days from receipt of the first level appeal determination. Oxford will acknowledge the receipt of your Appeal within 15 business days of the receipt of the Appeals requests. The acknowledgement will include the name, address and telephone
number of the individual who has been designated to investigate your Appeal and indicate if any additional information is needed.

The Appeal Coordinator will make its decision on the Second Level Appeal within 15 days after receiving the completed appeal for a pre-service denial and 30 days after receiving the completed post-service appeal. The Appeal Coordinator will rule that either the Appeal is valid and recommend corrective action to resolve the matter or rule that the Appeal is without merit and does not require further action.

Note: Upon written request and free of charge, any Covered Persons may examine documents relevant to their claim and/or appeals and submit opinions and comments. Oxford will review all claims in accordance with the rules established by the U.S. Department of Labor.

II. Grievance Procedure for Utilization Review Issues

Please Note: This procedure must be used whenever your issue concerns Oxford’s determination that a Covered Service is not Medically Necessary. Complaints and Appeals concerning all other Non-Medical Necessity determinations will be addressed through the “Grievance Procedure for Benefit/Administration Issues” as described above.

A. Utilization Review

Covered Services are subject to Utilization Review. This means that our Medical Management Department reviews pertinent medical information in order to determine whether or not the proposed service (request for Precertification), the service currently being provided (“Concurrent Review”), or the service that was provided (“Retrospective Review”) is a Covered Service under this SPD and Medically Necessary. If any of the following occur because Oxford has made the determination that such service is not Medically Necessary (“Adverse Determination”), you may appeal that determination:

- A request for Precertification. Oxford will inform you and your Provider of its decision, by telephone and in writing, no later than 2 business days from receipt of the necessary information.

- Coverage for a current service for a Participant in an ongoing course of treatment. Oxford will inform you and/or your Provider of its decision, by phone and in writing, within 1 business day of our receipt of all necessary information; Coverage for an urgent current service for a Participant in an ongoing course of treatment shall be decided as soon as possible, taking into account the medical exigencies, Oxford will notify the claimant of the benefit determination, whether adverse or not, within 24 hours after receipt of the claim by the plan, provided that any such claim is made to the plan at least 24 hours prior to the expiration of the prescribed period of time or number of treatments.

- Coverage for a service already received is denied (Retrospective Review). Oxford will inform you of its decision within 30 days of Oxford’s receipt of the claim. The timeframes stated in this section might change if Oxford needs additional information from you in order to process your claim, or request for Precertification.

- A request for Service (Pre-Service): Oxford will notify you or your provider within 2 business days that there is a lack of information to process your request for service. You will have up to 45 days to provide the additional information. The 45 day period is calculated from the date you receive Oxford’s request for information. A determination will be rendered within 2 business days of receipt of the additional information, if received within 45 days, or 15 days from the expiration of the period of time allowed to provide the information.

Oxford will notify you or your provider within 30 days that there is a lack of information to process
your claim for a service already rendered. You will have up to **45 days** to provide the additional information. The **45 day** period is calculated from the date you receive Oxford’s request for information. A determination will be rendered within **15 days** of receipt of the additional information, if received within 45 days, or **15 days** from the expiration of the period of time allowed to provide the information.

- **A request for Urgent Care:** For Urgent Care Services, information will be requested by Oxford within **24 hours** of receipt of the request; you will have **48 hours** to provide Oxford with the information necessary to complete your request for service. Oxford will render a decision within **48 hours** of receipt of the information, or the expiration of the original request for additional information, whichever is sooner.

In all cases, if no information is received within the required timeframes, the claim or request for service will be denied.

### B. Appeal Procedure for Utilization Review Issues

Adverse Determinations relating to Precertification and Concurrent Review may be appealed by the Participant’s Provider, Participant or the Participant’s designee. You must provide us with a written consent in order for the designee to act on your behalf.

Retrospective Adverse Determinations may be appealed by either the Participant, the Participant’s designee or the Participant’s Provider.

All Appeals may be initiated either in writing or by telephone. Clinical personnel who did not participate in the initial review will review all Appeals.

#### First Level Appeal

After you are informed of the Adverse Determination, you, your designee or your Provider (if applicable) have up to **180 days** to initiate the Appeal process. The person initiating the Appeal must write or telephone Oxford within this **180-day** period. To initiate an Appeal, please call Customer Services at 1-800-444-6222 or write to Clinical Appeals Department at P.O. Box 7078, Bridgeport, CT 06601-7078. Oxford will acknowledge the receipt of Your Appeal within **5 business days** of the receipt of the Appeal requests. The acknowledgment will include the name, address and telephone number of the individual who has been designated to investigate your Appeal.

Oxford will advise you, your designee, or Provider (if applicable) of its decision:

1. Not later than **5 business days** from the Clinical Appeals Department’s receipt of an Appeal for services that have already been received or for the request for Precertification or Concurrent Care
2. Not later than **72 hours** of receipt of a request for Urgent Precertification or Concurrent services.

If the Adverse Determination is upheld, you will receive written or electronic notification. Oxford’s response will include its decision on the Appeal as well as the detailed reasons for the decision, along with references to any applicable specific plan provisions on which the benefit determination was based. It will also include information on how to file a Second Level Appeal, along with information on how to obtain information relevant to the claimant’s claim for benefits. If you disagree with the First Level Appeal determination you may appeal to the Grievance Review Board described below under Second Level Appeal.

#### Second Level Appeal

If you are still dissatisfied with the results after the First Level Appeal has been completed, you or your designee may file your written Appeal with the Grievance Review Board (“the Board”). This Appeal must be filed within **60 business days** of the date on which you received notice of the First Level Appeal
determination letter. Oxford will respond to the receipt of the Participant’s appeal within **10 business days** of receipt of the Appeal request. The response will include the name, address, and telephone number of the individual who has been designated to investigate your Appeal.

“The Board” will make its decisions not later than:

- **30 business days** from the Board’s receipt of an Appeal for services that has already been received.
- **15 calendar days** from the Board’s receipt of an Appeal for the request for Precertification or Concurrent Care.
- **72 hours** of receipt of a request for Urgent Precertification or Concurrent services.

Oxford may extend the review period for up to an additional **20 business days** when there is a reasonable cause for delay beyond Oxford’s control. Written notification to the Participant and Provider will be sent within the original **20 business days** notifying the Participant of the extended timeframe.

The Board will:

1. Rule that the Appeal is valid and recommend corrective action to resolve the matter; or
2. Rule that the Appeal is without merit and does not require further action.

You will receive written notice of the Board's decision. The written notice will include detailed reasons for the determination and clinical rationale when applicable, along with references to any applicable specific plan provisions on which the benefit determination was based. It will also include information on the Participant’s right to file an External Appeal, along with any forms required to initiate such an appeal.

The ruling of the Grievance Review Board will be the Plan’s final position.

All information pertaining to each initial Adverse Determination and Appeal will be fully documented, and Oxford will retain such records for at least three years.

In the event Oxford fails to comply with any of the deadlines for completion of the internal utilization management determination appeals, or in the event that the Plan for any reason expressly waives its rights to an internal review of any appeal, then the Participant and /or provider shall be relieved of his or her obligation to complete the Plan internal review process and may at his or her option, proceed directly to the External Appeal Process.

**Employee Retirement Income Security Act (ERISA) Rights:**

After all levels of Appeals have been completed, the Participant may have the right to file a civil action under 502(a) of the Employee Retirement Income Security Act. ERISA rights do not apply if the Participant’s coverage for health benefits was:

1. Obtained through employment with a church or government group; or
2. Purchased as an individual plan from Oxford.

**SECTION 10: COORDINATION OF BENEFITS**

| What this section includes: | 47 |
Coordination of Benefits (COB) applies to you if you are covered by more than one health benefits plan, including any one of the following:

- another employer sponsored health benefits plan;
- a medical component of a group long-term care plan, such as skilled nursing care;
- no-fault or traditional "fault" type medical payment benefits or personal injury protection benefits under an auto insurance policy;
- medical payment benefits under any premises liability or other types of liability coverage; or
- Medicare or other governmental health benefit.

If coverage is provided under two or more plans, COB determines which plan is primary and which plan is secondary. The plan considered primary pays its benefits first, without regard to the possibility that another plan may cover some expenses. Any remaining expenses may be paid under the other plan, which is considered secondary. The secondary plan may determine its benefits based on the benefits paid by the primary plan.

Please note: This Plan does not coordinate benefits with itself.

Determining Which Plan is Primary

If you are covered by two or more plans, the benefit payment follows the rules below in this order:

- this Plan will always be secondary to medical payment coverage or personal injury protection coverage under any auto liability or no-fault insurance policy;
- when you have coverage under two or more medical plans and only one has COB provisions, the plan without COB provisions will pay benefits first;
- a plan that covers a person as an employee pays benefits before a plan that covers the person as a dependent;
- if you are receiving COBRA continuation coverage under another employer plan, this Plan will pay Benefits first;
- your dependent children will receive primary coverage from the parent whose birth date occurs first in a calendar year. If both parents have the same birth date, the plan that pays benefits first is the one that has been in effect the longest. This birthday rule applies only if:
  - the parents are married or living together whether or not they have ever been married and not legally separated; or
  - a court decree awards joint custody without specifying that one party has the responsibility to provide health care coverage;
if two or more plans cover a dependent child of divorced or separated parents and if there is no court decree stating that one parent is responsible for health care, the child will be covered under the plan of:
- the parent with custody of the child; then
- the spouse of the parent with custody of the child; then
- the parent not having custody of the child; then
- the spouse of the parent not having custody of the child;

plans for active employees pay before plans covering laid-off or retired employees;

the plan that has covered the individual claimant the longest will pay first; and

finally, if none of the above rules determines which plan is primary or secondary, the allowable expenses shall be shared equally between the plans meeting the definition of Plan. In addition, this Plan will not pay more than it would have paid had it been the primary Plan.

The following examples illustrate how the Plan determines which plan pays first and which plan pays second.

---

**Determining Primary and Secondary Plan – Examples**

1) Let's say you and your spouse both have family medical coverage through your respective employers. You are unwell and go to see a Physician. Since you're covered as a Participant under this Plan, and as a Dependent under your spouse's plan, this Plan will pay Benefits for the Physician's office visit first.

2) Again, let's say you and your spouse both have family medical coverage through your respective employers. You take your Dependent child to see a Physician. This Plan will look at your birthday and your spouse's birthday to determine which plan pays first. If you were born on June 11 and your Spouse was born on May 30, your spouse's plan will pay first.

---

**When This Plan is Secondary**

If this Plan is secondary it determines the amount it will pay for a Covered Service by following the steps below.

- the Plan determines the amount it would have paid based on the allowable expense.
- if this Plan would have paid less than the primary plan paid, the Plan pays no Benefits.
- if this Plan would have paid more than the primary plan paid, the Plan will pay the difference.

You will be responsible for any Copay, Coinsurance or Deductible payments as part of the COB payment. The maximum combined payment you can receive from all plans may be less than 100% of the total allowable expense.

**Determining the Allowable Expense If This Plan is Secondary**

If this Plan is secondary, the allowable expense is the primary plan's Network rate. If the primary plan bases its reimbursement on reasonable and customary charges, the allowable expense is the primary plan's reasonable and customary charge. If both the primary plan and this Plan do not have a contracted rate, the allowable expense will be the greater of the two plans’ reasonable and customary charges.

