Department of Counselor Education

# School Counseling Practicum & Internship Handbook

Revised 2021 Counselor Education Faculty

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#### Introduction

The purpose of this handbook is to inform St. John's University School Counseling and Bilingual School Counseling students (henceforth referred to as "School Counseling" students or SCH) about the program policies and requirements regarding their required field experience courses. These field experience courses, also known as practicum and internship, include:

- EDU 6305/6306, Practicum in School Counseling/Bilingual School Counseling
- EDU 6590/6592, Internship I in School Counseling/Bilingual School Counseling
- EDU 6591/6593, Internship II School Counseling/Bilingual School Counseling

All three courses must be successfully completed to obtain the M.S. Ed. in School Counseling from St. John's University. These field courses are one of several program requirements including core courses, electives, and completion of an exit examination.

**St. John's University School Counseling Students are responsible for reading and understanding all information in this handbook.** Students must sign the "Practicum & Internship Handbook Agreement" at the end of this handbook, indicating that they have read and understand all information in the handbook. Questions or clarification about the content of this handbook must be addressed with your advisor or faculty member before signing the agreement, as your signature indicates your understanding and agreement. The Practicum & Internship Handbook Agreement is located on the last page of this handbook

#### **Eligibility**

To be eligible to register for practicum and/or internship, you must have completed 12 of the required 60 credits from core courses with a B or higher. Students who fail to earn a B or higher in these courses may be required to de-register from practicum. Specifically, these courses include:

6127 – Introduction to Counseling	
6205 – Group Dynamics	
6264 – Counseling Skills and Techniques	
6262 – Assessment in Counseling	

Students who have not completed the courses indicated above are not eligible to enroll in a field placement course. All students must have proof of current malpractice insurance to register for a field placement course.

You must earn a B or higher in all field placement classes to progress in field work. Students who do not earn a B or higher in field work courses will be required to repeat the course.

#### **Practicum & Internship Policies**

1. Hours: You are required to do one practicum and two internships in the program for a total of a minimum of 700 hours. Specifically, the breakdown of hours is:

Semester Requirements	Practicum	Internship I	Internship II
Total Hours	100	300	300
Direct Contact Hours	40	120	120
Indirect Hours (may	60	180	180
include supervision)			

**Direct hours and services** are guided by the American School Counselors Association, as well as CACREP Standards. Definitions of direct hours are outlined on page 14. **Direct hours must include group and individual counseling**. **Supervision** must equal at least one hour per week that you are at your site. This may include individual, triadic, or group supervision.

#### 2. Paperwork

- a) You must obtain formal approval from your advisor in the semester (Fall or Spring) prior to the term you intend to take the fieldwork courses.
- b) New internship forms must be completed every semester even if you remain at the same site. They must be submitted BEFORE the first day of class.
- c) You are not permitted to be on-site unless you have completed, signed paperwork.

#### 3. Registration

- **a.** You will <u>not</u> be able to register for the practicum or internship if the completed paperwork is not presented at the time of advisement for registration.
- **b.** You will <u>not</u> be able to register for any fieldwork course if (a) your GPA is below 3.0 or (b) if you have any "INC" grades.
- **c.** If you obtain a grade below "B" in any field course, you must repeat the course.

#### **4.** Required Meeting on the Placement Process

There is a required informational meeting on the field placement process during EDU 6264 Counseling Skills & Techniques for all students starting practicum in the spring semester.

#### **5.** Site Specifics & Supervision

When exploring potential internship sites, students must ensure that the appropriate supervision and accommodations are available on-site. Specifically, your site MUST

- Have fully certified school counselor (not provisionally certified) who is willing to serve as your supervisor; this person must meet with you weekly, sign off on logs, and complete your evaluation. Students in the bilingual certification program must be supervised by a school counselor certified in bilingual education.
- Allow you to engage in audiotaping with your students (with signed parental consent)
- Provide opportunities for you to engage in direct contact, including group and individual counseling, with students.

Counseling students must complete both an elementary and secondary placement during their field work. At least one internship must be completed at a high school.

#### Your role as a student and representative of St. John's University

Students in practicum and internship must understand that they represent St. John's University, and specifically the School Counseling program, with each interaction that they have with potential internship sites, as well as the site where they are ultimately placed.

#### Finding an Internship Site

Students are encouraged to begin seeking a practicum or internship site *well in advance of* the date they would like to begin interning. Faculty will support the student in finding a placement, *however students must put in effort toward securing their own site*. Most sites will require a resume and interview. Students should be prepared to provide relevant items while also being patient with the placement process. Here are some tips regarding your search:

- Be ready: have a resume, cover-letter, interview dress/attire, interview skills, etc.
- Be respectfully **persistent**: call, email, stop by in person (hand deliver resume).
- Be **patient:** the process takes time;
- Be **professional:** Always remain professional. Do NOT be rude or harass people. Smile. Have a positive outlook and use your manners. Write professionally; look professional.

#### Outlook and Attitude – both during the search and on-site

Students are reminded to maintain a positive outlook and attitude about their internship search and site placement. While they may encounter frustrations along the way, students must remain vigilant in presenting themselves as a professional, eager, and motivated intern.

#### **Changing Sites**

Remember that School Counseling students can NOT stay at the same site for three semesters. You must do at least one placement at the elementary level, and at least one of your internship placements must be at the high school level. Be sure that you are leaving yourself ample time to complete the process of changing internship sites if needed.

#### Telemental Health and Distance Counseling

Following COVID-19, distance counseling, telemental health, and e-supervision (services provided via phone, video, or other distance platform) was approved by both New York state and CACREP for field work. We have not been informed as to its continued approval or disapproval. Until we do, students may engage in distance counseling, however the site must provide training on distance counseling and the technology platform. Students may not use their personal or school information (e.g. personal phone number, school email, social media, videoconference logons, etc.) to conduct services, in order to maintain professional boundaries.

#### **Program Contact Information**

If you have questions about your role as an intern, the field placement process at St. John's, or if a field placement site is seeking a University contact, please contact:

#### Heather C. Robertson, PhD

Associate Professor and Department Chair, Counselor Education Department Sullivan Hall Room 521, 718-990-2108, robertsh@stjohns.edu

#### Problems of Professional Competency (PPCs) and Professional Dispositions

(formerly referred to as Non-Academic Behavior)

Occasionally students may behave in a manner which is inconsistent with the professional behavior of a counseling student or a counselor-in-training, or display inappropriate professional disposition. These situations are called Problems of Professional Competency (PPC). PPCs are viewed quite seriously by the program faculty and warrant faculty involvement and intervention. Counseling faculty members are called upon to be 'gate-keepers' of the counseling profession. This means that faculty members have a responsibility not only to our Counseling students and their well-being, but to (1) the clients our students currently serve (as counselors-in- training), as well as to (2) the clients our graduates will serve in the future (as professional counselors). Unfortunately, PPCs most often occur during field placements. PPCs and professional dispositions were previously discussed in Student Orientation and are outlined in the Counselor Education Student Handbook.

