

Disability Pride Month



Celebrated each July, **Disability Pride Month** is an opportunity to honor the history, achievements, experiences, and struggles of the disability community. Why July? It marks the anniversary of the Americans with Disabilities Act—landmark legislation that broke down barriers to inclusion in society. But barriers still exist, which is why we need to honor every kind of disability, the people who identify with them, and the wide range of supports they need to thrive. Here's more about the history of [Disability Pride Month](#).

Here are some ways to get involved this month and beyond:

- Attend a Disability Pride parade or festival; check local listings for events in your area.
- Learn [how to talk to kids about people with disabilities](#).
- [Take action](#) to advocate for the full inclusion and civil rights of all people.
- Read the [stories](#) of people with intellectual and developmental disabilities (IDD) to learn about the things that make them unique and the things we have in common.
- Enjoy media created by and with people with disabilities, such as [Crip Camp](#), [CODA](#), [Demystifying Disability](#), and [Grow Bold with Disability](#).

"People with disabilities are multilayered—we are complex breathing human beings defined by more than just what we lack."

Lauren Ridloff, actress and former Miss Deaf America

Looking for personalized resources? CCA@YourService offers information and referrals in the following areas:

Childcare and Education

- Local organizations and resource groups
- Therapeutic services (ABA therapy, speech therapy, physical therapy, etc.)
- Specialized childcare and schools
- IEPs and public school-based services
- Educational advocates
- Support groups for parents and family
- Socialization groups
- Transition (child to adult) planning resources

Adult Care and Elder Care

- Housing and residential care options
- Support groups for caregivers and family
- Government benefits
- Transportation services
- Homecare assistance
- Independent living skills training
- Adult day care programs
- Emergency response and medical equipment

Daily Living and Convenience

- Home modification contractors and resources
- Local events
- Grocery delivery options
- Vacation planning