



A Johnny's Journey to Success Sophomore Year Experience

Academic

- Take an elective in a major or minor you are considering
- Talk with professors and advisors about course work and internship requirements
- Consider participating in Discover the World or a semester abroad
- Visit the Library, Learning Commons and Institute for Writing Studies and seek assistance
- Explore graduate programs in your field of interest. Research pre-requisite course requirements
- If applicable, renew your FAFSA
- Officially declare your major
- Log into MySJU and review your Academic Advisement Plan

Career

- Check in with Career Services to help you monitor the connection between your interests, choice of major and selection of career
- Update your resume and online profiles
- Explore Career Services resources on MySJU
- Attend all applicable career fairs, employer events and presentations
- Obtain an internship, secure part-time work, or volunteer in an area of interest
- Utilize social media (e.g., Twitter and LinkedIn) to stay up to date on current events and news within your possible career fields. Follow companies of interest
- Work with Career Services and faculty to make a target list of employers for internships
- Participate in a mentoring experience

Campus Community

- Stay involved in student organizations and begin to seek leadership opportunities
- Participate in a Service event
- Visit StormSync (OrgSync) and explore the opportunities to get involved
- Show your spirit and participate in traditional events (i.e., Tip Off, Winter Carnival, Relay for Life) and athletic events
- Apply for a Peer Leadership Position – SGI, RA, OL, Career Peer, Diversity, etc.

Health, Wellness & Spirituality

- Participate on an intramural team and a group fitness class
- Participate in a multicultural affairs event
- Check out the "It's On Us" webpage (www.stjohns.edu/itsonus) and sign up for a workshop
- Reflect on any successes and missteps you've experienced along your journey
- Consider participating in a Campus Ministry retreat or Plunge