---

When the provider is a Network provider for both the primary plan and this Plan, the allowable expense is the primary plan’s network rate. When the provider is a network provider for the primary plan and an
Out-of-Network provider for this Plan, the allowable expense is the primary plan’s network rate. When the provider is an Out-of-Network provider for the primary plan and a Network provider for this Plan, the allowable expense is the reasonable and customary charges allowed by the primary plan. When the provider is an Out-of-Network provider for both the primary plan and this Plan, the allowable expense is the greater of the two Plans’ reasonable and customary charges.

**What is an allowable expense?**
For purposes of COB, an allowable expense is a health care expense that is covered at least in part by one of the health benefit plans covering you.

**When a Covered Person Qualifies for Medicare**

**Determining Which Plan is Primary**
To the extent permitted by law, this Plan will pay Benefits second to Medicare when you become eligible for Medicare. There are, however, Medicare-eligible individuals for whom the Plan pays Benefits first and Medicare pays benefits second:

- employees with active current employment status age 65 or older and their Spouses age 65 or older; and
- individuals with end-stage renal disease, for a limited period of time.

**Determining the Allowable Expense When This Plan is Secondary to Medicare**
If this Plan is secondary to Medicare, the Medicare approved amount is the allowable expense, as long as the provider accepts Medicare. If the provider does not accept Medicare, the Medicare limiting charge (the most a provider can charge you if they don't accept Medicare) will be the allowable expense.
Medicare payments, combined with Plan Benefits, will not exceed 100% of the total allowable expense.

**Right to Receive and Release Needed Information**
Certain facts about health care coverage and services are needed to apply these COB rules and to determine benefits payable under this Plan and other plans. Oxford may get the facts needed from, or give them to, other organizations or persons for the purpose of applying these rules and determining benefits payable under this Plan and other plans covering the person claiming benefits.

**Oxford does not need to tell, or get the consent of, any person to do this. Each person claiming benefits under this Plan must give Oxford any facts needed to apply those rules and determine benefits payable. If you do not provide Oxford the information needed to apply these rules and determine the Benefits payable, your claim for Benefits will be denied.**

**Overpayment and Underpayment of Benefits**
If you are covered under more than one medical plan, there is a possibility that the other plan will pay a benefit that the Plan should have paid. If this occurs, the Plan may pay the other plan the amount owed.

If the Plan pays you more than it owes under this COB provision, you should pay the excess back promptly. Otherwise, St. John’s University may recover the amount in the form of salary, wages, or benefits payable under any Company-sponsored benefit plans, including this Plan. The Company also reserves the right to recover any overpayment by legal action or offset payments on future Eligible Expenses.

If the Plan overpays a health care provider, Oxford reserves the right to recover the excess amount, by legal action if necessary.
Refund of Overpayments
If St. John’s University pays for Benefits for expenses incurred on account of a Covered Person, that Covered Person, or any other person or organization that was paid, must make a refund to St. John’s University if:

- all or some of the expenses were not paid by the Covered Person or did not legally have to be paid by the Covered Person;
- all or some of the payment St. John’s University made exceeded the Benefits under the Plan; or
- all or some of the payment was made in error.

The refund equals the amount St. John’s University paid in excess of the amount that should have been paid under the Plan. If the refund is due from another person or organization, the Covered Person agrees to help St. John’s University get the refund when requested.

If the Covered Person, or any other person or organization that was paid, does not promptly refund the full amount, St. John’s University may reduce the amount of any future Benefits for the Covered Person that are payable under the Plan. The reductions will equal the amount of the required refund. St. John’s University may have other rights in addition to the right to reduce future Benefits.

SECTION 11: SUBROGATION AND REIMBURSEMENT

What this section includes:
- How your Benefits are impacted if you suffer a Sickness or Injury caused by a third party.

The Plan has a right to subrogation and reimbursement, as defined below.

Right of Recovery
The Plan has the right to recover benefits it has paid on you or your Dependent’s behalf that were:

- made in error;
- due to a mistake in fact;
- advanced during the time period of meeting the Deductible; or
- advanced during the time period of meeting the Out-of-Pocket Maximum for the calendar year.

Benefits paid because you or your Dependent misrepresented facts are also subject to recovery.

If the Plan provides a Benefit for you or your Dependent that exceeds the amount that should have been paid, the Plan will:

- require that the overpayment be returned when requested, or
- reduce a future benefit payment for you or your Dependent by the amount of the overpayment.

The Plan has the right to recover Benefits it has advanced by:

- submitting a reminder letter to you or a covered Dependent that details any outstanding balance owed to the Plan; and
- conducting courtesy calls to you or a covered Dependent to discuss any outstanding balance owed to the Plan.
Right to Subrogation
The right to subrogation means the Plan is substituted to and shall succeed to any and all legal claims that you may be entitled to pursue against any third party for Benefits that the Plan has paid that are related to the Sickness or Injury for which a third party is considered responsible. Subrogation applies when the Plan has paid on your behalf Benefits for a Sickness or Injury for which a third party is considered responsible, e.g., an insurance carrier if you are involved in an auto accident.

The Plan shall be subrogated to, and shall succeed to, all rights of recovery from any or all third parties, under any legal theory of any type, for 100 percent of any services and Benefits the Plan has paid on your behalf relating to any Sickness or Injury caused by any third party.

Right to Reimbursement
The right to reimbursement means that if a third party causes a Sickness or Injury for which you receive a settlement, judgment, or other recovery from any third party, you must use those proceeds to fully return to the Plan 100% of any Benefits you received for that Sickness or Injury.

Third Parties
The following persons and entities are considered third parties:

- a person or entity alleged to have caused you to suffer a Sickness, Injury or damages, or who is legally responsible for the Sickness, Injury or damages;
- any insurer or other indemnifier of any person or entity who caused the Sickness, Injury or damages;
- St. John’s University in workers’ compensation cases; or
- any person or entity who is or may be obligated to provide you with benefits or payments under:
  - underinsured or uninsured motorist insurance;
  - medical provisions of no-fault or traditional insurance (auto, homeowners or otherwise);
  - workers’ compensation coverage; or
  - any other insurance carrier or third party administrator.

Subrogation and Reimbursement Provisions
As a Covered Person, you agree to the following:

- the Plan has a first priority right to receive payment on any claim against a third party before you receive payment from that third party.
- the Plan's subrogation and reimbursement rights apply to full and partial settlements, judgments, or other recoveries paid or payable to you or your representative, no matter how those proceeds are captioned or characterized. Payments include, but are not limited to, economic, non-economic, and punitive damages. The Plan is not required to help you to pursue your claim for damages or personal injuries, or pay any of your associated costs, including attorneys' fees. No so-called "Fund Doctrine" or "Common Fund Doctrine" or "Attorney's Fund Doctrine" shall defeat this right.
- regardless of whether you have been fully compensated or made whole, the Plan may collect from you the proceeds of any full or partial recovery that you or your legal representative obtain, whether in the form of a settlement (either before or after any determination of liability) or judgment, no matter how those proceeds are captioned or characterized. Proceeds from which the Plan may collect include, but are not limited to, economic, non-economic, and punitive damages. No "collateral source" rule shall limit the Plan’s subrogation and reimbursement rights.
- Benefits paid by the Plan may also be considered to be Benefits advanced.
you will cooperate with the Plan and its agents in a timely manner to protect its legal and equitable rights to subrogation and reimbursement, including:

- complying with the terms of this section;
- providing any relevant information requested;
- signing and/or delivering documents at its request;
- notifying the plan, in writing, of any potential legal claim(s) you may have against any third party for acts which caused Benefits to be paid or become payable;
- responding to requests for information about any accident or injuries;
- appearing at medical examinations and legal proceedings, such as depositions or hearings; and
- obtaining the Plan's consent before releasing any party from liability or payment of medical expenses.

if you receive payment as part of a settlement or judgment from any third party as a result of a Sickness or Injury, and the Plan alleges some or all of those funds are due and owed to it, you agree to hold those settlement funds in trust, either in a separate bank account in your name or in your attorney's trust account. You agree that you will serve as a trustee over those funds to the extent of the Benefits the Plan has paid.

if the Plan incurs attorneys’ fees and costs in order to collect third party settlement funds held by you or your representative, the Plan has the right to recover those fees and costs from you.

you may not accept any settlement that does not fully reimburse the Plan, without its written approval.

upon the Plan’s request, you will assign to the Plan all rights of recovery against third parties to the extent of Benefits the Plan has provided for a Sickness or Injury caused by a third party.

the Plan's rights will not be reduced due to your own negligence.

the Plan may, at its option, take necessary and appropriate action to assert its rights under this section, including filing suit in your name, which does not obligate it in any way to pay you part of any recovery the Plan might obtain.

the provisions of this section apply to the parents, guardian, or other representative of a Dependent child who incurs a Sickness or Injury caused by a third party. If a parent or guardian may bring a claim for damages arising out of a minor's Sickness or Injury, the terms of this subrogation and reimbursement clause shall apply to that claim.

in case of your wrongful death or survival claim, the provisions of this section apply to your estate, the personal representative of your estate, and your heirs or beneficiaries.

no allocation of damages, settlement funds or any other recovery, by you, your estate, the personal representative of your estate, your heirs, your beneficiaries or any other person or party, shall be valid if it does not reimburse the Plan for 100% of its interest unless the Plan provides written consent to the allocation.

your failure to cooperate with the Plan or its agents is considered a breach of contract. As such, the Plan has the right to terminate your Benefits, deny future Benefits, take legal action against you, and/or set off from any future Benefits the value of Benefits the Plan has paid relating to any Sickness or Injury caused by any third party to the extent not recovered by the Plan due to you or your representative not cooperating with the Plan.

if a third party causes you to suffer a Sickness or Injury while you are covered under this Plan, the provisions of this section continue to apply, even after you are no longer a Covered Person.

the Plan and all Administrators administering the terms and conditions of the Plan’s subrogation and reimbursement rights have such powers and duties as are necessary to discharge its duties and
functions, including the exercise of its discretionary authority to (1) construe and enforce the terms of the Plan’s subrogation and reimbursement rights and (2) make determinations with respect to the subrogation amounts and reimbursements owed to the Plan.

Subrogation – Example
Suppose you are injured in a car accident that is not your fault, and you receive Benefits under the Plan to treat your injuries. Under subrogation, the Plan has the right to take legal action in your name against the driver who caused the accident and that driver’s insurance carrier to recover the cost of those Benefits.

SECTION 12: WHEN COVERAGE ENDS

What this section includes:
- Circumstances that cause coverage to end; and
- How to continue coverage after it ends.

Your entitlement to Benefits automatically ends on the date that coverage ends, even if you are hospitalized or are otherwise receiving medical treatment on that date.

When your coverage ends, St. John’s University will still pay claims for Covered Services that you received before your coverage ended. However, once your coverage ends, Benefits are not provided for health services that you receive after coverage ended, even if the underlying medical condition occurred before your coverage ended. When a Participant loses eligibility, his or her Dependents will also become ineligible on that date.

Your coverage under the Plan will end on the earliest of:

- the date your employment with St. John’s University ends;
- the date the Plan ends;
- the date you stop making the required contributions;
- the date you are no longer eligible;
- the date the Claims Administrator receives written notice from St. John’s University to end your coverage, or the date requested in the notice, if later; or
- the date you retire or are pensioned under the Plan, unless specific coverage is available for retired or pensioned persons and you are eligible for that coverage.

Coverage for your eligible Dependents will end on the earliest of:

- the date your coverage ends;
- the date you stop making the required contributions;
- the date the Claims Administrator receives written notice from St. John’s University to end your coverage, or the date requested in the notice, if later;
- the date your Dependents no longer qualify as Dependents under this Plan.