#### PPCs can be classified in three ways:

- (a) inadequate academic or clinical skill levels
- (b) personality and/or psychological unsuitability, and
- (c) inappropriate moral character.

#### Examples of each PPC may include:

- (a) Inadequate academic or clinical skill levels: Inability to acquire professional counseling standards or inability to reach an acceptable level of competency
- (b) Personality and/or psychological unsuitability: Inability to manage one's stress, dysfunction, or emotional responses; inflated sense of self and/or skills
- (c) Inappropriate moral character: engagement in unethical behavior. (Brown-Rice and Furr, 2013)

PPCs may interfere with a student's ability to perform as a professional counselor. Other examples of PPCs include: overestimating one's abilities, not putting the needs of the clients first, unmanaged pre-existing conditions, alcohol/drug use, lying, manipulation, disrespect towards authority, inability to take feedback, unprofessional demeanor, poor judgment, abusive behavior, breach of confidentiality, racism/bigotry, and forcing personal values.

Faculty evaluation students' professional disposition every semester. If a student exhibits a PPC, they will meet with faculty members to determine the appropriate remediation. This may include removal from the site or program if warranted.

#### **Communication with Supervisor**

You should have ample opportunities for supervision throughout your practicum and internship experience. This supervision will occur in multiple formats, including:

**On-site Supervision:** You should plan on meeting with your on-site supervisor for an average of one hour per week. This may be broken down into smaller time increments but it is important that you communicate this need for supervision to your on-site supervisor during the interview. On-site supervisors can be busy but you must advocate for yourself for the supervision you require. This supervision can be individual, triadic, or small group supervision.

**Faculty Supervision:** You will meet with your faculty supervisor at least once per week for group supervision with other members of your class. This is your opportunity to discuss other areas of concern and get feedback from your faculty member and classmates. All client information remains confidential during these sessions. You may also meet with a Clinical Associate during your class time who will also provide supervision and feedback.

**Journal/Log Feedback:** Your faculty supervisor will read your weekly journals and logs and will provide you with feedback, questions, and input regarding the cases and situations you discuss. Students are expected to read this feedback, implement feedback, and respond to any inquiries posed by the faculty member. You may elect to share your journal with your onsite supervisor such that they understand what you are experiencing on site.

**Collaborative Supervision:** The internship professor (faculty supervisor) views the clinical training of the internship as a collaborative task with the site supervisor. Therefore, students should be aware that any written assignment or communication from a student may be shared with the student's site supervisor if it is deemed by the professor to be relevant to the student's clinical training.

#### SJU Counseling Student Field Placement Data Repository

Every semester that you enroll in internship and/or practicum, you are required to enter your site information, including your site supervisor's contact information into the Field Placement Data Repository. Even if you remain at the same site, you must complete the data survey with updated information each semester.

This data survey allows us to comply with federal mandates regarding employment law practices. Please be sure that you complete the data survey each semester for all three field placements. The tracking survey link should be listed on your syllabus each semester, and can also be found at the following link: https://forms.office.com/r/iJRnVitXLM

#### **Explanation of Forms**

There are several forms that students are responsible during for their internship and practicum experiences. Some of these forms are to be submitted to your faculty member or your advisor as a component of your class. Others are for your informational purposes. Specifically, these documents include:

- Practicum and Internship Site Supervisor Agreement. This form is required prior to course registration/advising. (p. 9)
- Student Application for Practicum or Internship in School and Bilingual School Counseling. This form is required prior to course registration/advising. (p. 10)
- Practicum Letter of Understanding. This form is required prior to course registration/advising for practicum. (p. 11)
- Internship Letter of Understanding. This form is required prior to course registration/advising for internship. (p. 12)
- Instructions for Log Completion (p. 13)
- Direct, Indirect, and Supervision Descriptions (p. 14)
- Sample Log in MS Word (p. 16)
- Instructions for Completing a Reflective Journal (p. 17)
- Field Work Goal Sheet (p. 19)
- Release Form. MUST be signed by parent or guardian prior to taping. (p. 20)
- Sample Counseling Session Report (p. 21)
- Guidelines for Digital Recording (p. 22)
- Counseling Skills Rubric (p. 23)
- Student Self-Evaluation Following Field Experience (p. 27)
- Student Evaluation of Clinical Associate Experience (p. 29)
- Student Evaluation of Field Experience (p. 32)
- Onsite Supervisor Evaluation Form (p. 34)

The student is responsible for submitting all required forms by the deadlines indicated above, or by the deadline indicated on their course syllabus.

#### School of Education

Department of Counselor Education School Counseling / Bilingual School Counseling Program

#### **Practicum & Internship Site Supervisor Agreement**

Semester	Campus		Practic	um Internship I	11
Counselor Trainee	's Name:				Counselor
Trainee's Phone N	umber & Email:				Counselor
Trainee's Liability	Insurance Co. & Policy #_				
Members	hip (check all that apply)	ACSA	ACA	Other:	
Course Name & N	umber:				
Site Name:					
Site Address:					
Site Supervisor's N	Vame:				
Site Supervisor's T	itle:				
	Advanced Degree and Major				
Site Supervisor's C	Certification / License:				
Site Supervisor's P	hone Number & Email:				
Site Supervisor's Y Professional:	Years of Experience as Perm	anently Certific	ed / Licensed Scho	ool Counselor / Mental Ho	ealth
Supervisor's Initia	ls to indicate that they have	received SJU S	Supervisor's Manu	ual & Training PPT:	
under the supervision per semester in a K of 300 hours per semester in a K hour of supervision the graduate student ethical guidelines (Code of Ethics) with the supervision of the supe	graduate student has permis on of the site supervisor. It L - 12 school setting (40 hours emester (120 hours minimum on per week. In addition, it at, will be making <b>digital re</b> of the counseling profession all be maintained. Confident stance and cooperation.	is understood to urs minimum of m of direct services understood to ecordings of con (American Cou	hat the practicum direct service). To ce). The site sup hat, with parental unseling sessions inseling Association.	experience consists of a range internship experience ervisor agrees to provide consent, some of the direct as part of the course recon and American School	minimum of 100 hours consists of a minimum le a minimum of one cct services provided by quirements. All Counseling Association
Counselor Trainee	's Signature	Date			
Site Supervisor's S	ignature	Date			

Students are to make three (3) copies of this form. The original is to be attached to your application, retain one copy for your records, give one copy to your site supervisor and the other to your professor.

