

# The University Freshman Center Welcomes You!



# THE UNIVERSITY FRESHMAN CENTER: YOU AND YOUR ADVISOR

# At the University Freshman Center, our mission is to:

Help you achieve your
Academic + Career + Personal Goals

Your advisor will be available throughout the school year to assist with <u>academic decisions</u> & information about <u>resources on campus</u>

- ✓ We want you to check-in about <u>once a month</u> or as often as needed.
- ✓ COMMUNICATION is key to our <u>relationship</u> so keep your appointments and monitor your St. John's e-mail daily.



# THE TRANSITION FROM HIGH SCHOOL TO COLLEGE

### Be Prepared for the Differences!

#### Class Schedule

- Times will vary
- Longer class meeting times
- Gaps between classes

#### Time Management

- More self-management
- 14 weeks in a semester

## Creating Balance

- Co-curricular activities
- Employment
- Family responsibilities
- Social activities

## Syllabi

- Outlines course work and professor's expectations
- Provides professor's contact information

#### Exams

- Not as frequent as high school
- Usually cumulative, covering large amounts of material

#### Reading

- More to read in a shorter period
- Complete required readings before class discussions
- Key to your success in college



#### THE TRANSITION FROM HIGH SCHOOL TO COLLEGE

- Your UFC Advisor is here to assist you with your transition and answer your questions.
- Academic conversations include:

Evaluation of AP credits/review of high school extension courses Development of academic success plans Discussion of major & future career interest The importance of communication with your professors Midterm grade review Referrals to support services Course selection for upcoming semester Study abroad opportunities



#### YOUR ROLE IN THE TRANSITION PROCESS

# COMMUNICATE AND ENGAGE.....



- -Attend all scheduled meetings with your advisor
- -Return phone calls and reply to e-mails



- -Communicate with your faculty on a regular basis
- -Faculty members hold office hours or you can contact them via e-mail (refer to course syllabi)



- -Make friends in each class
- -Create study groups, review notes, discuss upcoming assignments



-Engage in all aspects of the University including organizations, student government, service opportunities, sporting events, social events

Take Ownership of **YOUR** college experience. **YOU** are the Key to Your Success.

# SJU SJU

#### WE HAVE A "CORE CURRICULUM".....

#### **Common Core**

- 1. Discover New York (DNY) 1000C
  - All students are required to complete this course within their first year at SJU (either in the fall or spring semester). This course incorporates the Vincentian Mission by addressing issues of poverty, injustice and exploration of the New York City culture.
- 2. English (ENG) 1000C & 1100C
- 3. History (HIS) 1000C
- 4. Philosophy (PHI) 1000C & 3000C
- 5. Science (SCI) 1000C
- 6. Speech (SPE) 1000C
- 7. Theology (THE) 1000C

#### > Distributive Core

- 1. Two courses in a foreign language <u>or</u> one course in Fine Arts and one course in Language & Culture
- 2. Minimum of one Math (MTH) course
- 3. One Philosophy course within the 2000 series
- 4. Two additional Theology courses
- 5. One course in Social Science



#### WE HAVE OPPORTUNITIES TO STUDY ABROAD

- ➤ **Passport Program** a semester course that culminates in seven days of study in Rome or Paris
- Discover the World full semester abroad in three different countries
- > Semester Program full semester immersion in one country
- Summer/Winter Program various opportunities available to fit
   your interests

Speak to your UFC advisor if you have interest in Study Abroad opportunities.

Core curriculum courses are used for studying abroad and therefore, need to be "reserved" for this experience.

