**Health & Wellness Resources for**

**St. John’s Law Students**

**St. John's University Center for Counseling and Consultation**

Free, confidential counseling for all St. John’s students

**Call (during business hours)**: 718-990-6384 | **Call (after business hours)**: 718-990-6352

**Website**: [www.stjohns.edu/life-st-johns/health-and-wellness/center-counseling-and-consultation](https://www.stjohns.edu/life-st-johns/health-and-wellness/center-counseling-and-consultation)

**St. John's University Office of Student Health Services**

Schedule in-person or telehealth medical appointments

**Call (non-emergency health questions)**: 718-990-6360 (option 4)

**Website**: [www.stjohns.edu/life-st-johns/health-and-wellness/student-health-services](https://www.stjohns.edu/life-st-johns/health-and-wellness/student-health-services)

**St. John's University Office of Disability Services**

Academic accommodation inquiries

**Call**: 718-990-6867 | **Email**: ods@stjohns.edu

**Website**: [www.stjohns.edu/life-st-johns/health-and-wellness/disability-services](https://www.stjohns.edu/life-st-johns/health-and-wellness/disability-services)

**NYC Well**

Free, confidential mental health support, including suicide prevention and crisis counseling, peer support, and short-term counseling via telephone, text, and web; Assistance scheduling appointments for accessing other mental health services

**Text**: “WELL” to 65173 | **Call**: 1-888-692-9355 | **Website**: <https://nycwell.cityofnewyork.us/en/>

**Crisis Text Line**

Serves anyone in any type of crisis, providing access to free, anonymous, 24/7 support and information via text to a trained Crisis Counselor

**Text**: “HOME” to 741741 | **Website**: <https://www.crisistextline.org/>

**Lawyer Assistance Programs – New York City & New York State**

Free, confidential counseling for law students and family members who are affected by substance abuse, stress, depression, or other mental health issues

**New York City Hotline**: 212-302-5787

**New York City Website**: [nycbar.org/serving-the-community/lawyer-assistance-program](http://www.nycbar.org/serving-the-community/lawyer-assistance-program)

**New York State Hotline**: 877-772-8835

**New York State Website**: [nysba.org/lawyer-assistance-program/](https://nysba.org/lawyer-assistance-program/)

**Safe Horizon**

Safe Horizon's mission is to provide support, prevent violence, and promote justice for victims of crime and abuse, their families, and communities.

**Call**: 1-800-621-HOPE (4673) | **Website**: <https://www.safehorizon.org/>

**ThrivingCampus – Partnership with St. John’s University**

Students can search for off-campus mental healthcare providers filtering by criteria such as location, practice areas, telehealth availability, and insurance plan coverage.

**Website**: [stjohns.thrivingcampus.com](https://stjohns.thrivingcampus.com/)