#### School of Education

Department of Counselor Education School Counseling / Bilingual School Counseling Program

#### Student Application Practicum or Internship in School and Bilingual School Counseling

<u>Direction</u>: The completed application along with the Site Supervisor Agreement must be submitted to your Program Advisor during the advisement meeting <u>the semester prior to the term</u> you plan to take any of the supervised practicum or internship in counseling. Students should retain a copy of the application for their records.

Please initial and date each paragraph in the space provided You are required to take at least one individual practicum course related to your area of specialization. The practicum courses are field-based experiences designed to provide you with the opportunity to perform on a limited basis and under supervision, some of the activities that a regularly employed staff member would be expected to perform. This course requires at least 100 clock hours of supervised experiences related to your area of concentration. A minimum of 40 of these hours must be in direct client service (individual and group counseling, testing, developmental lessons, consultation, etc.) and the remainder of the time spent in indirect client service (consultation preparation, record keeping, supervision, information and referral, in service and staff meetings, etc.). Your program also includes six credits in internship which must be taken over two semesters. Each three credit internship requires you to complete 300 hours of appropriate work in a field site (300 hours is equivalent to 20 hours a week for 15 weeks) including a minimum of 120 hours of direct client services (counseling, testing, developmental lessons, consultation and the remaining hours in indirect client services). These courses are designed to provide the opportunity for you to perform all of the activities that a regularly employed staff member would be expected to perform. In order to take internship, the successful completion of a practicum in your area of concentration is required. Clinical supervision for your work in both individual and group counseling is provided by a qualified and appropriately certified school counselor and the staff and faculty of St. John's University. These field courses require you to make a digital recording/video of your counseling experiences with your student clients. These recordings will be reviewed with you each week with your clinical supervisor. In addition, you will receive a minimum of one and one-half hours of group supervision each week in an on-campus seminar. Your counseling performance will be evaluated throughout the practicum/internship experiences which will include a formal evaluation at the completion of the semester by a faculty member in consultation with the site supervisor. At the field based site, a qualified and appropriately certified supervisor must agree to provide on-site supervision which includes identifying and securing appropriate student clients, authorizing the recording of counseling sessions, providing a meaningful work environment, and certifying the number of hours of direct client services. You must obtain permission from an appropriately credentialed counselor to do your practicum and/or internship at their site. The site supervisor must sign this form indicating his or her agreement to provide the necessary administrative supervision for your counseling experiences. To register for a field class, bring this completed signed form to your faculty advisor with updated transcripts which show you meet all requirements for the field work you are applying for. Registration must be completed during the fall or spring term prior to the semester you intend to take any field course. You are required to have the appropriate malpractice insurance during every semester you are a student. Finger printing must be completed the semester prior to taking the practicum and a copy of the receipt should be given to your advisor when registering for the course.

#### St. John's University School of Education

Department of Counselor Education School Counseling / Bilingual School Counseling Program

#### **Practicum Letter of Understanding**

All practicum students are required to read and sign this form. Please make a copy of this completed form for your records. The original must be filed in your official folder.

- I have read and understand the ethical standards of both the American Counseling Association and the American School Counseling Association and will practice in accordance with these standards. Any unethical or illegal behavior may result in removal from the field site and/or dismissal from the program.
- I agree to adhere to the administrative policies, rules, standards, and practices of the practicum/internship site.
- I understand that my responsibilities include keeping my supervisor informed of my practicum / internship experiences.
- I understand that I must complete the required number of hours per week at the site (practicum ~ 8 hours) including an average of one hour per week of clinical supervision at a place and time approved by my course professor.
- I understand that a minimum number of digital recordings will be required for supervisory purposes. Specific requirements such as the number and type will be clarified on the course syllabus.
- Digital recordings will be reviewed and feedback provided by a Clinical Associate and/or faculty member teaching the field course. All recordings are to be made during the academic term in which the field work is taken. The first recording will be available for review no later than the third class meeting of the course. Late recordings will lead to a grade reduction. Recordings are to be made throughout the term. No more than one recording is to be made during any one week.
- Failure to make the required number of recordings for supervision when they are required will result in failure of the course.
- I understand that I will not be issued a satisfactory grade in a field course, that is a grade of "B" or better, unless I
  demonstrate a specified level of counseling skills, knowledge and competence and complete specified course
  requirements.
- I understand that until I satisfactorily complete the practicum requirements, I cannot take the internship.
- I understand that it is my responsibility to maintain malpractice insurance during all field courses and that I must produce evidence of this insurance at the first meeting of each seminar.
- I understand that I must be fingerprinted prior to attending my site.

Signature of Faculty Supervisor

•	I understand that I must complete a new Site Suj semester of field courses.	pervisor Agreement and new Letter of Understanding for each
	Student Signature	Date
	Signature of Clinical Supervisor	Date

Date

# St. John's University School of Education

Department of Counselor Education School Counseling / Bilingual School Counseling Program

#### **Internship Letter of Understanding**

All practicum /internship students are required to read and sign this form. Please make a copy of this completed form for your records. The original must be filed in your official folder.

- I have read and understand the ethical standards of both the American Counseling Association and the American School Counseling Association and will practice in accordance with these standards. Any unethical or illegal behavior may result in removal from the field site and/or dismissal from the program.
- I agree to adhere to the administrative policies, rules, standards, and practices of the practicum/internship site.
- I understand that my responsibilities include keeping my supervisor informed of my practicum / internship experiences.
- I understand that I must complete the required number of hours per week at the site (internship 30 hours) including an average of one hour per week of clinical supervision at a place and time approved by my course professor.
- I understand that a minimum number of digital recordings will be required for supervisory purposes. Specific requirements such as the number and type will be clarified on the course syllabus.
- Digital recordings will be reviewed and feedback provided by a Clinical Associate and/or faculty member teaching the field course. All recordings are to be made during the academic term in which the field work is taken. The first recording will be available for review no later than the third class meeting of the course. Late recordings will lead to a grade reduction. Recordings are to be made throughout the term. No more than one recording is to be made during any one week.
- Failure to make the required number of recordings for supervision will result in failure of the course.
- I understand that I will not be issued a satisfactory grade in a field course, that is a grade of "B" or better, unless I
  demonstrate a specified level of counseling skills, knowledge and competence and complete specified course
  requirements.
- I understand that until I satisfactorily complete the requirements of Internship I, I cannot take the Internship II.
- I understand that it is my responsibility to maintain malpractice insurance during all field courses and that I must produce evidence of this insurance at the first meeting of each seminar.

