First Year Students ~ Connect & Evaluate

Goal: To understand your skills, values, and interests, and how these relate to your career decisions

- Make an appointment to visit University Career Services to explore your skills, values, and interests
- Join at least one club or professional student organization and meet people on campus
- Meet with University Freshman Center advisor to select courses aimed at possible career interests
- Investigate the types of internships and other similar opportunities available to students at St. John’s
- Identify and consider part-time job opportunities on- and off-campus
- Browse the “What can I do with my major?” section of the St. John’s Central Career & Internships tab
- Attend the Major’s Fair, Career Fairs, employer events and presentations
- Log in to St. John’s CareerLink to explore and apply for opportunities as an intern or volunteer
- Draft your resume and have it reviewed by Career Services
- Participate in “Polished & Professional” events (i.e.: Building Your Personal Brand and Dress to Impress)
- Establish a professional online presence, review your Facebook page; begin developing your Digication ePortfolio and create a LinkedIn profile
- Contact a COACH (Count on Alumni for Career Help) mentor and set up an informational interview

- Recognize your interests, skills and values and how these impact your future career

- 1st Year Students: Connect & Evaluate

- 2nd Year Students: Identify & Explore
  - Identify career opportunities, including internships and experiential programs and participate

- 3rd Year Students: Refine & Experience
  - Develop & implement the strategies necessary to conduct an effective internship or job search

- 4th Year Students: Execute & Transition
  - Successfully execute your job search and transition from student to professional
Second Year Students ~ Identify & Explore

Goal: To identify career opportunities, including internships and experiential programs and participate

- Check in with Career Services to help you monitor the connection between your changing interests, choice of major and selection of career; update your resume and online profiles
- Take an elective in a major you are considering
- Talk with professors and advisors about required course work and internship requirements
- Participate in a shadowing experience with a COACH mentor
- Explore Career Services resources about interview skills, cover letters and networking
- Participate in “Polished & Professional” events (ie.: Mock Interview Night and Mocktail Etiquette)
- Attend all applicable Career Fairs, employer events and presentations
- Obtain an internship, secure part time work, or volunteer in an area of interest
- Utilize social media (e.g., Twitter and LinkedIn) to stay up to date on current events and news within your possible career fields. Follow companies of interest.
- Work with Career Services and faculty to make a target list of employers for internships
- Stay involved in student organizations and begin to seek leadership opportunities
- Consider participating in Discover the World or a semester abroad.

Considering Graduate School...

- Explore possible programs in your field of interest. Research pre-requisite course requirements, and plan your schedule to fit those courses in