Other Events Ending Your Coverage
The Plan will provide prior written notice to you that your coverage will end on the date identified in the notice if:
you commit an act, practice, or omission that constituted fraud, or an intentional misrepresentation of a material fact including, but not limited to, false information relating to another person's eligibility or status as a Dependent; or

you commit an act of physical or verbal abuse that imposes a threat to St. John’s University's staff, Oxford’s staff, a provider or another Covered Person.

**Note:** St. John’s University has the right to demand that you pay back Benefits the Plan paid to you, or paid in your name, during the time you were incorrectly covered under the Plan.

**Coverage for a Disabled Child**

If an unmarried enrolled Dependent child with a mental or physical disability reaches an age when coverage would otherwise end, the Plan will continue to cover the child, as long as:

- the child is unable to be self-supporting due to a mental or physical handicap or disability;
- the child depends mainly on you for support;
- you provide to St. John’s University proof of the child's incapacity and dependency within 31 days of the date coverage would have otherwise ended because the child reached a certain age; and
- you provide proof, upon St. John’s University's request, that the child continues to meet these conditions.

The proof might include medical examinations at St. John’s University’s expense. However, you will not be asked for this information more than once a year. If you do not supply such proof within 31 days, the Plan will no longer pay Benefits for that child.

Coverage will continue, as long as the enrolled Dependent is incapacitated and dependent upon you, unless coverage is otherwise terminated in accordance with the terms of the Plan.

**Continuing Coverage through COBRA**

If you lose your Plan coverage, you may have the right to extend it under the Consolidated Budget Reconciliation Act of 1985 (COBRA), as defined in the *Glossary*.

Continuation coverage under COBRA is available only to Plans that are subject to the terms of COBRA. You can contact your Plan Administrator to determine if St. John’s University is subject to the provisions of COBRA.

Much of the language in this section comes from the federal law that governs continuation coverage. You should call your Plan Administrator if you have questions about your right to continue coverage.

In order to be eligible for continuation coverage under federal law, you must meet the definition of a "Qualified Beneficiary". A Qualified Beneficiary is any of the following persons who were covered under the Plan on the day before a qualifying event:

- a Participant;
- a Participant's enrolled Dependent, including with respect to the Participant's children, a child born to or placed for adoption with the Participant during a period of continuation coverage under federal law; or
- a Participant's former Spouse.
Qualifying Events for Continuation Coverage under COBRA

The following table outlines situations in which you may elect to continue coverage under COBRA for yourself and your Dependents, and the maximum length of time you can receive continued coverage. These situations are considered qualifying events.

<table>
<thead>
<tr>
<th>If Coverage Ends Because of the Following Qualifying Events:</th>
<th>You May Elect COBRA:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>For Yourself</td>
</tr>
<tr>
<td>Your work hours are reduced</td>
<td>18 months</td>
</tr>
<tr>
<td>Your employment terminates for any reason (other than gross misconduct)</td>
<td>18 months</td>
</tr>
<tr>
<td>You or your family member become eligible for Social Security disability benefits at any time within the first 60 days of losing coverage¹</td>
<td>29 months</td>
</tr>
<tr>
<td>You die</td>
<td>N/A</td>
</tr>
<tr>
<td>You divorce (or legally separate)</td>
<td>N/A</td>
</tr>
<tr>
<td>Your child is no longer an eligible family member (e.g., reaches the maximum age limit)</td>
<td>N/A</td>
</tr>
<tr>
<td>You become entitled to Medicare</td>
<td>N/A</td>
</tr>
<tr>
<td>St. John’s University files for bankruptcy under Title 11, United States Code.²</td>
<td>36 months</td>
</tr>
</tbody>
</table>

¹Subject to the following conditions: (i) notice of the disability must be provided within the latest of 60 days after a). the determination of the disability, b). the date of the qualifying event, c). the date the Qualified Beneficiary would lose coverage under the Plan, and in no event later than the end of the first 18 months; (ii) the Qualified Beneficiary must agree to pay any increase in the required premium for the additional 11 months over the original 18 months; and (iii) if the Qualified Beneficiary entitled to the 11 months of coverage has non-disabled family members who are also Qualified Beneficiaries, then those non-disabled Qualified Beneficiaries are also entitled to the additional 11 months of continuation coverage. Notice of any final determination that the Qualified Beneficiary is no longer disabled must be provided within 30 days of such determination. Thereafter, continuation coverage may be terminated on the first day of the month that begins more than 30 days after the date of that determination.

²This is a qualifying event for any Participant and his or her enrolled Dependents if there is a substantial elimination of coverage within one year before or after the date the bankruptcy was filed.

³From the date of the Participant's death if the Participant dies during the continuation coverage.
How Your Medicare Eligibility Affects Dependent COBRA Coverage

The table below outlines how your Dependents' COBRA coverage is impacted if you become entitled to Medicare.

<table>
<thead>
<tr>
<th>If Dependent Coverage Ends When:</th>
<th>You May Elect COBRA Dependent Coverage For Up To:</th>
</tr>
</thead>
<tbody>
<tr>
<td>You become entitled to Medicare and don't experience any additional qualifying events</td>
<td>18 months</td>
</tr>
<tr>
<td>You become entitled to Medicare, after which you experience a second qualifying event* before the initial 18-month period expires</td>
<td>36 months</td>
</tr>
<tr>
<td>You experience a qualifying event*, after which you become entitled to Medicare before the initial 18-month period expires; and, if absent this initial qualifying event, your Medicare entitlement would have resulted in loss of Dependent coverage under the Plan</td>
<td>36 months</td>
</tr>
</tbody>
</table>

* Your work hours are reduced or your employment is terminated for reasons other than gross misconduct.

**Getting Started**

You will be notified by mail if you become eligible for COBRA coverage as a result of a reduction in work hours or termination of employment. The notification will give you instructions for electing COBRA coverage, and advise you of the monthly cost. Your monthly cost is the full cost, including both Participant and Employer costs, plus a 2% administrative fee or other cost as permitted by law.

You will have up to 60 days from the date you receive notification or 60 days from the date your coverage ends to elect COBRA coverage, whichever is later. You will then have an additional 45 days to pay the cost of your COBRA coverage, retroactive to the date your Plan coverage ended.

During the 60-day election period, the Plan will, only in response to a request from a provider, inform that provider of your right to elect COBRA coverage, retroactive to the date your COBRA eligibility began.

While you are a participant in the medical Plan under COBRA, you have the right to change your coverage election:

- during Open Enrollment Period; and
- following a change in family status, as described under Changing Your Coverage.

**Notification Requirements**

If your covered Dependents lose coverage due to divorce, legal separation, or loss of Dependent status, you or your Dependents must notify the Plan Administrator within 60 days of the latest of:

- the date of the divorce, legal separation or an enrolled Dependent's loss of eligibility as an enrolled Dependent;
- the date your enrolled Dependent would lose coverage under the Plan; or
the date on which you or your enrolled Dependent are informed of your obligation to provide notice and the procedures for providing such notice.

You or your Dependents must also notify the Plan Administrator when a qualifying event occurs that will extend continuation coverage.

If you or your Dependents fail to notify the Plan Administrator of these events within the 60 day period, the Plan Administrator is not obligated to provide continued coverage to the affected Qualified Beneficiary. If you are continuing coverage under federal law, you must notify the Plan Administrator within 60 days of the birth or adoption of a child.

Once you have notified the Plan Administrator, you will then be notified by mail of your election rights under COBRA.

Notification Requirements for Disability Determination
If you extend your COBRA coverage beyond 18 months because you are eligible for disability benefits from Social Security, you must provide the Benefits Department with notice of the Social Security Administration's determination within 60 days after you receive that determination, and before the end of your initial 18-month continuation period.

The notice requirements will be satisfied by providing written notice to the Plan Administrator at the address stated in Important Administrative Information: ERISA section. The contents of the notice must be such that the Plan Administrator is able to determine the covered Employee and qualified beneficiary(ies), the qualifying event or disability, and the date on which the qualifying event occurred.

Trade Act of 2002
The Trade Act of 2002 amended COBRA to provide for a special second 60-day COBRA election period for certain Participants who have experienced a termination or reduction of hours and who lose group health plan coverage as a result. The special second COBRA election period is available only to a very limited group of individuals: generally, those who are receiving trade adjustment assistance (TAA) or 'alternative trade adjustment assistance' under a federal law called the Trade Act of 1974. These Participants are entitled to a second opportunity to elect COBRA coverage for themselves and certain family members (if they did not already elect COBRA coverage), but only within a limited period of 60 days from the first day of the month when an individual begins receiving TAA (or would be eligible to receive TAA but for the requirement that unemployment benefits be exhausted) and only during the six months immediately after their group health plan coverage ended.

If a Participant qualifies or may qualify for assistance under the Trade Act of 1974, he or she should contact the Plan Administrator for additional information. The Participant must contact the Plan Administrator promptly after qualifying for assistance under the Trade Act of 1974 or the Participant will lose his or her special COBRA rights. COBRA coverage elected during the special second election period is not retroactive to the date that Plan coverage was lost, but begins on the first day of the special second election period.

When COBRA Ends
COBRA coverage will end before the maximum continuation period shown above if:

- you or your covered Dependent becomes covered under another group medical plan, as long as the other plan doesn't limit your coverage due to a preexisting condition; or if the other plan does exclude coverage due to your preexisting condition, your COBRA benefits would end when the exclusion period ends;
- you or your covered Dependent becomes entitled to, and enrolls in, Medicare after electing COBRA;
■ the first required premium is not paid within 45 days;
■ any other monthly premium is not paid within 30 days of its due date;
■ the entire Plan ends; or
■ coverage would otherwise terminate under the Plan as described in the beginning of this section.

Note: If you selected continuation coverage under a prior plan which was then replaced by coverage under this Plan, continuation coverage will end as scheduled under the prior plan or in accordance with the terminating events listed in this section, whichever is earlier.

Uniformed Services Employment and Reemployment Rights Act
A Participant who is absent from employment for more than 30 days by reason of service in the Uniformed Services may elect to continue Plan coverage for the Participant and the Participant's Dependents in accordance with the Uniformed Services Employment and Reemployment Rights Act of 1994, as amended (USERRA).

The terms “Uniformed Services” or “Military Service” mean the Armed Forces, the Army National Guard and the Air National Guard when engaged in active duty for training, inactive duty training, or full-time National Guard duty, the commissioned corps of the Public Health Service, and any other category of persons designated by the President in time of war or national emergency.

If qualified to continue coverage pursuant to the USERRA, Participants may elect to continue coverage under the Plan by notifying the Plan Administrator in advance, and providing payment of any required contribution for the health coverage. This may include the amount the Plan Administrator normally pays on a Participant’s behalf. If a Participant’s Military Service is for a period of time less than 31 days, the Participant may not be required to pay more than the regular contribution amount, if any, for continuation of health coverage.

A Participant may continue Plan coverage under USERRA for up to the lesser of:

■ the 24 month period beginning on the date of the Participant's absence from work; or
■ the day after the date on which the Participant fails to apply for, or return to, a position of employment.

Regardless of whether a Participant continues health coverage, if the Participant returns to a position of employment, the Participant's health coverage and that of the Participant's eligible Dependents will be reinstated under the Plan. No exclusions or waiting period may be imposed on a Participant or the Participant's eligible Dependents in connection with this reinstatement, unless a Sickness or Injury is determined by the Secretary of Veterans Affairs to have been incurred in, or aggravated during, the performance of military service.