#### WE HAVE RESOURCES FOR YOUR SUCCESS



# **Academic Support**

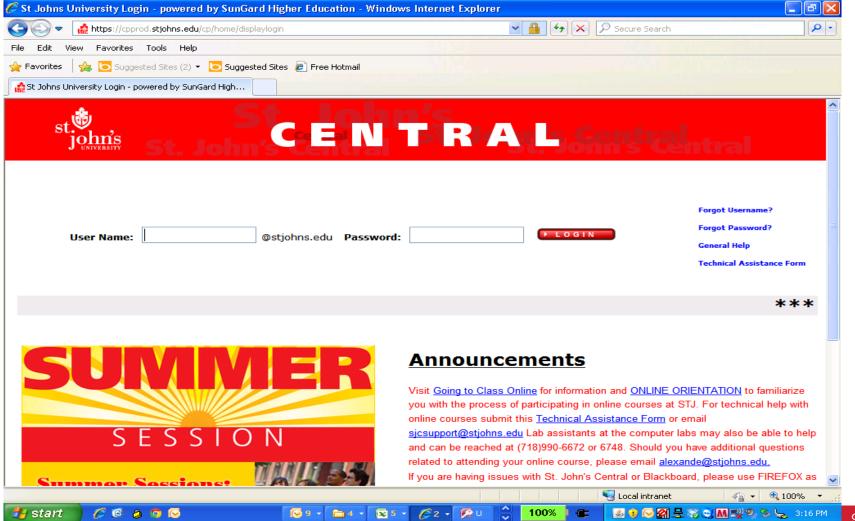
- University Learning Commons
- Institute for Writing Studies
- University Library

# **Support Centers**

- Office of Student Financial Services
- Center for Counseling and Consultation
- Office of Residence Life
- Office of Student Affairs
- Career Services



# ST. JOHN'S CENTRAL: YOUR GATEWAY TO CAMPUS RESOURCES





# WITHIN ST. JOHN'S CENTRAL IS UNIVERSITY INFORMATION SYSTEM (UIS)

## **UIS May be accessed through:**

- St. John's Central or
- via the SJU Home Page (<u>www.stjohns.edu</u>) and clicking on "MYSJU" at the top of the page then "UIS" on the left side of the page.

### **UIS May be Used To:**

- Update your EMERGENCY NOTIFICATION INFORMATION (for instant messaging system from Public Safety)
- Update personal information (address, phone number, etc.)
- Connect with your SJU email account
- View current schedule
- View financial aid, view term bill and pay your tuition invoice
- Check midterm and final grades
- Run academic advisement reports



#### **IMPORTANT REMINDERS**

- ➤ Know your X-Number and keep it handy. It is required information in all offices.
- Submit all AP and high school extension credit transcripts (directly from the College Board or the particular college/university, *not the high school*) to the Office of Admission before the beginning of classes.
- ➤ All health records were due to the Health Office on May 15
- ➤ Depending on availability, changes to fall schedules may be requested at the UFC until Tuesday, September 9, 2014
- Consult the Office of Student Financial Services for financial aid and tuition payment inquiries
- Only your official St. John's University e-mail account is acceptable for communication to faculty and administrators



#### WE HAVE AN EARLY ALERT SYSTEM

A faculty member observes a student experiencing academic difficulties or other problems

The faculty member notifies the University Freshman Center

The University
Freshman Center
reaches out to the
\_\_\_\_ student

The student and the University Freshman Center create an "action plan" that is communicated back to the faculty member.



#### WE HAVE A CHAPTER OF PHI ETA SIGMA

#### WHAT IS PHI ETA SIGMA?

## It's a National Honor Society for our first-year students

Phi Eta Sigma is a national honor society with over 370 chapters across the United States whose goal is to encourage and reward academic excellence among first-year students in institutions of higher learning.

Students must achieve a cumulative grade point index of 3.70 at the end of the first year of study.

We expect to see you at the celebration!!

# SJU SJU

#### WHO MAY I CONTACT WITH QUESTIONS?

For questions, please call or visit the University Freshman Center:

We are located in St. Augustine Hall (Library), Room 104

Our main phone numbers are (718) 990-5858 or 5809 or 2772

Toward the end of the summer, an e-mail will be sent to your St. John's e-mail account informing you of your advisor's name and his/her and telephone number. Only your <u>official St. John's University e-mail is acceptable</u> for communication.



#### SUMMARY OF TODAY'S PRESENTATION

- Attend all scheduled meetings with your UFC Advisor
- Maintain ongoing communication with your UFC advisor and faculty members
- Ask for help when you need it
- Follow advice and suggestions
- Take ownership of your college experience in and out of the classroom
- Utilize campus resources
- Transition is an ongoing process that does not end
  - ➤ High School to College
  - Freshmen Year to Sophomore Year
- Support is always available— JUST ASK!



# QUESTIONS FROM YOU?