•	I understand that I must complete a new Site Superv semester of field courses.	isor Agreement and new Letter of Understanding for each
	Student Signature	Date
	Signature of Clinical Supervisor	Date

Date

Signature of Faculty Supervisor

#### School of Education

Department of Counselor Education School Counseling / Bilingual School Counseling Program

#### Instructions for Log Completion

- 1) Timeframes for completion: To be most accurate, logs are to be completed on a daily basis. Each week you will have your site supervisor sign off on the logs. Then they are to be submitted on a weekly basis to your faculty supervisor for final signatures.
- 2) Before requesting your site supervisor's signature, you must be sure that **all totals** have been entered. Then you may submit the log for faculty signature.
- 3) The top portion of each log requires you to fill in totals for direct, indirect, total contact hours. You are required to complete this every time you complete a page as it will help you track where you stand with respect to direct, indirect, supervision and total contact hours, allowing you to plan your schedule accordingly. Please note that due to the differing nature of each site and each student's recording style, the amount of information or days that fit on one page will vary. Therefore, it is better to fill this in when the sheet is complete, noting the first day and the last day on the sheet.
- 4) When recording time, students need both the time of day, and in parentheses next to that the number of hours that the activity took. This will 1) make it easier to calculate daily totals, and 2) also help you track your time throughout the day. For example, if you conducted an intake from 9:30am 10:30am you would record this time and indicate that it is 1 hour (ex.. 9:30-10:30 1.0 hours).
- 5) The description of activities is best kept brief while at the same time includes enough detail to jog your memory. Again, if you were conducting an individual counseling session, you might note that you spent the hour discussing family issues by noting "individual session re: family issues". Detailed notes/reflections can be kept separately in your journal.
- 6) Logs must be typed. Leave spaces if needed to make it more legible.
- 7) Keep your descriptions brief. Remember they are logs not journals or case notes.
- 8) Protect client confidentiality. Use first names or initials.

# St. John's University School of Education

Department of Counselor Education School Counseling / Bilingual School Counseling Program

#### **Direct, Indirect, and Supervision Descriptions**

Time logs are divided into three categories: 1) direct service, 2) indirect service, and 3) supervision. The following is a definition of each type if activity along with a sample activity description. The descriptions are not meant to be exhaustive descriptions of activities that fit into each category.

- Direct Service. This category captures any and all direct service provided to clients. Observation of direct service provided by someone else does not count as direct service. It may be used if you co-delivered services. It is used only when care is provided directly to the client or family member. The CACREP requirement for practicum students is a minimum of 40 direct hours. Internship students must conduct a minimum of 120 direct hours for each 300 hour internship (totaling a minimum of 240 hours for both internship classes).
  - a. **Intake/interview.** When a student has conducted a first session with a client or family member, it can be called an intake or interview. It may sometimes be used several times for one client, if the intake takes more than one session to complete. Students can inquire about how their individual sites records such occassions.
  - b. **Individual counseling.** This activity includes all other individual sessions held with a client. Typically these are done in 30, 45 or 60 minute increments depending on the nature of the site and client population.
  - c. **Group counseling**. When counseling services are provided in a group format, this category is used. Groups may be educational or social/emotional oriented in nature. On the logs the time is recorded and counted only once noting all the clients' initials in the appropriate column. So for a 90 minute session with four clients, you would record the 1.5 hours of direct service only once and mention in the description the number of session attendees.
  - d. **Testing / Assessment.** This activity is recorded when a student conducts an assessment with a client or group of clients. These activities may include both standardized and non-standardized measures.
  - e. **Family meeting / Conferences.** When students meet with several other professionals and with the client and his/her family members.
  - f. Other (specify). This category includes any direct service that is being provided to a client that is not included above. This may be partially dependent on what sites call the activity. It may sometimes include "outings" at certain sites (note here that you would only count the time on such an activity that substantial direct service occurred). It may also include phone calls to clients that by your definition were useful to the client.
- 2) **Indirect Service**. This category captures activities that counselors usually perform in association with direct service activities. There are activities indirectly related to client care or case management functions. This category can also include activities that relate to educational or training activities that students may participate in as part of their fieldwork experiences.

- a. **Case consultation.** This involves activities in which the counselor is in contact with other service providers regarding a client's care.
- b. **Research.** This includes activities related to client care. This time may include researching a client's medical or mental condition. It could also include investigation into potential resources for a client. Such activity must be approved by the student's site supervisor prior to its execution.
- c. **Correspondence / Report writing**. This activity includes any and all correspondence or formal report writing related to the client's life.
- d. **Staffing / Meeting.** This category includes meetings where several professionals are present to discuss one or more clients. If this is a regularly scheduled event, just document the time frame as a whole block and note on the line which clients of yours were discussed. Note that you should not count the time for clients discussed unless you are specifically a part of the "treatment plan."
- e. **Case management.** This category may include activities related to overseeing a student's/client's case. It may include phone calls, case note documentation, scheduling arrangements, etc.
- f. **Training / observation.** This includes any activity where formal training is provided (e.g., orientation) or when a student is in the learning or observing phase of a new activity. Training in this code is related specifically to the job duties to be performed.
- g. **Inservice.** This category includes brief training experiences that are offered to all professionals at a site from time to time. It might relate to a new treatment, a resource, or professional development.
- h. **Conference / workshop.** This category includes training, usually ½ day to 1 day, that a site may allow the student to participate in. Again, it might relate to a new treatment, a resource, or professional development.
- i. **Other (Specify).** This category can include activities when an indirect service is being provided that is not being captured by the above descriptions.
- 3. **Supervision.** This area includes two types of supervision that students may receive. According to CACREP, students must receive an average of one hour per week of individual supervision and 1 ½ hours of group supervision.
  - a. Individual and/or triadic supervision (on site). This includes any and all individual or triadic supervision received on site and may be provided in any format: live, video, digital recording or other. Supervision can occur in blocks of time as well as on an informal basis. It can also include supervision provided by one or more supervisors either together or individually.
  - **b. Group supervision (CA or faculty).** This supervision is provided by the faculty member or CA at the university. This may be provided in any format: live, video or digital recording.