You should call the Plan Administrator if you have questions about your rights to continue health coverage under USERRA.

Other Available Coverage

Leave of Absence or Layoff
If your coverage would terminate because you are temporarily laid off or receive an approved leave of absence, coverage may be continued for up to 60 days, or as otherwise agreed upon by the Plan Administrator, if the Plan Administrator (1) pays the benefit cost contributions for the continued coverage; and (2) requires all participating carriers to provide continued coverage to employees whose coverage would otherwise terminate because of a temporary layoff or approved leave of absence.
**Family and Medical Leave Act**
Federal law provides that certain employees can take up to 12 weeks of unpaid leave in a 12-month period for:
- the birth or adoption of a child;
- for a serious health condition affecting the employee or a family Participant
- for any qualifying exigency arising out of the fact that the employee’s Spouse, child or parent is on or has been called to active duty in the Armed Forces; or
- up to 26 weeks of unpaid leave in a 12-month period to care for an injured service member.

Employers subject to this law are required to keep an employee’s medical coverage in force to the same extent as if no leave had been taken. Your obligations, including any contributions and compliance with Plan provisions, do not change during a leave.

If your Employer is subject to this law, and you are eligible for leave under the Act, the Plan will continue your coverage during the qualified leave. Coverage will terminate for failure to comply with Plan provisions, including the failure to pay benefit cost contributions. You should check with your employer regarding family and medical leaves.

### SECTION 13: OTHER IMPORTANT INFORMATION

<table>
<thead>
<tr>
<th>What this section includes:</th>
</tr>
</thead>
<tbody>
<tr>
<td>■ Court-ordered Benefits for Dependent children;</td>
</tr>
<tr>
<td>■ Your relationship with Oxford and St. John’s University;</td>
</tr>
<tr>
<td>■ Relationships with providers;</td>
</tr>
<tr>
<td>■ Interpretation of Benefits;</td>
</tr>
<tr>
<td>■ Information and records;</td>
</tr>
<tr>
<td>■ Incentives to providers and you;</td>
</tr>
<tr>
<td>■ The future of the Plan; and</td>
</tr>
<tr>
<td>■ How to access the official Plan documents.</td>
</tr>
</tbody>
</table>

**Qualified Medical Child Support Orders (QMCSOs)**
A qualified medical child support order (QMCSO) is a judgment, decree or order issued by a court or appropriate state agency that requires a child to be covered for medical benefits. Generally, a QMCSO is issued as part of a paternity, divorce, or other child support settlement.

If the Plan receives a medical child support order for your child that instructs the Plan to cover the child, the Plan Administrator will review it to determine if it meets the requirements for a QMCSO. If it determines that it does, your child will be enrolled in the Plan as your Dependent, and the Plan will be required to pay Benefits as directed by the order.

You may obtain, without charge, a copy of the procedures governing QMCSOs from the Plan Administrator.

*Note:* A National Medical Support Notice will be recognized as a QMCSO if it meets the requirements of a QMCSO.

**Your Relationship with Oxford and the Plan Administrator**
In order to make choices about your health care coverage and treatment, the Plan Administrator believes that it is important for you to understand how Oxford interacts with the Plan Administrator's benefit Plan and how it may affect you. Oxford helps administer the Plan Sponsor's benefit plan in which you are enrolled. Oxford does not provide medical services or make treatment decisions. This means:

- Your Plan Administrator and Oxford do not decide what care you need or will receive. You and your Physician make those decisions;
- Oxford communicates to you decisions about whether the Plan will cover or pay for the health care that you may receive (the Plan pays for Covered Services, which are more fully described in this SPD); and
- the Plan may not pay for all treatments you or your Physician may believe are necessary. If the Plan does not pay, you will be responsible for the cost.

The Plan Administrator and Oxford may use individually identifiable information about you to identify for you (and you alone) procedures, products or services that you may find valuable. The Plan Administrator and Oxford will use individually identifiable information about you as permitted or required by law, including in operations and in research. The Plan Administrator and Oxford will use de-identified data for commercial purposes including research.

**Relationship with Providers**

The relationships between the Plan Administrator, Oxford and Network providers are solely contractual relationships between independent contractors. Network providers are not the Plan Administrator’s agents or employees, nor are they agents or employees of Oxford. The Plan Administrator and any of its employees are not agents or employees of Network providers, nor is Oxford and any of its employees agents or employees of Network providers.

The Plan Administrator and Oxford do not provide health care services or supplies, nor do they practice medicine. Instead, the Plan and Oxford arrange for health care providers to participate in a Network and pay Benefits. Network providers are independent practitioners who run their own offices and facilities. Oxford’s credentialing process confirms public information about the providers' licenses and other credentials, but does not assure the quality of the services provided. They are not the Plan Administrator’s employees nor are they employees of Oxford. The Plan Administrator and Oxford do not have any other relationship with Network providers such as principal-agent or joint venture. The Plan Administrator and Oxford are not liable for any act or omission of any provider.

Oxford is not considered to be an employer of the Plan Administrator for any purpose with respect to the administration or provision of benefits under this Plan.

The Plan Administrator is solely responsible for:

- enrollment and classification changes (including classification changes resulting in your enrollment or the termination of your coverage);
- the timely payment of Benefits; and
- notifying you of the termination or modifications to the Plan.

**Your Relationship with Providers**

The relationship between you and any provider is that of provider and patient. Your provider is solely responsible for the quality of the services provided to you. You:

- are responsible for choosing your own provider;
- are responsible for paying, directly to your provider, any amount identified as a member responsibility, including Copayments, Coinsurance, any Annual Deductible and any amount that exceeds Eligible Expenses;

- are responsible for paying, directly to your provider, the cost of any non-Covered Service;

- must decide if any provider treating you is right for you (this includes Network providers you choose and providers to whom you have been referred); and

- must decide with your provider what care you should receive.

**Interpretation of Benefits**

The Plan Administrator and Oxford have the sole and exclusive discretion to:

- interpret Benefits under the Plan;

- interpret the other terms, conditions, limitations and exclusions of the Plan, including this SPD and any Riders and/or Amendments; and

- make factual determinations related to the Plan and its Benefits.

The Plan Administrator and Oxford may delegate this discretionary authority to other persons or entities that provide services in regard to the administration of the Plan.

In certain circumstances, for purposes of overall cost savings or efficiency, the Plan Administrator may, in its discretion, offer Benefits for services that would otherwise not be Covered Services. The fact that the Plan Administrator does so in any particular case shall not in any way be deemed to require the Plan Administrator to do so in other similar cases.

**Information and Records**

Your medical records are confidential documents. St. John’s University and Oxford may use your individually identifiable health information to administer the Plan and pay claims, to identify procedures, products, or services that you may find valuable, and as otherwise permitted or required by law. St. John’s University and Oxford may request additional information from you to decide your claim for Benefits. St. John’s University and Oxford will keep this information confidential. St. John’s University and Oxford may also use your de-identified data for commercial purposes, including research, as permitted by law.

By accepting Benefits under the Plan, you authorize and direct any person or institution that has provided services to you to furnish St. John’s University and Oxford with all information or copies of records relating to the services provided to you. St. John’s University and Oxford have the right to request this information at any reasonable time. This applies to all Covered Persons, including enrolled Dependents whether or not they have signed the Participant's enrollment form. St. John’s University and Oxford agree that such information and records will be considered confidential.

St. John’s University and Oxford have the right to release any and all records concerning health care services which are necessary to implement and administer the terms of the Plan, for appropriate medical review or quality assessment, or as St. John’s University is required to do by law or regulation. During and after the term of the Plan, St. John’s University and Oxford and its related entities may use and transfer the information gathered under the Plan in a de-identified format for commercial purposes, including research and analytic purposes.

For complete listings of your medical records or billing statements St. John’s University recommends that you contact your health care provider. Providers may charge you reasonable fees to cover their costs for providing records or completing requested forms.
If you request medical forms or records from Oxford, they also may charge you reasonable fees to cover costs for completing the forms or providing the records.

In some cases, St. John’s University and Oxford will designate other persons or entities to request records or information from or related to you, and to release those records as necessary. Oxford’s designees have the same rights to this information as does the Plan Administrator.

**Incentives to Providers**

Network providers may be provided financial incentives by the Claims Administrator to promote the delivery of health care in a cost efficient and effective manner. These financial incentives are not intended to affect your access to health care.

Examples of financial incentives for Network providers are:

- bonuses for performance based on factors that may include quality, member satisfaction, and/or cost-effectiveness; or
- a practice called capitation which is when a group of Network providers receives a monthly payment from the Claims Administrator for each Covered Person who selects a Network provider within the group to perform or coordinate certain health services. The Network providers receive this monthly payment regardless of whether the cost of providing or arranging to provide the Covered Person’s health care is less than or more than the payment.

If you have any questions regarding financial incentives you may contact the telephone number on your ID card. You can ask whether your Network provider is paid by any financial incentive, including those listed above; however, the specific terms of the contract, including rates of payment, are confidential and cannot be disclosed. In addition, you may choose to discuss these financial incentives with your Network provider.

**Incentives to You**

Sometimes you may be offered coupons or other incentives to encourage you to participate in various wellness programs or certain disease management programs. The decision about whether or not to participate is yours alone but St. John’s University recommends that you discuss participating in such programs with your Physician. These incentives are not Benefits and do not alter or affect your Benefits. You may call the number on the back of your ID card if you have any questions.

**Rebates and Other Payments**

St. John’s University and the Claims Administrator may receive rebates for certain drugs that are administered to you in a Physician's office, or at a Hospital or Alternate Facility. St. John’s University and the Claims Administrator do not pass these rebates on to you, nor are they applied to your Annual Deductible or taken into account in determining your Copays or Coinsurance.

**Workers’ Compensation**

Injuries and diseases covered under any Workers’ Compensation program are excluded from coverage under this Plan.

**Future of the Plan**

Although St. John’s University expects to continue the Plan indefinitely, it reserves the right to discontinue, alter or modify the Plan in whole or in part, at any time and for any reason, at its sole determination.

The Company's decision to terminate or amend a Plan may be due to changes in federal or state laws governing employee benefits, the requirements of the Internal Revenue Code or Employee Retirement Income Security Act of 1974 (ERISA), or any other reason. A plan change may transfer plan assets and
debts to another plan or split a plan into two or more parts. If St. John’s University does change or terminate a plan, it may decide to set up a different plan providing similar or different benefits.

If this Plan is terminated, Covered Persons will not have the right to any other Benefits from the Plan, other than for those claims incurred prior to the date of termination, or as otherwise provided under the Plan. In addition, if the Plan is amended, Covered Persons may be subject to altered coverage and Benefits.

The amount and form of any final benefit you receive will depend on any Plan document or contract provisions affecting the Plan and Company decisions. After all Benefits have been paid and other requirements of the law have been met, certain remaining Plan assets will be turned over to St. John’s University and others as may be required by any applicable law.

**Plan Document**
This Summary Plan Description (SPD) represents an overview of your Benefits. In the event there is a discrepancy between the SPD and the official plan document, the plan document will govern. A copy of the plan document is available for your inspection during regular business hours in the office of the Plan Administrator. You (or your personal representative) may obtain a copy of this document by written request to the Plan Administrator, for a nominal charge.

**SECTION 14: GLOSSARY**

<table>
<thead>
<tr>
<th>What this section includes:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Definitions of terms used throughout this SPD.</td>
</tr>
</tbody>
</table>

Many of the terms used throughout this SPD may be unfamiliar to you or have a specific meaning with regard to the way the Plan is administered and how Benefits are paid. This section defines terms used throughout this SPD, but it does not describe the Benefits provided by the Plan.

