



# Department of Student Wellness

Fall 2020

## **Counseling & Consultation**

The staff at the Center for Counseling and Consultation (CCC) is dedicated to helping students with a whole range of challenges that may interfere with the ability to live well, relate to others and succeed academically.

To ensure the optimal health and safety of our entire community, all services at the CCC will be held remotely for the Fall 2020 semester. Services will be centralized for students from all campuses whether students are attending classes in person or remotely. All CCC services are free and confidential for all registered St. John's University students within the limits of legal and ethical restrictions. We also have an After-hours helpline for students.

Please contact us at **718-990-6384** if you have any questions.

Visit us at [www.stjohns.edu/counseling](http://www.stjohns.edu/counseling) for more information!

## **Office of Disability Services**

Our goal is to aid students with permanent and temporary disabilities in gaining access to educational possibilities at St. John's University.

ODS is continuing to work remotely for the Fall 2020 semester. We are conducting web-based or phone registration meetings for students who have a new need for accommodations in relation to the online education environment and we continue to support currently registered students with their approved accommodations.

Please contact us at **718-990-6867** or [disabilityservices@stjohns.edu](mailto:disabilityservices@stjohns.edu) if you have any questions or need assistance with accommodations.

## **Student Health Services**

We offer free and confidential services to all students on the Queens and Staten Island campuses. You can get treated for minor illnesses and injuries. If there is a need for any additional testing, such as X-rays or blood work, we can assist you in finding an off campus local health provider.

## **Wellness Education and Prevention Services**

Wellness Education is more important now than ever during this time. While we are away from the campuses, Wellness Education and Prevention will be providing virtual wellness information to help members of the St. John's community persevere and thrive during these unsettling times.

Follow us on *Instagram* @stjohnswellness

## **SOAR (Sexual Violence Outreach, Awareness, and Response)**

The SOAR office works to prevent and reduce the traumatic impact of sexual assault, dating and relationship violence, and stalking at St. John's University. We do this through outreach with community stakeholders, raising awareness among our student population and by supporting victims through providing on and off campus resources.

Follow us on *Instagram* @SOAR\_SJU



Office Hours: Monday – Thursday 8:30 am- 4:30 pm; Friday 8:30 am – 3:00 pm