#### School of Education

Department of Counselor Education School Counseling / Bilingual School Counseling Program Graduate Student Log of Field Experiences

Name		Concentration				_
Course Tit	ile	Semester and Year _				_
Field Site		Site Supervisor				_
Dates From	mTo	Total Contact Hours				
Total Dire	ct Service Hours Total Indirect Service	e Hours Total Si	upervision H	ours		_
experience study. Ke	c: Complete two copies of this form each semesters must be approved by your advisor and supervep one copy of this form in your personal file around number each page, each of which must be v	vised by an appropriately and submit an original for	certified on-s you departme	site supervisental file. Us	or for youse addition	ur field of
Dates and Times	Description of Activities	•	Hours of Direct Service in Individual Counseling	Hours of Direct Service in Group Counseling	Hours of Indirect Service	Supervis ion Hours
Supervis	or's Signature	ī	Date			

School of Education

Department of Counselor Education School Counseling / Bilingual School Counseling Program

#### INSTRUCTIONS FOR KEEPING A REFLECTIVE JOURNAL

All journal submissions must be typed according to the following guidelines.

- Information describing the particulars of a situation should be typed in regular font (as in this sentence).
- Information describing your feelings and reflections on these particulars should be typed in bold font (as in this sentence).
- Information regarding how you related the above to course content either in the text or assigned readings, e.g., journals, etc. should be typed in italics (as in this sentence).

Using this typing format will enable you to focus on these elements and allow you to see visually that these elements were included in your reflection. Obviously the amount typed in each section will vary but it enables you to make connections that might have been otherwise ignored.

#### Purpose for Keeping the Journal:

- It is a way to communicate with your instructor. Frequently questions or ideas will arise when you do not have the opportunity to discuss them. Note them in your journal and later they can be addressed.
- It is a place a document aspects of your development. Growth is a process; a journey that lasts a lifetime. Write about changes you see within yourself both from personal and professional perspectives.
- It should contain your on-going self-appraisal. Discuss your achievement and the problems your encounter as you work to develop your counseling skills and yourself as a person.
- Write about your goals, learning, client-related experiences, professional issues, etc.
- Report on your experiences during seminar. In each writing, focus on both the content and the process of this group experience.
- Record your thinking about your clients progress; difficulties, possible counseling alternatives and reasons for selecting the paths you are taking with them.
- Report on supervision experiences with on site supervisors and your Clinical Associate.

Make entries in your journal each day and include that date and time. Try to get in touch with and write about issues that affect you both personally and professionally. Address your entries from the standpoint of feeling, cognitions, and behaviors.

Your journal is intended only for you and your supervisor. However, it should be noted that there are limits to the confidentiality of this document, specifically when there are threats to student/client safety, counselor wellness, and/or problems of professional competency. Issues such as these can be raised with faculty, site supervisors, and outside authorities. Counseling students will be informed when such measures have to be taken.

School of Education

Department of Counselor Education School Counseling / Bilingual School Counseling Program

#### FIELD WORK GOAL SHEET

At the end of the first session with your new student client, you are to (1) identify the agreed upon areas of concern, (2) formulate a realistic goal(s) and (3) prepare a plan to accomplish the formulated goal. You must submit this form with your first. The plan must be approved by your Clinical Associate prior to your second session with the student.

(1) Agreed Upon Areas of Concern:	
(2) Formulated Goal(s)	
(3) Plan to Accomplish Formulated Goal	
Approved:	Date:
-Pr	<del></del>

ST. JOHN'S UNIVERSITY SCHOOL OF EDUCATION 8000 UTOPIA PARKWAY JAMAICA, NEW YORK 11439 TELEPHONE: (718) 990-6455

#### Release Form

You have been selected to participate in a counseling program offered in conjunction with other school activities. The purpose is to develop increased insight into attitudes and values, and to help you change behaviors which are not conducive to your growth and development.

The sessions will be digital recorded in order to insure that objectives are being accomplished and for supervision of your counselor. You may be assured that maintaining confidentiality is of utmost concern. No client will be identifiable by name on the digital recordings.

You may void this permission at any time.

Please sign below to grant permission for participation in this counseling field work and to allow taping.

Signature	Date	
Parent/Guardian if necessary	Date	
St. John's Student	_Date_	

#### SAMPLE COUNSELING SESSION REPORT

Client:	Date:
Counselor:	Session No:

1. Client Information (data needed to understand the client's situation). NO NEED TO REPEAT INFORMATION ALREADY PROVIDED – SIMPLY UPDATE AS NEW INFORMATION APPEARS.

John is a 10<sup>th</sup> grade student with ambition to go to college. Grades are borderline for admission to schools of his choice, with a strong deficit in math. Appears to feel defeated and no longer applies himself in this subject. Family is supportive and teachers are willing to help, but John fails to take initiative. Family and peer relationships are good as is general adjustment.

2. Goal(s) for Session (Short-term) THESE ARE TENTATIVE GOAL STATEMENTS AND ARE MADE PRIOR TO THE SESSION AND STATED IN BEHAVIORAL TERMS FOR THE CLIENTS.

John will identify three ways in which he could improve his study habits.

John will agree to a contract to improve his studying in math.

3. Report of Session (What happened?) COMPLETED IMMEDIATELY OR UPON REVIEW OF SESSION BEWARE OF RELYING TOO HEAVILY ON YOUR MEMORY

John tried to evade the issue of his study habits hopping from topic. He appeared quite nervous when asked about the amount of time spent on study each night. John identified two ways he could improve his studying, but time ran out before a plan could be agreed upon. We will meet again next Tuesday.

4. Evaluation of Session (e.g. Counselor's thoughts and feelings regarding results achieve, what you would have done differently).

My overall approach to the problem appears appropriate. I do need to work on being more directives to avoid the client skipping from topic to topic. This would increase my efficiency in counseling. When he was moving around I felt confused and lost my direction. I need to be clearer on where I want to go during the session, while not losing contact with the client (in case he brings up a topic we <u>really</u> need to deal with).

5. Plan for the future (e.g. what to try next session; long-term goals, etc) THE SECTION IS TO BE COMPLETED <u>PRIOR</u> TO THE NEXT SESSION.

Confront John's avoidance behavior and stress self-responsibility for studying. Develop a contract with John to study a minimum of one hour on math each night until he brings his marks up to a B+ average. Have John keep a calendar indicating study times. He will bring the calendar to each session. Relate John's long term goal of going to college with his grades.