**Applied Behavior Analysis** - the design, implementation and evaluation of environmental modifications, using behavioral stimuli and consequences, including the use of direct observation, measurement and functional analysis of the relationship between environment and behavior, to produce socially significant improvement in human behavior.

**Acute** – The sudden onset of disease or injury, or a sudden change in the Participant’s condition that would require prompt medical attention.

**Addendum** – any attached written description of additional or revised provisions to the Plan. The benefits and exclusions of this SPD and any amendments thereto shall apply to the Addendum except that in the case of any conflict between the Addendum and SPD and/or Amendments to the SPD, the Addendum shall be controlling.

**Ambulatory Surgical Centers** - A facility currently licensed by the appropriate state regulatory agency for the provisions of surgical and related medical services on an outpatient basis.

**Amendment** – any attached written description of additional or alternative provisions to the Plan. Amendments are effective only when distributed by the Plan Sponsor or the Plan Administrator. Amendments are subject to all conditions, limitations and exclusions of the Plan, except for those that the amendment is specifically changing.

**Annual Deductible (or Deductible)** – the amount you must pay for Covered Services in a calendar year before the Plan will begin paying Out-of-Network Benefits in that calendar year.
**Autism Spectrum Disorder** - any pervasive developmental disorders set forth in the most recent edition of the *American Psychiatric Association's Diagnostic and Statistical Manual of Mental Disorders*, including but not limited to Autistic Disorder, Rett's Disorder, Childhood Disintegrative Disorder, Asperger's Disorder and Pervasive Developmental Disorder Not Otherwise Specified

**Benefits** – Plan payments for Covered Services, subject to the terms and conditions of the Plan and any Addendums and/or Amendments.

**Claims Administrator** – Oxford and its affiliates, who provide certain claim administration services for the Plan.

**Clinical Trial** – a scientific study designed to identify new health services that improve health outcomes. In a Clinical Trial, two or more treatments are compared to each other and the patient is not allowed to choose which treatment will be received.

**COBRA** – see Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA).

**Coinsurance** – the percentage of Eligible Expenses you are required to pay for certain Covered Services.

**Congenital Anomaly** – a physical developmental defect that is present at birth and is identified within the first twelve months of birth.

**Consolidated Omnibus Budget Reconciliation Act of 1985 (COBRA)** – a federal law that requires employers to offer continued health insurance coverage to certain employees and their dependents whose group health insurance has been terminated.

**Copayment (or Copay)** – the set dollar amount you are required to pay for certain Covered Services.

**Cosmetic Procedures** – procedures or services that change or improve appearance without significantly improving physiological function, as determined by the Claims Administrator. Reshaping a nose with a prominent bump is a good example of a Cosmetic Procedure because appearance would be improved, but there would be no improvement in function like breathing.

**Covered or Covered Services** – the Medically Necessary services paid for or arranged for you by Oxford under the terms and conditions of this SPD.

**Covered Person** – either the Participant or an enrolled Dependent only while enrolled and eligible for Benefits under the Plan. References to “you” and “your” throughout this SPD are references to a Covered Person.

**Custodial Care** – services that do not require special skills or training and that:

- provide assistance in activities of daily living (including but not limited to feeding, dressing, bathing, ostomy care, incontinence care, checking of routine vital signs, transferring and ambulating);

- are provided for the primary purpose of meeting the personal needs of the patient or maintaining a level of function (even if the specific services are considered to be skilled services), as opposed to improving that function to an extent that might allow for a more independent existence; or

- do not require continued administration by trained medical personnel in order to be delivered safely and effectively.

**Deductible** – see Annual Deductible.

**Dependent** – an individual who meets the eligibility requirements as described in the *Eligibility Section* of this SPD.
Detoxification Facility – a health care facility licensed by the State as a Detoxification Facility for the treatment of alcoholism.

Domestic Partner – an individual of the same sex with whom you have established a domestic partnership as described below. A domestic partnership is a relationship between a Participant and one other person of the same sex. Both persons must:

- not be so closely related that marriage would otherwise be prohibited;
- not be legally married to, or the Domestic Partner of, another person under either statutory or common law;
- be at least 18 years old;
- live together and share the common necessities of life;
- be mentally competent to enter into a contract; and
- be financially interdependent

Durable Medical Equipment (DME) – medical equipment that is all of the following:
- used to serve a medical purpose with respect to treatment of a Sickness, Injury or their symptoms;
- not disposable;
- not of use to a person in the absence of a Sickness, Injury or their symptoms;
- durable enough to withstand repeated use;
- not implantable within the body; and
- appropriate for use, and primarily used, within the home.

Eligible Expenses – charges for Covered Services that are provided while the Plan is in effect. For certain Covered Services, you are required to pay a percentage of Eligible Expenses in the form of a Copay and/or Coinsurance. Eligible Expenses are subject to Oxford’s reimbursement policy guidelines. You may request a copy of the guidelines related to your claim from Oxford.

Enrollment Date – The Enrollment Date is the Participant’s first day of coverage under the SPD or, if earlier, the first day of the waiting period that must pass with respect to the Participant before the Participant is eligible to be covered under the Plan.

Emergency – a serious medical condition or symptom resulting from Injury, Sickness or mental illness, or substance use disorders which:
- arises suddenly; and
- in the judgment of a reasonable person, requires immediate care and treatment, generally received within 24 hours of onset, to avoid jeopardy to life or health.

Emergency Health Services – health care services and supplies necessary for the treatment of an Emergency.

Employee Retirement Income Security Act of 1974 (ERISA) – the federal legislation that regulates retirement and employee welfare benefit programs maintained by employers and unions.

Employer – St. John’s University

EOB – see Explanation of Benefits (EOB).


Exclusions – what the Plan does not Cover as a Covered Service.
**Experimental or Investigational Services** – medical, surgical, diagnostic, psychiatric, mental health, substance use disorders or other health care services, technologies, supplies, treatments, procedures, drug therapies, medications or devices that, at the time Oxford makes a determination regarding coverage in a particular case, are determined to be any of the following:

- not approved by the U.S. Food and Drug Administration (FDA) to be lawfully marketed for the proposed use and not identified in the American Hospital Formulary Service or the United States Pharmacopoeia Dispensing Information as appropriate for the proposed use;
- subject to review and approval by any institutional review board for the proposed use (Devices which are FDA approved under the *Humanitarian Use Device* exemption are not considered to be Experimental or Investigational); or
- the subject of an ongoing Clinical Trial that meets the definition of a Phase 1, 2 or 3 Clinical Trial set forth in the FDA regulations, regardless of whether the trial is actually subject to FDA oversight.

Exceptions:

- If you have a life threatening Sickness or condition (one that is likely to cause death within one year of the request for treatment), Oxford may, at its discretion, consider an otherwise Experimental or Investigational Service to be a Covered Service for that Sickness or condition. Prior to such consideration, Oxford must determine that, although unproven, the service has significant potential as an effective treatment for that Sickness or condition.

**Explanation of Benefits (EOB)** – a statement provided by Oxford to you, your Physician, or another health care professional that explains:

- the Benefits provided (if any);
- the allowable reimbursement amounts;
- Deductibles;
- Coinsurance;
- any other reductions taken;
- the net amount paid by the Plan; and
- the reason(s) why the service or supply was not covered by the Plan.

**Home Health Agency** – a program or organization authorized by law to provide health care services in the home.

**Hospital** – an institution rendering inpatient and outpatient services for the medical care of the sick or injured. It must be accredited as a Hospital by either the Join Commission on Accreditation of Health Care Facilities or the Bureau of Hospitals of the America Osteopathic Association. A Hospital may be a general, Acute care, or a specialty institution, provided that it is appropriately accredited as such, and currently licensed by

**Injury** – bodily damage other than Sickness, including all related conditions and recurrent symptoms.

**Inpatient Rehabilitation Facility** – a long term acute rehabilitation center, a Hospital (or a special unit of a Hospital designated as an Inpatient Rehabilitation Facility) that provides rehabilitation services (including physical therapy, occupational therapy and/or speech therapy) on an inpatient basis, as authorized by law.

**Inpatient Stay** – an uninterrupted confinement, following formal admission to a Hospital, Skilled Nursing Facility or Inpatient Rehabilitation Facility.
**Medicaid** – a federal program administered and operated individually by participating state and territorial governments that provides medical benefits to eligible low-income people needing health care. The federal and state governments share the program's costs.

**Medically Necessary** – healthcare services provided for the purpose of preventing, evaluating, diagnosing or treating a Sickness, Injury, mental illness, substance use disorder, condition, disease or its symptoms, that are all of the following as determined by Oxford or its designee, within Oxford’s sole discretion. The services must be:

- in accordance with *Generally Accepted Standards of Medical Practice*;
- clinically appropriate, in terms of type, frequency, extent, site and duration, and considered effective for your Sickness, Injury, mental illness, substance use disorder disease or its symptoms;
- not mainly for your convenience or that of your doctor or other health care provider; and
- not more costly than an alternative drug, service(s) or supply that is at least as likely to produce equivalent therapeutic or diagnostic results as to the diagnosis or treatment of your Sickness, Injury, disease or symptoms.

*Generally Accepted Standards of Medical Practice* are standards that are based on credible scientific evidence published in peer-reviewed medical literature generally recognized by the relevant medical community, relying primarily on controlled clinical trials, or, if not available, observational studies from more than one institution that suggest a causal relationship between the service or treatment and health outcomes.

If no credible scientific evidence is available, then standards that are based on Physician specialty society recommendations or professional standards of care may be considered. Oxford reserves the right to consult expert opinion in determining whether health care services are Medically Necessary. The decision to apply Physician specialty society recommendations, the choice of expert and the determination of when to use any such expert opinion, shall be within Oxford’s sole discretion.

Oxford develops and maintains clinical policies that describe the *Generally Accepted Standards of Medical Practice* scientific evidence, prevailing medical standards and clinical guidelines supporting its determinations regarding specific services. These clinical policies (as developed by Oxford and revised from time to time), are available to Covered Persons on www.oxford.com or by calling the number on your ID card.

**Medicare** – Parts A, B, C and D of the insurance program established by Title XVIII, United States Social Security Act, as amended by 42 U.S.C. Sections 1394, et seq. and as later amended.

**Network** – when used to describe a provider of health care services, this means a Provider that has a participation agreement in effect (either directly or indirectly) with the Claims Administrator or with its affiliate to participate in the Network.

**Network Provider** – A Physician, Certified Nurse Midwife, Hospital, Skilled Nursing Facility, Home Health Care Agency, or any other duly licensed or certified institution or health professional under contract with Oxford to provide Covered Services to our Participants. A list of Network Providers and their locations is available to you upon enrollment or upon request. This list will be revised from time to time by Oxford.

**Open Enrollment Period** – A period of time, established by the Plan Sponsor, during which eligible persons may be enrolled. Your employer will have the dates for each period.
**Out-of-Network** – when used to describe a provider of health care services, this means a Provider that does not have a participation agreement in effect (either directly or indirectly) with the Claims Administrator or with its affiliate to participate in the Network.

**Out-of-Pocket Maximum** – the maximum amount you pay every plan year. Refer to your Summary of Coverage for the Out-of-Pocket Maximum amount.

**Participant** – a full-time Participant of the Employer who meets the eligibility requirements specified in the Plan, as described under *Eligibility*. A Participant must live and/or work in the United States.

**Physician** – any Doctor of Medicine or Doctor of Osteopathy who is properly licensed and qualified by law.

Please note: Any podiatrist, dentist, psychologist, chiropractor, optometrist, nurse practitioner, clinical social worker, physician assistant, naturopath, or other provider who acts within the scope of his or her license will be considered on the same basis as a Physician. The fact that a provider is described as a Physician does not mean that Benefits for services from that provider are available to you under the Plan.

**Plan** – The St. John’s University Medical Plan.

**Plan Administrator** – St. John’s University or its designee.

**Plan Sponsor** – St. John’s University or its designee.

**Preexisting Condition** – any physical or medical condition (regardless of the cause of the condition), for which treatment, diagnosis or medical advice was actually recommended or received within the prior six months ending on the Enrollment Date.

If you have Continuous Creditable Coverage, you or your Dependent will be eligible to receive Plan Benefits for a Preexisting Condition. Continuous Creditable Coverage is defined in this section.

**Precertification** - enables Oxford to review the Medical Necessity of a proposed service or treatment including the determination of a proposed site of care, manage benefit limitations, and whether the service will be performed by a Network Provider. Precertification allows Oxford to notify the Participant or the Participant’s Provider regarding coverage before the service is provided.

**Pregnancy** – includes prenatal care, postnatal care, childbirth, and any complications associated with the above.

**Primary Care Physician (PCP)** – a Network Physician who has a majority of his or her practice in general pediatrics, internal medicine, obstetrics/gynecology, family practice or general medicine.

**Provider** – A licensed Physician or Hospital.

**Reconstructive Procedure** – a procedure performed to address a physical impairment where the expected outcome is restored or improved function. The primary purpose of a Reconstructive Procedure is either to treat a medical condition or to improve or restore physiologic function. Reconstructive Procedures include surgery or other procedures which are associated with an Injury, Sickness or Congenital Anomaly. The primary result of the procedure is not changed or improved physical appearance. The fact that a person may suffer psychologically as a result of the impairment does not classify surgery or any other procedure done to relieve the impairment as a Reconstructive Procedure.

**Semi-private Room** - a room with two or more beds. When an Inpatient Stay in a Semi-private Room is a Covered Service, the difference in cost between a Semi-private Room and a private room is a benefit
only when a private room is necessary in terms of generally accepted medical practice, or when a Semi-
private Room is not available.

**Services** - the Medically Necessary services paid for or arranged for you by Oxford under the terms and conditions of this SPD.

**Skilled Care** – skilled nursing, teaching, and rehabilitation services when:

- they are delivered or supervised by licensed technical or professional medical personnel in order to obtain the specified medical outcome and provide for the safety of the patient;
- a Physician orders them;
- they are not delivered for the purpose of assisting with activities of daily living, including dressing, feeding, bathing or transferring from a bed to a chair;
- they require clinical training in order to be delivered safely and effectively; and
- they are not Custodial Care, as defined in this section.

**Skilled Nursing Facility** – a nursing facility that is licensed and operated as required by law. A Skilled Nursing Facility that is part of a Hospital is considered a Skilled Nursing Facility for purposes of the Plan.

**Spouse** – an individual to whom you are legally married or a Domestic Partner as defined in this section.

**Total Disability** – a Participant's inability to perform all substantial job duties because of physical or mental impairment, or a Dependent's inability to perform the normal activities of a person of like age and gender.

**Summary Plan Description (SPD)** – This SPD administered by Oxford Health Plan, including the Summary of Coverage and any attached Amendments.

**Unproven Services** – health services, including medications that are determined not to be effective for treatment of the medical condition and/or not to have a beneficial effect on health outcomes due to insufficient and inadequate clinical evidence from well-conducted randomized controlled trials or cohort studies in the prevailing published peer-reviewed medical literature.

- Well-conducted randomized controlled trials are two or more treatments compared to each other, with the patient not being allowed to choose which treatment is received).
- Well-conducted cohort studies from more than one institution are studies in which patients who receive study treatment are compared to a group of patients who receive standard therapy. The comparison group must be nearly identical to the study treatment group.

Oxford has a process by which it compiles and reviews clinical evidence with respect to certain health services. From time to time, Oxford issues medical and drug policies that describe the clinical evidence available with respect to specific health care services. These medical and drug policies are subject to change without prior notice. You can view these policies at [www.myuhc](http://www.myuhc).

Please note:

- If you have a life-threatening Sickness or condition (one that is likely to cause death within one year of the request for treatment), Oxford and St. John’s University may, at their discretion, consider an otherwise Unproven Service to be a Covered Service for that Sickness or condition. Prior to such a consideration, Oxford and St. John’s University must first establish that there is sufficient evidence to
conclude that, albeit unproven, the service has significant potential as an effective treatment for that Sickness or condition.

- Oxford and St. John’s University may, in their discretion, consider an otherwise Unproven Service to be a Covered Service for a Covered Person with a Sickness or Injury that is not life-threatening. For that to occur, all of the following conditions must be met:
  - If the service is one that requires review by the U.S. Food and Drug Administration (FDA), it must be FDA-approved.
  - It must be performed by a Physician and in a facility with demonstrated experience and expertise.
  - The Covered Person must consent to the procedure acknowledging that Oxford and St. John’s University do not believe that sufficient clinical evidence has been published in peer-reviewed medical literature to conclude that the service is safe and/or effective.
  - At least two studies from more than one institution must be available in published peer-reviewed medical literature that would allow Oxford and St. John’s University to conclude that the service is promising but unproven.

The decision about whether such a service can be deemed a Covered Service is solely at Oxford’s and St. John’s University’s discretion. Other apparently similar promising but unproven services may not qualify.

**Urgent Care** – treatment of an unexpected Sickness or Injury that is not life-threatening but requires outpatient medical care that cannot be postponed. An urgent situation requires prompt medical attention to avoid complications and unnecessary suffering, such as high fever, a skin rash, or an ear infection.

**Urgent Care Center** – a facility that provides Urgent Care services, as previously defined in this section. In general, Urgent Care Centers:
- do not require an appointment;
- are open outside of normal business hours, so you can get medical attention for minor illnesses that occur at night or on weekends; and

provide an alternative if you need immediate medical attention, but your Physician cannot see you right away.

**Usual, Customary and Reasonable (UCR) Charge** – The UCR schedule is a compilation of the maximum allowable fees for covered medical services, supplies and drugs. The maximum allowable fee on the UCR schedule will be the lesser of (1) the amount charged, (2) the amount the provider agrees to accept as reimbursement for the particular Covered Services, supplies and/or drugs, or (3) the amount that in Oxford’s discretion is the usual, customary and reasonable fee for particular Covered Services, supplies and/or drugs. When Oxford determines the usual, customary and reasonable fee, Oxford will consider data compiled by, and guidelines from, Fair Health, Medicare and other sources recognized by the health insurance industry and federal government payers of health care claims as a basis for evaluating and establishing fees for Covered Services, supplies and drugs. Normally, the data utilized to compile the UCR fee schedule will be based upon the geographic location where the services are provided or a comparable locale. There will be some instances where national data will be utilized when the data source does not compile data geographically. The data Oxford chooses to consider when establishing a UCR fee schedule will be based upon the level of reimbursement purchased by the Plan.

**SECTION 15: IMPORTANT ADMINISTRATIVE INFORMATION**

**What this section includes:**
- Plan administrative information, including your rights under ERISA.
This section includes information on the administration of the medical Plan, as well as information required of all Summary Plan Descriptions by ERISA as defined in the Glossary. While you may not need this information for your day-to-day participation, it is information you may find important.

**Plan Sponsor and Administrator**

St. John’s University is the Plan Sponsor and Plan Administrator of the St. John’s University Welfare Benefit Plan and has the discretionary authority to interpret the Plan. You may contact the Plan Administrator at:

Plan Administrator – Medical Plan
St. John’s University
8000 Utopia Parkway
Jamaica, NY 11439

**Claims Administrator**

Oxford is the Plan's Claims Administrator. The role of the Claims Administrator is to handle the day-to-day administration of the Plan's coverage as directed by the Plan Administrator, through an administrative agreement with St. John’s University. The Claims Administrator shall not be deemed or construed as an employer for any purpose with respect to the administration or provision of Benefits under the Plan Administrator's Plan. The Claims Administrator shall not be responsible for fulfilling any duties or obligations of an employer with respect to the Plan Administrator's Plan.

You may contact the Claims Administrator by phone at the number on your ID card or in writing at:

Oxford Health Plans, LLC
P.O. Box 7082
Bridgeport, CT 06601-7082

**Agent for Service of Legal Process**

Should it ever be necessary, you or your personal representative may serve legal process on the agent of service for legal process for the Plan. The Plan's Agent of Service is:

Agent for Legal Process – Medical Plan
St. John’s University
800 Utopia Parkway
Jamaica, NY 11439

Legal process may also be served on the Plan Administrator.

**Other Administrative Information**

This section of your SPD contains information about how the Plan is administered as required by ERISA.

**Type of Administration**

The Plan is a self-funded welfare Plan and the administration is provided through one or more third party administrators.

<table>
<thead>
<tr>
<th>Plan Name:</th>
<th>St. John’s University Welfare Benefit Plan</th>
</tr>
</thead>
<tbody>
<tr>
<td>Plan Number:</td>
<td>SJ00301</td>
</tr>
<tr>
<td>Employer ID:</td>
<td>11-1630830</td>
</tr>
</tbody>
</table>
**Plan Type:** Welfare benefits plan  
**Plan Year:** January 1, 2012  
**Plan Administration:** Self-Insured  
**Source of Plan Contributions:** Employee and St. John’s University  
**Source of Benefits:** Assets of St. John’s University

**Your ERISA Rights**
As a participant in the Plan, you are entitled to certain rights and protections under ERISA. ERISA provides that all Plan participants shall be permitted to:

- receive information about Plan Benefits;
- examine, without charge, at the Plan Administrator's office and at other specified worksites, all plan documents – including pertinent insurance contracts, collective bargaining agreements (if applicable), and other documents available at the Public Disclosure Room of the Employee Benefits Security Administration; and
- obtain copies of all Plan documents and other Plan information, including insurance contracts and collective bargaining agreements (if applicable), and updated Summary Plan Descriptions, by writing to the Plan Administrator. The Plan Administrator may make a reasonable charge for copies.

You can continue health care coverage for yourself, Spouse or Dependents if there is a loss of coverage under the Plan as a result of a qualifying event. You or your Dependents may have to pay for such coverage. Review this Summary Plan Description and the Plan documents to understand the rules governing your COBRA continuation coverage rights.

You will be provided a certificate of creditable coverage in writing, free of charge, from Oxford Health Plans, LLC:

- when you lose coverage under the Plan;
- when you become entitled to elect COBRA;
- when your COBRA coverage ends;
- if you request a certificate of creditable coverage before losing coverage; or
- if you request a certificate of creditable coverage up to 24 months after losing coverage.

You may request a certificate of creditable coverage by contacting the calling the toll-free number on your ID card.

If you have creditable coverage from another group health plan, you may receive a reduction or elimination of exclusionary periods of coverage for preexisting conditions under your group health plan. Without evidence of creditable coverage, Plan benefits for the treatment of a preexisting condition may be excluded for 12 months (18 months for late enrollees) after your enrollment date in your coverage. In addition to creating rights for Plan participants, ERISA imposes duties on the people who are responsible for the operation of the Plan. The people who operate your Plan, who are called “fiduciaries” of the Plan, have a duty to do so prudently and in the interest of you and other Plan participants and beneficiaries. No one, including your Employer, your union, or any other person may fire you or otherwise discriminate against you in any way to prevent you from obtaining a Plan benefit or exercising your rights under ERISA.
If your claim for a Plan benefit is denied or ignored, in whole or in part, you have a right to know why this was done, to obtain copies of documents relating to the decision without charge, and to appeal any denial, all within certain time schedules. See Section Claims Procedures for details.

Under ERISA, there are steps you can take to enforce the above rights. For instance, if you request a copy of the plan document from the Plan, and do not receive it within 30 days, you may file suit in a federal court. In such a case, the court may require the Plan Administrator to provide the materials and pay you up to $110 a day until you receive the materials, unless the materials were not sent for reasons beyond the control of the Plan Administrator.

If you have a claim for Benefits, which is denied or ignored, in whole or in part, and you have exhausted the administrative remedies available under the Plan, you may file suit in a state or federal court. In addition, if you disagree with the Plan's decision or lack thereof concerning the qualified status of a domestic relations order, you may file suit in federal court. If it should happen that the Plan's fiduciaries misuse the Plan's money, or if you are discriminated against for asserting your rights, you may seek assistance from the U.S. Department of Labor, or you may file suit in a federal court.

The court will decide who should pay court costs and legal fees. If you are successful, the court may order the person you have sued to pay these costs and fees. If you lose, the court may order you to pay these costs and fees; for example, if it finds your claim is frivolous.

If you have any questions about your Plan, you should contact the Plan Administrator. If you have any questions about this statement or about your rights under ERISA, or if you need assistance in obtaining documents from the Plan Administrator, you should contact the nearest office of the Employee Benefits Security Administration, U.S. Department of Labor, listed in your telephone directory, or write to the Division of Technical Assistance and Inquiries, Employee Benefits Security Administration, U.S. Department of Labor, 200 Constitution Avenue N.W. Washington, DC 20210. You may also obtain certain publications about your rights and responsibilities under ERISA by calling the publications hotline of the Employee Benefits Security Administration at (800)-998-7542.

The Plan's Benefits are administered by St. John's University, the Plan Administrator. Oxford is the Claims Administrator and processes claims for the Plan and provides appeal services; however, Oxford and St. John’s University are not responsible for any decision you or your Dependents make to receive treatment, services or supplies from a provider. Oxford and St. John’s University are neither liable nor responsible for the treatment, services or supplies you receive from providers.
ATTACHMENT I – HEALTH CARE REFORM NOTICES
Patient Protection and Affordable Care Act (“PPACA”)

Grandfathered Health Plan Notice
This group health plan believes this Plan is a “grandfathered health plan” under the Patient Protection and Affordable Care Act (the Affordable Care Act). As permitted by the Affordable Care Act, a grandfathered health plan can preserve certain basic health coverage that was already in effect when that law was enacted. Being a grandfathered health plan means that your Plan may not include certain consumer protections of the Affordable Care Act that apply to other plans, for example, the requirement for the provision of preventive health services without any cost sharing. However, grandfathered health plans must comply with certain other consumer protections in the Affordable Care Act, for example, the elimination of lifetime limits on benefits.

Questions regarding which protections apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to the Plan Administrator.
ATTACHMENT II – PRESCRIPTION DRUG COVERAGE

The Plan offers Prescription Drug Coverage. Subject to the Exclusions below, the cost of Medically Necessary Prescription Drug Products will be covered by the Plan if they are FDA approved, ordered by a Provider, within the approved FDA administration and dosing guidelines and are dispensed by a Pharmacy. Covered Prescription Drug Products may be subject to any Deductibles, Copayments, Coinsurance and Out-of-Pocket Maximums identified on your Summary of Coverage. Please refer to your Summary of Coverage to determine your Out-of-Pocket Expenses and whether coverage is available at non-Network Pharmacies.

Covered Prescription Drug Products include, but are not limited to:

- Self-injectible Prescription Drug Products
- Inhalers (with spacers)
- Topical dental preparations
- Pre-natal vitamins, vitamins with fluoride and single entity vitamins
- Prescription osteoporosis drugs and devices approved by the FDA for the treatment of osteoporosis
- Nutritional supplements (formulas) for the therapeutic treatment of phenylketonuria, branched-chain ketonuria, galactosemia and homocystinuria
- Non-Prescription enteral formulas for home use for which a Provider has issued a written order. The written order must state that the enteral formula is Medically Necessary as a disease-specific treatment regimen for diseases which include but are not limited to inherited diseases of amino acid or organic acid metabolism; Chron’s disease; gastroesophageal motility such as chronic intestinal pseudo-obstruction; and multiple sever food allergies. Nutritional supplements that are taken electively are not covered.
- Modified solid food products that are low in protein or which contain modified protein are covered, when Medically Necessary, to treat certain inherited diseases of amino acid and organic acid metabolism not to exceed the maximum listed on your Summary of Coverage.
- Prescription Drug Products for the treatment of correctible medical conditions which result in infertility will be covered at the same level as benefits for any other sickness.

Refills of Prescription Drug Products are covered only when dispensed as ordered by a Provider and only after ¾ of the original Prescription Drug Product has been used.

Section 2 – Benefit Information

1. Out-of-Pocket Expenses: You are responsible for paying the costs outlined in your Summary of Coverage when covered Prescription Drug Products are obtained from the retail pharmacy or mail order supplier (if mail order coverage has been purchased). Please refer to your Summary of Coverage to determine if your Plan includes coverage for mail order.

   Unless otherwise stated in your Summary of Coverage, these costs will not be included in calculating the Plan Out-of-Pocket Maximum stated in your Summary of Coverage.

   You are responsible for paying the full cost (the amount the pharmacy charges you) for any non-covered drug product.
2. **Network Pharmacies:** For Prescription Drug Products at a retail Network Pharmacy, you are responsible for paying the lower of:
   - the applicable Out-of-Pocket Expense; or
   - the Network Pharmacy’s Usual and Customary Charge (which includes a dispensing fee and sales tax) for the Prescription Drug Product.

   You must either show your ID card at the time you obtain your Prescription Drug Product at a Network Pharmacy or you must provide the Network Pharmacy with identifying information that can be verified by Us during regular business hours.

   If you do not show your ID card or provide verifiable information at a Network Pharmacy, you will be required to pay the Usual and Customary Charge for the Prescription Drug Product at the pharmacy. You may seek reimbursement from Oxford, however when you submit a claim on this basis, you may pay more because you failed to verify your eligibility when the Prescription Drug Product was dispensed. The amount you are reimbursed will be based on the Prescription Drug Cost, less the required Out-of-Pocket Expense identified on your Summary of Coverage.

   In the event that no Network Pharmacy is able to provide the covered Prescription Drug Product, and cannot order the Prescription Drug Product within a reasonable time you may, with Oxford’s prior written approval, go to a non-Network Pharmacy that is able to provide the Prescription Drug Product. Oxford will pay you the Prescription Drug Cost for such approved Prescription Drug Product less the required Out-of-Pocket Expense upon receipt of a Prescription Drug Claim form.

3. **Non-Network Pharmacies:** If your Plan includes coverage for Prescription Drug Products purchased at a retail non-Network Pharmacy you must pay for the Prescription Drug Product at the time it is dispensed and then file a claim for reimbursement with Oxford. The Plan will not reimburse you for the difference between the Prescription Drug Cost and the non-Network Pharmacy’s Usual and Customary Charge (which includes a dispensing fee and sales tax) for that Prescription Drug Product. In most cases you will pay more if you obtain Prescription Drug Products from a non-Network Pharmacy. Please refer to your Summary of Coverage to determine if you have coverage at a non-Network Pharmacy.

4. **Tier Status:** The tier status of a Prescription Drug Product may change periodically. Changes will generally be quarterly, but no more than six times per Calendar Year, based on the PDL Management Committee’s periodic tiering decisions. When such changes occur, your Out-of-Pocket Expense may change. You may access the most up to date tier status on Oxford’s web site or by calling the Customer Service number on your ID card.

5. **Supply Limits:** Benefits for Prescription Drug Products are subject to the supply limits that are stated in your Summary of Coverage. Some Prescription Drug Products may be subject to quantity limits based on criteria that We have developed, subject to Oxford’s periodic review and modification. The limit may restrict the amount dispensed per Prescription Order or Refill and/or the amount dispensed per month’s supply.

   Additionally, certain Prescription Drug Products may be designated as eligible for Oxford’s voluntary half-tablet program. This program provides the opportunity to reduce your Prescription Drug Product Out-of-Pocket Expenses by up to 50% by using higher strength tablets and splitting them in half. If you are taking an eligible Prescription Drug Product, and you would like to participate in this program, please call your Provider to see if the half tablet program is appropriate for your condition. If your Provider agrees, he or she must write a new prescription for your medication to enable your participation.
You can determine whether a Prescription Drug Product has been assigned a maximum quantity level for dispensing or is eligible for the voluntary half tablet program by accessing Oxford’s web site or by calling Customer Service at the telephone number on your ID card.

7. **Mail Order:** Certain Prescription Drug Products may be ordered through Oxford’s mail order supplier if your Plan has purchased this coverage. If your Plan has purchased mail order coverage, you are responsible for paying the lower of:
   - the applicable Out-of-Pocket Expense; or
   - the Prescription Drug Cost for that Prescription Drug Product.

Prescription Drug Products purchased through mail order will be delivered directly to your home or office. You must pay the applicable Out-of-Pocket Expense listed on your Summary of Coverage. The required Out-of-Pocket Expense will be based on a 90-day supply. To maximize your benefit, ask your Provider to write your Prescription Order or Refill for a 90-day supply with refills when appropriate. You will be charged the mail order Out-of-Pocket Expense for any Prescription Orders or Refills sent to the mail order supplier regardless of the number of days supply written on the Prescription Order or Refill. Be sure your Provider writes your Prescription Order or Refill for a 90-day supply, not a 30-day supply with three refills.

Please refer to your Summary of Coverage to determine if your Plan includes coverage for mail order.

8. **When a Brand-Name Drug Becomes Available as a Generic:** When a Generic becomes available for a Brand-Name Prescription Drug Product, the tier placement of the Brand Name Prescription Drug Product may change. If this happens, you will pay the Out-of-Pocket Expense applicable for the tier to which the Prescription Drug Product is assigned as outlined on your Summary of Coverage.

**Section 3 – Terms of Coverage**

1. **Tier Structure:** Oxford’s Prescription Drug List (PDL) Management Committee is authorized to make tier placement changes on Oxford’s behalf. The PDL Management Committee makes the final classification of an FDA-approved Prescription Drug Product to a certain tier by considering a number of factors, including, but not limited to, clinical and economic factors regarding Participants as a general population. Whether a particular Prescription Drug Product is appropriate for an individual Participant is a determination that is made by the Participant and the prescribing Provider. Clinical factors may include, but are not limited to, evaluation of the place in therapy, relative safety or relative efficacy of the Prescription Drug Product, as well as whether supply limits or Precertification requirements should apply. Economic factors may include, but are not limited to, available rebates, and assessments on the cost effectiveness of the Prescription Drug Product.

The tier status of a Prescription Drug Product may change periodically. Changes will generally be quarterly, but no more than six times per Calendar Year, based on the PDL Management Committee’s periodic tiering decisions. These changes may occur without prior notice to you. As a result of such changes you may be required to pay more or less for that Prescription Drug Product. Please access Oxford’s web site or call the Customer Service number on your ID card for the most up to date tier status.

2. **Precertification:** Certain Prescription Drug Products will be covered in accordance with Oxford’s applicable Medical Policy if they are determined by Us to be Medically Necessary for their intended use as evidenced by the **advance written approval of Oxford's Medical Director**. The Prescription Drug Products that require Precertification are listed on the attachment titled “Prescription Drug Products Requiring Precertification”. This information is also available through the Internet at [www.myuhc.com](http://www.myuhc.com) or by calling Customer Care at the telephone number on your ID card.
We also reserve the right to require Precertification for any new drug on the market or of any currently available drug which undergoes a change in prescribing protocols and/or indications regardless of the therapeutic classification.

In addition, certain Prescription Drug Products may be designated as Step Therapy Drugs. This means that before coverage for such Prescription Drug Product will be provided, you must have tried one or more “prerequisite” Prescription Drug Products. If it is Medically Necessary for you to use a Step Therapy Drug as an initial medication, your Provider can request initial coverage as a medical exception. Confirmation of whether a drug is a Step Therapy Drug can be obtained through Oxford’s web site or by calling Customer Service at the number on your ID card.

To initiate the Precertification process, your Provider must contact Us and provide all relevant clinical data. If Precertification has been granted you will be responsible for the applicable Out-of-Pocket Expense listed in your Summary of Coverage. Should you choose to purchase the medication without obtaining Precertification, you must pay for the cost of the entire drug and submit a claim to Us for reimbursement. **Claims for reimbursement of such drugs will be subject to a Precertification penalty of 50%.**

3. Limitation on Selection of Pharmacies: If We determine that you may be using a Prescription Drug Product in a harmful or abusive manner, or with harmful frequency, your selection of Network Pharmacies may be limited. If this happens, We may require you to select a single Network Pharmacy that will provide and coordinate all future pharmacy services. Benefits will be paid only if you use the designated single Network Pharmacy. If you don’t make a selection within 31 days of the date we notify you, we will select a single Network Pharmacy for you.

4. Rebates and Other Payments to Us: We conduct various utilization management activities designed to ensure appropriate prescription drug usage, to avoid inappropriate usage and to encourage the use of cost effective drugs. Through these efforts, your Plan and its members benefit by obtaining appropriate prescription drugs in a cost-effective manner. The cost savings resulting from these activities are reflected in the premiums for your coverage. We may, from time to time, also enter into agreements that result in Us receiving rebates or other funds (“rebates”) directly or indirectly from prescription drug manufacturers, prescription drug distributors or others. Any rebates are based upon utilization of Prescription Drug Products across all of Oxford’s business and not solely on any on Participant’s or Plan’s utilization of Prescription Drug Products.

Any rebates received by Us may or may not be applied, in whole or part, to reduce premiums either through an adjustment to claims costs or as an adjustment to the administrative expenses component of Oxford’s prescription drug premiums. Any such rebates may instead be retained by Us, at Oxford’s discretion, in whole or in part, in order to fund such activities, including but not limited to, as new utilization management activities, community benefit activities and increasing reserves for the protection of subscribers. Rebates will not change or reduce the amount of any Out-of-Pocket Expenses applicable under Oxford’s prescription drug coverage.

**Section 4 – Exclusions**

In addition to the Exclusions listed in your SPD, the following are excluded from coverage under this Plan:

1. Prescription Drug Products obtained from a non-Network Pharmacy, unless your Plan has purchased such coverage. Please refer to your Summary of Coverage to see if your Plan has purchased Out-of-Network coverage for Prescription Drug Products.
2. Coverage for Prescription Drug Products for the amount dispensed (days’ supply or quantity limit) which exceeds the supply limit. Any prescription refilled in excess of the number specified by the Provider; refilled too soon or in excess of therapeutic limits; or any refill dispensed after one year from the Provider’s original order.

3. Prescription Drug Products dispensed outside of the United States, including its possessions or the countries of Canada and Mexico, except as required for Emergency treatment.

4. Drugs which are prescribed, dispensed or intended for use while you are an inpatient in a Hospital, Skilled Nursing Facility, or Alternate Facility.

5. Experimental or Investigational Services and medications; medications used for experimental indications and/or dosage regimens determined by Us to be experimental, investigational or unproven unless approved by an external appeal agent. Please see the “Utilization Review Appeal” Section of your SPD for your appeal rights.

**Important:** If an External Appeal Agent approves coverage of an experimental or investigational treatment that is part of a clinical trial, We will only Cover the cost of services required to provide treatment to you according to the design of the trial. We will not be responsible for the costs of investigational drugs or devices, the costs of non-health care services, the costs of managing research, or costs which would not be covered under this SPD for non-experimental or non-investigational treatments provided in such clinical trial.

This exclusion does not apply to drugs for the treatment of cancer that have not been approved by the Federal Food and Drug Administration for that indication, if the drug has been prescribed for a Participant who has been diagnosed with cancer, provided the drug is recognized for treatment of the specific type of cancer for which the drug has been prescribed in one of the following established reference compendia: (i) the American Medical Association Drug Evaluations; (ii) the American Hospital Formulary Service Drug Information; or (iii) the United States Pharmacopeia Drug Information; or recommended by review article or editorial comment in a major peer reviewed professional journal. This exception does not provide coverage for any experimental or investigational drugs or any drug which the Federal Food and Drug Administration has determined to be contraindicated for treatment of the specific type of cancer for which the drug has been prescribed.

6. Prescription Drug Products furnished by the local, state or federal government. Any Prescription Drug Product to the extent payment or benefits are provided or available from the local, state or federal government (for example Medicare) whether or not payment or benefits are received, except as otherwise provided by law.

7. Prescription Drug Products for any condition, injury, sickness or mental illness arising out of, or in the course of, employment for which benefits are provided under any Workers’ Compensation Law or other similar laws.

8. A specialty medication Prescription Drug Product (including, but not limited to, immunizations and allergy serum) which, due to its characteristics, as determined by Us, must typically be administered or supervised by a qualified provider or licensed/certified health professional in an outpatient setting.

9. Durable Medical Equipment. Prescribed and non-prescribed outpatient supplies, other than inhaler spacers and drugs for the treatment of osteoporosis specifically stated as covered.

10. Unit dose packaging of Prescription Drug Products.

11. Prescription Drug Products used for cosmetic purposes. Please note, all denials for these items are based on Medical Necessity. If coverage is denied, you are entitled to a Utilization Review Appeal.
12. Prescription Drug Products, including new Prescription Drug Products or new dosage forms that are determined to not be a covered service.

13. Prescription Drug Products as a replacement for a previously dispensed Prescription Drug Product that was lost, misused, stolen, broken or destroyed.

14. Diabetic Equipment and Supplies. Coverage for diabetic equipment and supplies is provided as part of your medical benefits. Please refer to your SPD for an explanation of these benefits.

15. Non-FDA approved legend drugs, non-legend drugs and drugs available over-the-counter which do not require a Prescription Order or Refill by federal or state law before being dispensed. Any Prescription Drug Product that is therapeutically equivalent to an over-the-counter drug unless Medically Necessary. Prescription Drug Products that are comprised of components available in Over-the-Counter form or equivalent.

16. Compounded drugs that do not contain at least one ingredient that requires a Prescription Order or Refill. Compounded drugs that contain at least one ingredient that requires a Prescription Order or Refill will be assigned to either Tier 2 or Tier 3.

17. New Prescription Drug Products and/or new dosage forms until the date they are reviewed and assigned to a tier by the PDL Management Committee unless Medically Necessary.

18. Vitamins, hematins, minerals and supplements, even if ordered by a Provider, unless specifically listed in the covered Items section of this Rider.

19. Charges for the administration or injection of any drug.

20. Immunization agents, biological sera, blood or blood plasma.


22. Oral and topical prescription antiseptics.

23. Prescription weight loss aids other than those used for the treatment of morbid obesity. Weight loss drugs that are used in the treatment of morbid obesity are automatically covered under the Prescription Drug Plan. Please note, all denials for these items are based on Medical Necessity. If coverage is denied, you are entitled to a Utilization Review Appeal.

24. Prescription Drug Products for smoking cessation. Please note, all denials for these items are based on Medical Necessity. If coverage is denied, you are entitled to a Utilization Review Appeal.

**Section 5 – Definitions**

This section defines the terms used throughout this rider. Other defined terms used in this rider can be found in the Definitions Section of your SPD. This section is not intended to describe benefits.

**Brand-Name:** a Prescription Drug Product that (1) is manufactured and marketed under a trademark or name by a specific drug manufacturer; or (2) that We identify as a Brand-Name Product, based on available data resources including, but not limited to, First DataBank, that classify drugs as either brand or generic based on a number of factors. You should know that all products identified as a “brand name” by the manufacturer, pharmacy, or your Provider may not be classified as Brand-Name by Us.
**Generic:** a Prescription Drug Product that (1) is chemically equivalent to a Brand-Name drug; or (2) that we identify as a Generic product based on available data resources including, but not limited to, First DataBank, that classify drugs as either brand or generic based on a number of factors. You should know that all products identified as a “generic” by the manufacturer, pharmacy, or your Provider may not be classified as a Generic by us.

**Network Pharmacy:** a pharmacy that has:
- entered into an agreement with us or our designee to provide Prescription Drug Products to Participants;
- agreed to accept specified reimbursement rates for dispensing Prescription Drug Products; and
- has been designated by us as a Network Pharmacy.

A Network Pharmacy can be either a retail or home delivery pharmacy for Plans that include coverage for mail order. Please refer to your Summary of Coverage to determine if your Plan includes coverage for mail order.

**New Prescription Drug Product:** a Prescription Drug Product or new dosage form of a previously approved Prescription Drug Product, for the period of time starting on the date the Prescription Drug Product or new dosage form is approved by the FDA, and ending on the earlier of the following dates:
- the date it is assigned to a tier by our PDL Management Committee; or
- December 31st of the following Calendar Year.

**Prescription Drug Cost:** the rate We have agreed to pay Oxford’s Network Pharmacies, including a dispensing fee and any sales tax, for a covered Prescription Drug Product dispensed at a Network Pharmacy. If your Plan includes coverage at non-Network Pharmacies, the Prescription Drug Cost for a Prescription Drug Product dispensed at a non-Network Pharmacy is calculated using the Prescription Drug Cost that applies for that particular Prescription Drug Product at most Network Pharmacies.

**Prescription Drug List (PDL):** the list that identifies those Prescription Drug Products for which Coverage may be available under this rider. This list is subject to Oxford’s periodic review and modification (generally quarterly, but no more than six times per Calendar Year). You may determine to which tier a particular Prescription Drug Product has been assigned through Oxford’s web site or by calling the Customer Service number on your ID card.

**PDL Management Committee:** the committee that We designate for, among other responsibilities, classifying Prescription Drug Products into specific tiers.

**Prescription Drug Product:** a medication, product or device that has been approved by the Food and Drug Administration and that can, under federal or state law, be dispensed only pursuant to a Prescription Order or refill. A Prescription Drug Product includes a medication that, due to its characteristics, is appropriate for self-administration or administration by a non-skilled caregiver.

Prescription Drug Product does not include medical supplies, drugs, medications, injections or intravenous therapies (i) provided at a hospital; (ii) provided in connection with any home care benefit under the SPD; or (iii) that must be administered by a physician or physician-supervised health professional.

**Prescription Order or Refill:** the directive to dispense a Prescription Drug Product issued by a duly licensed health care provider whose scope of practice permits issuing such a directive.

**Usual and Customary Charge:** the usual fee that a pharmacy charges individuals for a Prescription Drug Product without reference to reimbursement to the pharmacy by third parties.