#### GUIDELINES FOR DIGITAL RECORDING CLIENT SESSION FOR SUPERVISION

- 1. Obtain written permission to digitally record each client, whether individual or in groups. Permission must come from the parent or guardian if the client him/her is not of age or has been declared incompetent.
- 2. It is your responsibility to ensure your recordings are clear and audible. Prior to each session, place the recorder where you will be using it and make a test recording sitting in each chair. Use a volume consistent with that of the client and yourself so you can determine if you are getting a good recording. Adjust as needed.
- 3. There is no need to ask a client to review his/her history on the recording for the supervisor. If you feel such a review is necessary for the client's sake, then do so. The sessions are for your client and actions that are not a part of a regular session will detract from your work.
- 4. Review each of your recordings following your sessions. By doing so, you will become aware of issues on which you need to work. You may notice such things as habitual mannerisms (uhh, hmm, and etc.), unconscious interruptions or "talking over" the client, evidence of your own discomfort regarding a client's strong negative emotions (hurt, fear or anger), failure to move into the next stage of counseling (not moving into the working stage, or failure to terminate when needed), asking too many questions, failure to focus on clients affect, not really being "present" with the client, etc.
- 5. Each recording is to be accompanied by a written session report. A format for the report will be provided. You need not use the form, per session, but the format should still be followed. Feel free to use the back of the sheet or additional pages if needed. The report may be hand written; it need not be typed, unless specified by the professor.
- 6. As professional growth is the primary focus for taping the session, please be sure to identify at least one thing you could have done differently in each session which would have improved it. No session is perfect and failure to engage in ongoing self-monitoring inhibits professional growth.
- 7. Submit recordings that represent where you really are in your counseling development, not what you consider your "perfect session" or "spectacular" case. Remember, the purpose is professional development, and that starts from where we are right now.
- 8. Place your name on each CD or thumb drive and written report otherwise you may not have your items returned to you or you may not get credit for your work.
- 9.. Maintaining client confidentiality of utmost importance. Only first names of clients are to be used on recordings and written material.

The General Counseling Rubric

	-	THE General			
Specific Criteria	1	2	3	4	Comments
<ol> <li>Opening: The beginning of the session was unstructured, friendly, and pleasant.</li> </ol>	Does not demonstrate criteria or does so poorly or inappropriately.	Minimally demonstrates criteria or does so to an extent but inappropriately.	Approaching satisfactory or appropriate demonstration of criteria.	Very good and appropriate demonstration of criteria.	
2. Rapport: The counselor established rapport with the counselee to set the stage for a productive session.	Does not demonstrate criteria or does so poorly or inappropriately.	Minimally demonstrates criteria or does so to an extent but inappropriately.	Approaching satisfactory or appropriate demonstration of criteria.	Very good and appropriate demonstration of criteria.	
3. Interaction: The counselee and counselor communicated in a meaningful manner.	Does not demonstrate criteria or does so poorly or inappropriately.	Minimally demonstrates criteria or does so to an extent but inappropriately.	Approaching satisfactory or appropriate demonstration of criteria.	Very good and appropriate demonstration of criteria.	
4 .Acceptance: The counselor was accepting of counselee's emotion and expressed thoughts.	Does not demonstrate criteria or does so poorly or inappropriately.	Minimally demonstrates criteria or does so to an extent but inappropriately.	Approaching satisfactory or appropriate demonstration of criteria.	Very good and appropriate demonstration of criteria.	
5. Reflection of Feeling: The counselor reflected and/or validated the counselee's feelings.	Does not demonstrate criteria or does so poorly or inappropriately.	Minimally demonstrates criteria or does so to an extent but inappropriately.	Approaching satisfactory or appropriate demonstration of criteria.	Very good and appropriate demonstration of criteria.	
6. Counselor Responses: Counselor responses were appropriate in view of what the counselee was expressing.	Does not demonstrate criteria or does so poorly or inappropriately.	Minimally demonstrates criteria or does so to an extent but inappropriately.	Approaching satisfactory or appropriate demonstration of criteria.	Very good and appropriate demonstration of criteria.	
7. Attending Skills: Counselor is attuned to counselee's nonverbal communication, i.e. body language.	Does not demonstrate criteria or does so poorly or inappropriately.	Minimally demonstrates criteria or does so to an extent but inappropriately.	Approaching satisfactory or appropriate demonstration of criteria.	Very good and appropriate demonstration of criteria.	
8. Encouraging: The counselor used short responses that helped to keep the client talking.	Does not demonstrate criteria or does so poorly or inappropriately.	Minimally demonstrates criteria or does so to an extent but inappropriately.	Approaching satisfactory or appropriate demonstration of criteria.	Very good and appropriate demonstration of criteria.	

Specific Criteria	1	2	3	4	Comments
9. Paraphrasing: Counselor consolidates counselee comments and reflects back in concise summary.	Does not demonstrate criteria or does so poorly or inappropriately.	Minimally demonstrates criteria or does so to an extent but inappropriately.	Approaching satisfactory or appropriate demonstration of criteria.	Very good and appropriate demonstration of criteria.	
10. Summarizing: Counselor summarizes counselee's comments and integrates thoughts, emotions, and behavior.	Does not demonstrate criteria or does so poorly or inappropriately.	Minimally demonstrates criteria or does so to an extent but inappropriately.	Approaching satisfactory or appropriate demonstration of criteria.	Very good and appropriate demonstration of criteria.	
11. Confronting: Counselor confronts counselee when appropriate and provides challenges that may stimulate counselee growth	Does not demonstrate criteria or does so poorly or inappropriately.	Minimally demonstrates criteria or does so to an extent but inappropriately.	Approaching satisfactory or appropriate demonstration of criteria.	Very good and appropriate demonstration of criteria.	
12. Empathy: Counselor is able to authentically connect with the counselee's feelings & express understanding & insight	Does not demonstrate criteria or does so poorly or inappropriately.	Minimally demonstrates criteria or does so to an extent but inappropriately.	Approaching satisfactory or appropriate demonstration of criteria.	Very good and appropriate demonstration of criteria.	
13. Pacing: The interview was paced appropriately.	Does not demonstrate criteria or does so poorly or inappropriately.	Minimally demonstrates criteria or does so to an extent but inappropriately.	Approaching satisfactory or appropriate demonstration of criteria.	Very good and appropriate demonstration of criteria.	
14. Vocabulary Level: The vocabulary used by the counselor was appropriate for the counselee.	Does not demonstrate criteria or does so poorly or inappropriately.	Minimally demonstrates criteria or does so to an extent but inappropriately.	Approaching satisfactory or appropriate demonstration of criteria.	Very good and appropriate demonstration of criteria.	
15. Verbosity: The amount of talking by the counselor was appropriate.	Does not demonstrate criteria or does so poorly or inappropriately.	Minimally demonstrates criteria or does so to an extent but inappropriately.	Approaching satisfactory or appropriate demonstration of criteria.	Very good and appropriate demonstration of criteria.	

Specific Criteria	1	2	3	4	Comments
16. Silences: Silence was employed effectively during the session.	Does not demonstrate criteria or does so poorly or inappropriately.	Minimally demonstrates criteria or does so to an extent but inappropriately.	Approaching satisfactory or appropriate demonstration of criteria.	Very good and appropriate demonstration of criteria.	
17. Counseling Relationship: A counseling relationship was established.	Does not demonstrate criteria or does so poorly or inappropriately.	Minimally demonstrates criteria or does so to an extent but inappropriately.	Approaching satisfactory or appropriate demonstration of criteria.	Very good and appropriate demonstration of criteria.	
8. Closing: Time was allotted to summarize appropriately and close the session.	Does not demonstrate criteria or does so poorly or inappropriately.	Minimally demonstrates criteria or does so to an extent but inappropriately.	Approaching satisfactory or appropriate demonstration of criteria.	Very good and appropriate demonstration of criteria.	
19. Value Management: The counselor did not impose his/her own values during the interview.	Does not demonstrate criteria or does so poorly or inappropriately.	Minimally demonstrates criteria or does so to an extent but inappropriately.	Approaching satisfactory or appropriate demonstration of criteria.	Very good and appropriate demonstration of criteria.	
20. Preparedness: Counselor presents CD and write-up in a professional and timely manner for review and discussion.	Does not demonstrate criteria or does so poorly or inappropriately.	Minimally demonstrates criteria or does so to an extent but inappropriately.	Approaching satisfactory or appropriate demonstration of criteria.	Very good and appropriate demonstration of criteria.	
21. Self- Evaluation: Counselor self- critiques counseling sessions effectively in session write- ups.	Does not demonstrate criteria or does so poorly or inappropriately.	Minimally demonstrates criteria or does so to an extent but inappropriately.	Approaching satisfactory or appropriate demonstration of criteria.	Very good and appropriate demonstration of criteria.	
22. Multicultural appropriate interaction.	Does not demonstrate criteria or does so poorly or inappropriately.	Minimally demonstrates criteria or does so to an extent but inappropriately.	Approaching satisfactory or appropriate demonstration of criteria.	Very good and appropriate demonstration of criteria.	
23. Ethically responsible;	Does not demonstrate criteria or does so poorly or inappropriately.	Minimally demonstrates criteria or does so to an extent but inappropriately.	Approaching satisfactory or appropriate demonstration of criteria.	Very good and appropriate demonstration of criteria.	

Specific Criteria	1	2	3	4	Comments
24. Use of Supervision: Counselor is able to accept and integrate feedback into sessions.	Does not demonstrate criteria or does so poorly or inappropriately.	Minimally demonstrates criteria or does so to an extent but inappropriately.	Approaching satisfactory or appropriate demonstration of criteria.	Very good and appropriate demonstration of criteria.	
25. Growth as a Counselor: Counselor accepts and responds to feedback constructively.	Does not demonstrate criteria or does so poorly or inappropriately,	Minimally demonstrates criteria or does so to an extent but inappropriately.	Approaching satisfactory or appropriate demonstration of criteria.	Very good and appropriate demonstration of criteria.	

Total	Score	
Comr	nents:	

### **Student Self-Evaluation Following Field Experiences**

Nam	me:Date:		ate:			
by C	izing that development of clinical skills is an ongoing process, prioning in the following area. This self-evaluation will be review linical Associates, site and faculty supervisors. Please be thought	please e wed in o ghtful ar	valuate conjunc id hone	your cu tion wi st in yo	ırrent l th eval ur self-	evel of uations
Cvarc	auton.	Poor				Good
1.	Level of comfort at your site.	1	2	3	4	5
2.	Ability to form and maintain a good counseling relationship.	1	2	3	4	5
3.	Organization and planning of guidance responsibilities.	1	2	3	4	5
4.	Ability to motivate students.	1	2	3	4	5
5.	Use of attending skills.	1	2	3	4	5
6.	Use of reflection of feeling.	1	2	3	4	5
7.	Use of paraphrasing.	1	2	3	4	5
8.	Ability to refocus clients.	1	2	3	4	5
9.	Skill in developing problem-solving strategies.	1	2	3	4	5
10.	Ability to facilitate client change.	1	2	3	4	5
11.	Ability to work effectively at your site.	1	2	3	4	5
12.	Ability to take initiative.	1	2	3	4	5
13.	Ability to complete work assignments.	1	2	3	4	5
14.	Knowledge of policies and procedures at the field site.	1	2	3	4	5
15.	Relationship with your on-site supervisor.	1	2	3	4	5
16.	Ability to work with the professional school staff.	1	2	3	4	5
17.	Evidence of professional and ethical standards of conduct.	1	2	3	4	5
18.	Knowledge of intervention strategies.	1	2	3	4	5
19.	Ability to work with a multicultural case load.	1	2	3	4	5

1 2 3 4

5

Overall personal growth during the current semester.

20.

My self-perceived strengths:
My self-perceived weaknesses:
Comments and additional information:

## **Student Evaluation of Clinical Associate Experience**

Counselor	Clinical Associate
	<del>-</del>

Strongly Disagree (1) to Strongly Agree (7)	1	2	3	4	5	6	7
1. Provides me with useful feedback regarding counseling behavior.	1	2	3	4	5	6	7
2. Helps me feel at ease with the supervision process.	1	2	3	4	5	6	7
3. Makes supervision a constructive learning experience.	1	2	3	4	5	6	7
4. Provides me with specific help in areas I need to work on.	1	2	3	4	5	6	7
5. Addresses issues relevant to my current concerns as a counselor.	1	2	3	4	5	6	7
6. Helps me focus on new alternative counseling strategies that I can use with my students.	1	2	3	4	5	6	7
7. Helps me focus on how my counseling behavior influences the student.	1	2	3	4	5	6	7
8. Encourages me to try alternative counseling skills.	1	2	3	4	5	6	7
9. Structures supervision appropriately.	1	2	3	4	5	6	7
10. Adequately emphasizes the development of my strengths and capabilities.	1	2	3	4	5	6	7
11. Enables me to become actively involved in the supervision process.	1	2	3	4	5	6	7
12. Make me feel accepted and respected as a person.	1	2	3	4	5	6	7
13. Deals appropriately with the affect in my counseling sessions.	1	2	3	4	5	6	7
14. Deals appropriately with the content in my counseling sessions.	1	2	3	4	5	6	7
15. Motivates me to assess my own counseling behavior.	1	2	3	4	5	6	7
16. Conveys competence.	1	2	3	4	5	6	7
17. Is helpful in critiquing report writing.	1	2	3	4	5	6	7
18. Helps me use tests constructively in counseling.	1	2	3	4	5	6	7
19. Appropriately addresses interpersonal dynamics between myself and my counseling practice.	1	2	3	4	5	6	7
20. Allows for expression of opinions, questions, and concerns.	1	2	3	4	5	6	7

Strongly Disagree (1) to Strongly Agree (7)	1	2	3	4	5	6	7
21. Prepares me adequately for my next	1	2	3	4	5	6	7
counseling session.							
22. Helps me clarify my counseling objectives.	1	2	3	4	5	6	7
23. Provides me with the opportunity to	1	2	3	4	5	6	7
adequately discuss the major difficulties I am							
having with my students.							
24. Encourages me to conceptualize in new ways	1	2	3	4	5	6	7
regarding my clients.							
25. Motivates me and encourages me.	1	2	3	4	5	6	7
26. Challenges me to accurately perceive the	1	2	3	4	5	6	7
thoughts, feelings, and goals of my client and							
myself during counseling.							
27. Gives me the chance to discuss personal issues	1	2	3	4	5	6	7
related to my counseling.							
28. Is flexible enough for me to be spontaneous	1	2	3	4	5	6	7
and creative.							
29. Focuses on the implications and consequences	1	2	3	4	5	6	7
of specific behaviors of my counseling							
approach.							
30. Provides suggestion for developing my	1	2	3	4	5	6	7
counseling skills.							
31. Encourages me to use new and different	1	2	3	4	5	6	7
techniques when appropriate							
32. Helps me to define and achieve concrete goals	1	2	3	4	5	6	7
for myself during the field experience.							
33. Gives me useful feedback	1	2	3	4	5	6	7
34. Helps me organize relevant case data in	1	2	3	4	5	6	7
planning goals and strategies with my client.							
35. Helps me develop increased skill in critiquing	1	2	3	4	5	6	7
and gaining insight in to my counseling skills.							
36. Allows and encourages me to evaluate myself.	1	2	3	4	5	6	7
37. Explains the criteria for evaluation clearly and	1	2	3	4	5	6	7
in behavioral terms.							
38. Applies criteria fairly in evaluating my	1	2	3	4	5	6	7
counseling performance.							

The best part of the individual clinical supervision was:	
I could have been helped more from my individual supervision by:	
Additional comments regarding the supervisory experience:	
Counselor Signature	_Date
Clinical Associate_	_Date

# Student Evaluation of Field Experience St. John's University

Student	Course	Semester						
Field Site	Field Supervisor							
		Clinical Associate						
I. Evaluation of the Site								
How often was on-site supervisio	n held and how beneficial was the	his supervision?						
What were the best things about y	our on-site experience?							
What would have made your on-s	ite experience more beneficial t	o you?						
II. Evaluation of Clinical Ass Did your CA meet with you as sc								
How beneficial was the supervision	on given by your CA?							
What were the best things about y	our CA experience?							
What would have made your CA	experience more productive?							
Would you recommend your CA	for future students? Why or wh	y not?						

III. Evaluation of the Seminar
What were the best things about your seminar experience?
How could your seminar be changed to provide a better experience?
IV. Evaluation of the Overall Field Experience
Overall, what were the best things about your field experience?
Overall, what would have made your field experience more beneficial to you?
What suggestions would you make to the Program Coordinator to make the field experiences more beneficial to you and other students?

On-Site Supervisor Evaluation Form St. John's University School of Education and Human Services

Name of Student:		Evaluated by:							
Field Site:	Date:								
Indicate the student's level of performance in each check in the appropriate column. Also, please make	of the f	ollowi ents as	ing areas	with a	ι				
A. PERFORMANCE FACTORS	High 4	3	Low 2	, 1	N/A				
1. Organization and planning of work	_	_	_	_					
2. Ability to take initiative	_	_	_						
3. Skills in interviewing/counseling students	_	_							
4. Motivation and follow- through with work assignments	_			_					
5. Ability to work with the professional school staff	_			_					
6. Ability to accept and incorporate supervisory feedback	_	_		_					
7. Level of professionalism demonstrated by counselor intern	_		_						
8. Dependability, attendance, and punctuality	_	_	_	_					
9. Evidence of professional/ethical standards of conduct									
10. Ability to communicate concisely and professionally	_	_		_					
11. Ability to read, interpret, and work with student records	_	_		_					
12. Ability to be objective with emotional boundaries	_			_					
13. Ability to perform the tasks that fall within the boundaries of a school counseling intern's role	_		_						
14. Ability to formulate and accomplish a service plan with students	_								
15. Self – recognition of strengths and weaknesses	_			_					
16. Ability to establish and maintain a beneficial counseling relationship with students	_	_	_						
17. Ability to establish and maintain working relationships with parents/guardians	_	_	_						
18. Ability to identify and utilize agency policies, goals, and mission	l 		_	_					

Date
Date
ision:
chool such as yours:
s:
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#### **Information on School Counseling Certification**

St. John's University will support students through the certification process to become certified school counselors in New York state, or certified school counselors with a bilingual extension. The master's degree in School Counseling meets the education requirements in order to become a provisional school counselor in New York. Permanent certification is obtained by working for two years full time in a school counselor position.

Obtaining the initial provisional school certification will require students to

- 1. Be fingerprinted by the NYS Department of Education
- 2. Create a TEACH Account
- 3. Complete required workshops as part of the certification process
- 4. Successfully complete their master's degree in School Counseling from St. John's University
- 5. Submit an IRAF using the link below (Queens code 09616 or 09617) and the Certification Officer will review your Teach account and email you with instructions on next steps. <a href="https://www.stjohns.edu/institutional-release-authorization-form-iraf-nys-certification-endorsement-approved-preparation">https://www.stjohns.edu/institutional-release-authorization-form-iraf-nys-certification-endorsement-approved-preparation</a>
- 6. Apply for the certification via their TEACH, including paying all relevant fees and submitting required documentation.

St. John's University hosts a certification website on the School of Education website: https://www.stjohns.edu/academics/schools/school-education/certification-information

Students should familiarize themselves with this website and the resources posted, including how to obtain fingerprints, how to complete workshops, and how to create a TEACH account.

The Certification Officer at the School of Education is Lily Scarabino scarabil@stjohns.edu.

For information on certification outside of New York, please contact the department chair, Dr. Heather C. Robertson at robertsh@stjohns.edu.



# **Practicum & Internship Handbook Agreement**

I (Print Counseling Student Name)
attest to the fact that I have read the entire St. John's University Department of Counselor Education,
School Counseling Practicum and Internship Handbook, and that I understand all of the contents
contained therein. While Counseling faculty have provided detailed information and examples when
possible, I understand that it is not possible to conceptualize or document every possible situation requiring
University/Faculty intervention that may arise during Practicum and/or Internship. As such, the University
and faculty may intervene as new situations arise that are not currently documented. I understand that the
manual will be updated to include new information and that I will be responsible for any updates that are
released.
My signature below indicates my agreement to comply with the policies designated in this handbook.
Student Name (Print):
Student Name (Signature):
Date: