Lower taxes.
More take home pay.
FLEXIBLE SPENDING ACCOUNT WORD GLOSSARY

Unsure of what a certain word means? Search our glossary for definitions of commonly used words.

Annual election amount - this is the total dollar amount you elect to put into your FSA at the beginning of each plan year.

Dependent - a dependent is a person whose expenses are eligible for reimbursement through the employee's FSA. A dependent is usually an employee's spouse or child(ren) under age 27. Please visit our website www.padmin.com for more information.

Eligible expense - items that are reimbursable under the FSA Plan are classified as “eligible expenses” according to IRS rule. For a detailed list of what is eligible please refer to page 8.

FICA - taxes collected for Social Security and medicare benefits.

Flexible Spending Account - also known as an FSA; a pre-tax benefit plan that enables the employee to save 30-40% on eligible expenses. By enrolling in this plan the participant saves on state, federal and FICA taxes.

Grace period - an extension of the period during which expenses can be incurred.

Open Enrollment - a designated time, prior to the start of your plan year, during which employees can enroll in the FSA plan and change their benefit elections.

Plan year - the twelve month period during which the annual election is effective.

Run-out period - a period of time after the plan year ends during which participants may submit receipts for expenses which were incurred during the plan year or grace period.

Uniform Coverage Rule - this rule allows you to access your entire annual election for the Health FSA immediately after the start of the plan year. All other accounts are “pay-as-you-go.” This rule only applies for the Health Flexible Spending Account.

Use-It or Lose-It Rule - an IRS rule which states that employees must spend any remaining balance in their FSA by the end of the grace period. If you don't spend the money you forfeit it.
WHAT IS A FLEXIBLE SPENDING ACCOUNT? [FSA]

A Flexible Spending Account is a program that the Federal Government allows your employer to sponsor. It enables you (the employee) to save federal, state and Social Security (FICA) taxes on the money you use to pay for eligible expenses. The tax savings will increase your take-home pay.

WHOSE EXPENSES ARE ELIGIBLE?

Under the plan, only the expenses of a participant, a participant’s spouse or a participant’s dependent(s) qualify for pre-tax treatment. If you are unsure a person qualifies as an eligible dependent, please refer to the P&A website for a more detailed definition.

On June 26, 2013 the Supreme Court ruled that the Federal government had to recognize same-sex marriage in those states where it is legal. Going forward, qualifying expenses incurred by a same-sex spouse will be eligible for reimbursement under your Flexible Spending Account regardless of whether your spouse is considered a dependent for tax purposes. For Federal tax purposes, people in a same-sex marriage are treated the same as people in a heterosexual marriage.

WHOSE EXPENSES ARE ELIGIBLE?

Your benefits are enhanced

FSAs are designed to cut inevitable costs while increasing your take-home pay. Maximize every dollar by taking advantage of this benefit choice. Alleviate those high out-of-pocket expenses by enrolling in a plan that works for you.

When you enroll

When you enroll you determine the options you desire, along with the amount of expenses you anticipate for the upcoming year. The benefits you elect are paid for with pre-tax dollars deducted from your paycheck each payroll period. These dollars are subtracted from your gross earnings before taxes are taken out.

How it works

Under this plan you can use pre-tax money to pay for up to four different kinds of expenses, including: your medical, dental and vision care expenses that aren’t covered by your insurance; the cost of caring for a dependent while you work; the cost of dental, vision and accident insurance not provided by your employer; and your cost for adopting a child.

Your spendable income increases

When you elect pre-tax benefits under a flexible benefits plan, you lower your taxable income on your W-2; therefore, you pay less in taxes and increase your spendable income. Depending on your tax bracket, this plan can save you 30% to 40% on qualifying expenses.
ENROLLMENT INFORMATION

How are benefits paid for?
Any benefits you elect are paid for with money that is withheld from your pay. These pay reductions do not count as income for income tax or Social Security tax purposes. This means that the Plan allows you to use tax-free dollars for expenses that would otherwise have to be paid for with money that you have already paid taxes on.

When can I enroll?
Participants can enroll in an account during their open enrollment. This is the period of time determined by the employer when employees can elect their benefits and determine how much money to put into a FSA.

May I change my benefit election?
You may only make a change in your election at the beginning of each plan year. This means you may not make a change in your elections after the open enrollment period unless you experience a qualifying event, which includes the following events:

- a change in legal status (e.g., marriage, death of your spouse, divorce, legal separation or annulment),
- a change in the number of your dependents due to events such as birth or adoption,
- a termination or commencement of employment by your spouse or dependent and,
- a change in the place where you, your spouse or dependent work or reside.

Changes must be requested within 30 days of the qualifying event.

IMPORTANT NOTE: Remember, unless you experience one of the limited circumstances allowing for election changes during the Plan Year, you will not be able to reduce or increase the amounts designated on your enrollment form, nor will you be able to change amounts from one account to another. This is why you are encouraged to plan carefully before you enroll in this Plan.

Will my Social Security benefits be affected by my contributions to the Plan?
Your Social Security benefits may be slightly reduced because, when your pay is reduced to cover your benefits under the Plan, the amount of contributions that are made to the federal Social Security system to provide you Social Security benefits also are reduced. However, for most employees, the reduction in Social Security benefits will be insignificant compared to the value of paying lower taxes today.

The “USE IT OR LOSE IT” RULE
Under IRS guidelines, if you contribute dollars to a reimbursement account and do not use all of the monies you deposit, you will lose any remaining balance in the account at the end of the plan year. Only contribute money you are confident you will use during the plan year to pay for qualified expenses.
TAX SAVINGS

Whether you are an individual, part of a dual-income household or a couple with one working spouse, a Flexible Spending Account will provide you with additional benefits and more take-home pay.

Individual
In the illustration below, the single employee earns $30,000. She uses the flex plan to pay for her health insurance copayments and deductibles and, since she has no dental insurance, her dental expenses. This way she increases her take-home pay by $528. That is additional take-home pay she can use for herself!

Working Couple with Dependents
This husband and wife both work. They have two children. He makes $30,000 and she earns $42,000 per year. They use the flex plan to help pay for orthodontia for their younger child. And, since neither of their employers offers a dental program, the couple purchase an individual dental policy from their insurance broker. The chart shows that this couple increases their monthly take-home by $207 or $2,484 total this year. That gives them additional money for the emergency expenses every family has and allows them to set some money aside to fund an additional retirement plan.

Couple – One Working Spouse
With grown children, and only one spouse working, this couple has no child-care expenses. The annual salary of the working spouse is $54,000. They use the flex plan to pay the premium for their non-employer sponsored dental insurance coverage, to meet their health insurance deductibles and to pay for dental care expenses. The flex plan increases the spouse’s take-home pay by $57 per month, or $684 for the year – a nice raise for the family budget!

<table>
<thead>
<tr>
<th></th>
<th>INDIVIDUAL Without FSA</th>
<th>INDIVIDUAL With FSA</th>
<th>WORKING COUPLE WITH DEPENDENTS Without FSA</th>
<th>WORKING COUPLE WITH DEPENDENTS With FSA</th>
<th>COUPLE – ONE WORKING SPOUSE Without FSA</th>
<th>COUPLE – ONE WORKING SPOUSE With FSA</th>
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</thead>
<tbody>
<tr>
<td>Gross Monthly Income</td>
<td>$2,500</td>
<td>$2,500</td>
<td>$6,000</td>
<td>$6,000</td>
<td>$4,500</td>
<td>$4,500</td>
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<tr>
<td>Less Non-Deductible Benefits</td>
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<tr>
<td>Dental Insurance Coverage</td>
<td>$75</td>
<td>$150</td>
<td>$100</td>
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<td></td>
</tr>
<tr>
<td>Medical/Dental Expenses</td>
<td>$75</td>
<td>$150</td>
<td>$100</td>
<td></td>
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<tr>
<td>Child Care Expenses</td>
<td></td>
<td>$400</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total Monthly Income Subject to Tax</td>
<td>$2,500</td>
<td>$2,350</td>
<td>$6,000</td>
<td>$5,300</td>
<td>$4,500</td>
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<tr>
<td>Monthly Federal and State Taxes*</td>
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<td>$286</td>
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<td>$434</td>
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<td>$180</td>
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<td>$405</td>
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<tr>
<td>After Tax Income</td>
<td>$1,990</td>
<td>$1,884</td>
<td>$4,954</td>
<td>$4,461</td>
<td>$3,894</td>
<td>$3,751</td>
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<tr>
<td>After Tax Expenses</td>
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<tr>
<td>Monthly Spendable Income</td>
<td>$1,840</td>
<td>$1,884</td>
<td>$4,254</td>
<td>$4,461</td>
<td>$3,694</td>
<td>$3,751</td>
</tr>
<tr>
<td>Annual Increase in Take Home Pay</td>
<td>$528</td>
<td></td>
<td>$2,484</td>
<td></td>
<td></td>
<td>$684</td>
</tr>
</tbody>
</table>

*Federal and state taxes reflect 2012 federal tax rates and typical state taxes with standard deductions and exemptions.
ACCOUNTS AVAILABLE UNDER THE FSA PLAN

MEDICAL EXPENSE REIMBURSEMENT ACCOUNT
Covers medical, dental and vision expenses that are only partially covered or not covered at all by your insurance, including insurance deductibles, insurance copayments and over-the-counter medications by prescription.

Medical Expense Reimbursement Account Annual Election Amount
If you make an election under the Medical Expense Reimbursement Account option, the amount that you elect will be immediately credited to the account in your name. Starting on the first day of the Plan Year, you will be entitled to be reimbursed for claims up to the entire elected amount at any time during the Plan Year, even if the total salary reduction contributions that you have made to your Medical Expense Reimbursement Account are less than the total amount of claims that you have submitted.

DEPENDENT CARE ASSISTANCE ACCOUNT
Covers amounts you pay to daycare centers, babysitters, caregivers or after school programs so that you and your spouse can work.

INDIVIDUAL PREMIUM REIMBURSEMENT ACCOUNT
Allows you to be reimbursed for individual dental/vision/accident expenses (non-employer sponsored) you pay for individual coverage for you, your spouse or eligible dependents.

ADOPTION ASSISTANCE ACCOUNT
Reimburses you for the reasonable and necessary expenses that you incur in the process of adopting an eligible child, including adoption agency fees, court costs and attorney fees. See the P&A website for further details.
*This account is subject to FICA taxes. You save only federal and state income taxes.

*Medical Expense Account is the only account where participants have access to their full annual election immediately. All other accounts are reimbursed as payroll deductions are made for any eligible claim requests submitted to date.
Debit Card
P&A offers a Benefits MasterCard to participating employers who chose this option for their employees. The debit card is valid for three years from the date of issue. When it’s time for you to receive a new card, your card will automatically be mailed to your home address in a plain white envelope. Additional cards may be ordered online for your spouse or eligible dependent (must be 18 years old). Go to the blue Employee Participants tab at the top of the navigation screen and select Order a Benefits Card.

The Benefits Card works like a debit card. When you incur an eligible expense present your Benefits Card to the provider of the goods or services you are purchasing. Swipe your card at the point-of-service and the expense will automatically be deducted from your Flexible Spending Account balance. If you are unable to use your Benefits Card you can still be reimbursed for all eligible expenses. (See below)

Electronic Claim Methods
Submit a claim electronically through one of our paperless options. It’s quick and easy, perfect for your busy lifestyle.

QuickClaim: Mobile Claim Submission*
Submit a claim directly from your smartphone! First, capture a picture of your receipt or other supporting documentation for your eligible expense. Next, log into your P&A Account from your smartphone and go to our website www.padmin.com. Select Claim and follow the prompts on your screen. Next, select Upload -> File a Claim and choose the image of your receipt from your image gallery.

*Not all mobile claim upload features are currently available on all mobile devices or with all operating systems. Wireless carrier fees may apply. Requires at least a 2-megapixel camera.

Electronic Claim Upload
Upload proof of purchase for your eligible expense (i.e., cash register receipt, EOB) by first scanning the documentation into your computer. Then, log into your P&A Account at www.padmin.com and go to Employee Participants -> Submit a Claim.

File a Paper Claim
Claims can also be faxed or mailed to us. Complete a claim form (located on our website at www.padmin.com) and fax or mail to P&A Group, along with proof of purchase of your eligible expense (i.e., cash register receipt, EOB).

Toll-free fax: (877) 855-7105
Mail: 17 Court Street, Suite 500
       Buffalo, NY 14202

Claims can be submitted for reimbursement for qualified expenses incurred during the plan year. Each plan allows for a “run-out” period at the end of the plan year where claims incurred during the plan year can be submitted. (Refer to your plan summary for the “run-out” time period allowed.)

■ Reimbursements are based on when the service is provided, not when the service is billed or paid.
CLAIMS & REIMBURSEMENT FAQs

Claims can be submitted for reimbursement for qualified expenses incurred during the plan year. Each plan allows for a “run-out” period at the end of the plan year where claims incurred during the plan year can be submitted. (Refer to your plan summary for the “run-out” time period allowed.)

- Reimbursements are based on when the service is provided, not when the service is billed or paid.

How does P&A reimburse me?

- The quickest way to receive your money is by direct deposit to your personal checking or savings account. You can sign up for direct deposit by completing and submitting the direct deposit authorization agreement (See page 16). You can also receive your money via check mailed to you at home. Once enrolled in direct deposit, all deposits are made via direct deposit until we are otherwise notified.

What is the maximum amount I can be reimbursed?

- Medical, dental, vision expenses will be reimbursed based on the total amount indicated on the claim request. This amount must not exceed your total plan-year election amount.
- Dependent care expenses will be reimbursed based on the amount indicated on the claims request up to the total amount in your account (payroll deducted) at the time the claim is received. Total amounts must not exceed your plan-year election amount and must be submitted with appropriate documentation to verify eligibility of expenses. (Minimum check reimbursement amount is $25.00)

What documentation do I need to submit in order to get reimbursed?

FOR THE MEDICAL EXPENSE REIMBURSEMENT ACCOUNT:
Acceptable documents include:
- Insurance company statement or Explanation of Benefits (EOB)

FOR THE DEPENDENT CARE ASSISTANCE ACCOUNT:
A claim must include the name, address and taxpayer identification number of the dependent care service provider. In the case of a babysitter, the taxpayer identification number is the babysitter’s Social Security number. If you cannot remit a copy of your bill/contract, your daycare provider can sign your claim form which you can then upload as your “receipt.” To receive reimbursement from the Dependent Care Assistance Account a copy of your Dependent Care Documentation Form must be on file with P&A. (See page 15.)

FOR THE INDIVIDUAL PREMIUM REIMBURSEMENT ACCOUNT:
When submitting a claim for this account you must include a copy of the insurance company billing statement or vision/accident/dental COBRA invoice.

FOR THE ADOPTION ASSISTANCE ACCOUNT:
P&A must have evidence that you have started an adoption. This would be apparent if you submit a bill from an adoption agency or a document from a court indicating the nature of the judicial proceeding. Also, P&A must be able to see that expenses like travel costs are related to your adoption proceeding.

DIRECT DEPOSIT SAVES TIME!
Eliminate the hassle of manual checks and have your reimbursements deposited for you directly into your account.
No more waiting for the mail or wasting time at the bank. Let us do the work for you.
Sign up for direct deposit TODAY to get your reimbursement faster. This service is FREE!

- Itemized bill from the provider showing date of service, services rendered, provider of service, amount paid and if applicable, amount covered by insurance
- Prescription claims MUST include the Rx pharmacy receipt with Rx number. Cash Register receipts are not acceptable

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VISIT OUR WEBSITE!

At P&A we provide you with the convenience and dedication you deserve. Check out our website at www.padmin.com for the latest information on all your benefit needs. Discover our streamlined online tools and applications built specifically for you. View your account balance or receipt history, submit a claim electronically, or talk with a customer service representative through our live online chat.

First Time Users
Access your account online by using our secure website at www.padmin.com. Select the Login icon at the very top of the homepage and choose Employees. You must create a temporary username and password by entering your Social Security number or unique ID number and date of birth (mm/dd/yyyy) during this initial access stage. Follow the prompts on the screen to create your own unique username and password. Once you have created your own login ID information you will have complete access to your account.

Customer Service Options

- 24/7 account access at [800] 688-2611 or www.padmin.com
- Toll-free account information available in English and Spanish
- Customer service representatives available Monday through Friday: 8:30 AM to 8:00 PM (EST)
- Live online chat available during customer service hours

P&A Mobile Technology

Getting quick and easy access to your account(s) on the go has never been easier!

Need your account balance? Text the word BAL the number 70626 and receive a text message with your account balance!

Looking for the status of a claim you recently submitted? Text the word CLM to the number 70626 and get a text message update.

You can also submit claims through our electronic options (see page 5 for more details).

Connect with us on our social media pages!
Facebook:
facebook.com/BenefitsAdministration

LinkedIn:
In the search bar tool select Companies from the drop down menu and enter P&A Group

Twitter:
twitter.com/P_A_Group

www.padmin.com
SAMPLE ELIGIBLE EXPENSES FOR SPENDING ACCOUNT REIMBURSEMENTS

Medical, Dental & Vision Expenses
- Acupuncture
- Alcoholism treatment
- Ambulance hire
- Artificial teeth/dentures
- Birth control
- Braces
- Braille-books and magazines
- Breast pumps and lactation supplies
- Chiropractors
- Christian Science Practitioners' fees
- Co-insurance amount you pay
- Co-pay amount you pay
- Contact lenses and eyeglasses, PLUS eye examination
- Contact lens solutions
- Cosmetic surgery (due to illness or injury only)
- Cost of operations and related treatments
- Crutches
- Deductible medical coverage amounts you pay
- Dental fees
- Drug (by prescription) and medical supplies
- Fee for practical nurse
- Fees for healing services
- Handicapped persons' special schools
- Hearing devices and batteries
- Home improvements motivated by medical considerations
- Hospital bills
- Incontinence products
- Insulin
- Laboratory fees
- Lead-base paint removal (for children with lead poisoning)
- Medical information plan
- Mentally handicapped persons cost of special home care
- Nurses fees (including nurses' board and social security tax paid by you)
- Obstetrical expenses
- Operations
- Orthopedic shoes
- Oxygen
- Physical fees
- Physician recommended swimming pool or spa equipment costs (restricted by IRS regulations)
- Psychiatrists' and psychologists' fees
- Radial keratotomy and Lasik eye surgery
- Rolfing therapy
- Routine physical & other non-diagnostic services or treatments
- School tuition for the handicapped
- Seeing-eye dog and maintenance
- Smoking cessation programs
- Special diets required by illness or allergy
- Special education for the blind
- Special plumbing for handicapped
- Sterilization (i.e., tubal ligation, vasectomy)
- Surgical fees
- Telephone, special for hearing impaired
- Television audio display equipment for hearing impaired
- Therapeutic care for drug and alcohol addiction
- Therapy treatments
- Transportation expenses primarily in the rendering of medical services
- Weight loss program (if prescribed by physician to treat existing disease)
- Wheelchair
- X-rays

Over-the-Counter Medications
Please note that all over-the-counter medications will require a prescription.
(Sample List)
- Cold medicines, tablets, syrups, cough drops & lozenges
- Analgesics, fever reducers, pain reducers like aspirin, ibuprofen, acetaminophen
- Antacids and heartburn relief
- Stomach & Digestive relief items
- Laxatives
- Eye drops and lubricants
- Motion sickness patches and pills
- First Aid creams
- Arthritis pain relieving creams
- Antibiotic ointments
- Anti-itch creams and hydrocortisone creams
- Allergy medication, nasal sprays
- Athlete's foot treatment, anti-fungal creams
- Wart removal medication
- Diabetes supplies, glucose monitoring
- Urinary pain relief medication
- Smoking cessation patches, gum
- Feminine care related to treatment of vaginal infections
- Tooth and mouth pain relief medication
- Shampoo for treatment of lice, psoriasis
- Pregnancy tests
- Diaper rash ointment

Dependent Care Expenses
- Babysitters
- Daycare centers
- Nursery schools
- After-school programs
- Day camp
- Eldercare (Overnight camps are NOT eligible)

Individual Health and/or Disability Expenses
- Individual dental/vision/accident coverage
- Individual disability premiums

Adoption Assistance Expenses
- Reasonable & necessary adoption fees
- Court costs
- Attorney's fees
- Travel expenses

Common Expenses
- Cosmetic procedures**
- Hair products**
- Vitamins**
- Nutritional supplements**
- Gym equipment and membership**

**These items are only eligible if they are used to treat a medical condition. Proper physician documentation will be required.

Expenses eligibility is subject to change. If you are unsure if an expense is eligible for reimbursement, please call P&A Group at [800] 688-2611. Business hours are Monday through Friday 8:30 a.m. to 8:00 p.m. EST.
HEALTH CARE REFORM AND ITS IMPACT ON YOUR FSA

In March of 2010 President Obama signed the Patient Protection and Affordable Care Act and the Health Care and Education Reconciliation Act of 2010. This new law changes the way participants can use their Health Flexible Spending Account. Starting January 1, 2011, over-the-counter medicines will only be reimbursable if submitted with a doctor’s prescription. Examples of medicines that would require a doctor’s prescription for reimbursement would include pain medications (aspirin, acetaminophen, ibuprofen, etc), ant-acids and anti-fungal medications. Below is a brief list that outlines expenses that require a doctor’s prescription.

SAMPLE ELIGIBLE EXPENSES WITH A DOCTOR’S PRESCRIPTION INCLUDE:

- Cold medicines, tablets, syrups, cough drops and lozenges
- Analgesics, such as aspirin, ibuprofen and acetaminophen
- Motion sickness patches and pills
- First Aid creams
- Arthritis pain relieving creams
- Antibiotic ointments
- Allergy medication, nasal sprays

Laxatives
Eye drops and lubricants
Heartburn relief and antacids
Stomach & digestive relief items
Anti-itch creams and hydrocortisone creams
Athlete’s foot treatment, anti-fungal creams

This is not a complete list.

SAMPLE ELIGIBLE EXPENSES WITHOUT A DOCTOR’S PRESCRIPTION INCLUDE:

- Band aids
- Catheters
- Condoms
- Contact lens supplies & solutions
- Denture Adhesives
- Diagnostic tests & monitors
- Elastic bandages & wraps
- First aid supplies
- Insulin & diabetic supplies
- Ostomy products
- Reading glasses
- Wheelchairs, walkers, canes

This is not a complete list.

See how you can purchase these expenses with our online pharmacy!
ONLINE PHARMACY @ www.padmin.com

Do you have unspent money in your FSA?
Interested in saving money on all your over-the-counter needs?
Tired of going to the pharmacy when you’re sick?
Click into a world of convenience right at your fingertips!

- Over 350 items
- No receipts required to submit for FSA and HRA participants
  (Effective January 1, 2011, over-the-counter medicines will only be reimbursed with a prescription)
- Discounted pricing
- Free shipping on orders over $15
- Orders shipped within 2 days
- No wasted trips to the store!
- For all employees and family members
- Great way to use your FSA account
- After-tax purchases also allowed
- Compare our prices to all chain drugstores

3 EASY STEPS:
1.) Go to www.padmin.com
2.) Click on the link “Online Pharmacy Option”
3.) Select your items and choose any of the three easy payment options: FSA, HRA or Credit Card

ALSO AVAILABLE BY PHONE! CALL [800] 854-8764
Start saving money today.
AUTHORIZATION FOR RELEASE OF INFORMATION

I. INFORMATION ABOUT THE USE OR DISCLOSURE

I hereby authorize the use or disclosure of my individually identifiable information as described below. I understand that this authorization is voluntary and that I may revoke it at any time by submitting my revocation in writing to the entity providing the information.

Participant name:  SSN Number:

Persons authorized to receive the information:

Relationship to the participant, including authority for status as representative:

☐ I authorize any and all information shared with the above named persons, with the following exception(s):

II. IMPORTANT INFORMATION ABOUT YOUR RIGHTS

I have read and understand the following statements about my rights:

• I may revoke this authorization at any time by notifying the providing organization in writing, but the revocation will not have any affect on any actions the entity took before it received the revocation.

• I may see and copy the information described on this form if I ask for it.

• I am not required to sign this form to receive my health care benefits (enrollment, treatment or payment).

• The information that is used or disclosed pursuant to this authorization may be redisclosed by the receiving entity. I have the right to seek assurances from the above-named persons/organizations authorized to receive the information that they will not redisclose the information to any other party without my further authorization.

III. SIGNATURE OF PARTICIPANT

Signature of participant  Date

(FORM MUST BE COMPLETED BEFORE SIGNING.)

Please fax this completed form to P&A via toll-free number: [877] 855-7105 or mail to: Attn - Flex Department, 17 Court Street, Suite 500, Buffalo, NY 14202.
# FLEXIBLE BENEFITS WORKSHEET

## MEDICAL, DENTAL, VISION EXPENSES

<table>
<thead>
<tr>
<th>EXPENSE CATEGORY</th>
<th>ESTIMATION OF ANNUAL EXPENSE</th>
<th>CUMULATIVE TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sample – eyeglasses</td>
<td>$400.00</td>
<td>$400.00</td>
</tr>
<tr>
<td>Health Insurance Deductible(s)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Co-Insurance and Co-Pays</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Vision Care (contacts, glasses, etc.)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Prescription and/or Over-the-Counter Drugs</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Medical Appliance(s), Wheelchairs, Crutches</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dental Exams and Cleanings, X-Rays, etc.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Braces and Retainers, Fillings, etc.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

(This amount would be calculated as your estimated annual election for this account) GRAND TOTAL: $

$ ______________ ANNUAL ELECTION

## DEPENDENT CARE EXPENSES

<table>
<thead>
<tr>
<th>EXPENSE CATEGORY</th>
<th>ESTIMATION OF ANNUAL EXPENSE</th>
<th>CUMULATIVE TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Babysitters, Daycare Centers, Nursery School</td>
<td></td>
<td></td>
</tr>
<tr>
<td>After School Programs, Day Camp</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Elder Care</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

(This amount would be calculated as your estimated annual election for this account) GRAND TOTAL: $

$ ______________ ANNUAL ELECTION

## INDIVIDUAL PREMIUM EXPENSES

<table>
<thead>
<tr>
<th>EXPENSE CATEGORY</th>
<th>ESTIMATION OF ANNUAL EXPENSE</th>
<th>CUMULATIVE TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Non-employer sponsored Dental Insurance</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Disability Premiums</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

(This amount would be calculated as your estimated annual election for this account) GRAND TOTAL: $

$ ______________ ANNUAL ELECTION

## ADOPTION EXPENSES

<table>
<thead>
<tr>
<th>EXPENSE CATEGORY</th>
<th>ESTIMATION OF ANNUAL EXPENSE</th>
<th>CUMULATIVE TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reasonable and Necessary Adoption Fees</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Court Costs</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Attorney’s Fees</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Travel Expenses</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

(This amount would be calculated as your estimated annual election for this account) GRAND TOTAL: $

$ ______________ ANNUAL ELECTION

TOTAL OF ALL ANNUAL ELECTIONS $ ______________ DIVIDED BY PAYROLL CYCLE = $ ______________ /PER PAY.

If you are unsure if an expense is eligible for reimbursement, please call P&A’s Flex Department at [716] 852-2611 or [800] 688-2611. Business Hours are Monday through Friday 8:30 AM to 8:00 PM EST.
NOTES:
**DEPENDENT CARE DOCUMENTATION FORM**

<table>
<thead>
<tr>
<th>Field</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>EMPLOYER NAME:</strong></td>
<td></td>
</tr>
<tr>
<td><strong>EMPLOYEE NAME:</strong></td>
<td></td>
</tr>
</tbody>
</table>
| **NAME OF CHILD(REN): DEPENDENTS REQUIRING CARE:** | DATE OF BIRTH / /  
DATE OF BIRTH / /  
DATE OF BIRTH / /  |
| **NAME OF CARE PROVIDER:**    |                                                                         |
| **PLEASE NOTE:**              | A stipulation imposed by the IRS is that the service provider must be over 18 years of age and cannot be an individual for whom a personal tax exemption may be claimed. |
| **ADDRESS OF PROVIDER:**      |                                                                         |
| **TAXPAYER I.D. #**           |                                                                         |
| **RELATIONSHIP TO EMPLOYEE (IF ANY):** |                                                                         |
| **SPOUSE’S NAME:**           | SPOUSE’S EMPLOYER:                                                     |
| **DOES YOUR SPOUSE MAKE MORE THAN THE AMOUNT YOU WISH TO WITHHOLD FOR DAYCARE?** | ☐ Yes ☐ No  
YOU MAY NOT WITHHOLD MORE THAN YOUR SPOUSE’S ANNUAL EARNED INCOME. |
| **IF SPOUSE IS NOT EMPLOYED HE/SHE IS: INCAPACITATED OR A FULL-TIME STUDENT?** |                                                                         |

- Once this information is on file with P&A Group, Inc., receipts including dates of service will suffice for reimbursement.
- This information MUST be provided every plan year that you participate.
- Any changes during the year should be reported to P&A immediately.
- See back of form for dependent care account guidelines.

SIGN UP FOR DIRECT DEPOSIT TO RECEIVE REIMBURSEMENT FASTER!!

<table>
<thead>
<tr>
<th><strong>EMPLOYEE SIGNATURE:</strong></th>
<th>DATE: / /</th>
</tr>
</thead>
</table>

Fax or mail this completed form to P&A Group.
Toll free fax: (877) 855-7105  Mailing Address: 17 Court Street Suite 500  Buffalo, NY 14202
DEPENDENT CARE GUIDELINES

WHO IS A QUALIFYING DEPENDENT FOR PURPOSES OF A DEPENDENT CARE FLEXIBLE SPENDING ACCOUNT?
Dependent care expenses must be provided to qualified persons. A qualified person is defined as any of the following:

1. A dependent under age 13:
   (a) he or she has the same principal residence as you for more than half the year;
   (b) he or she is your child or step-child (by foster or adoption), foster child, sibling or step-sibling, or a descent of one of them and;
   (c) he or she does not provide more than half of his or her own support for the year.
2. A spouse who is physically or mentally unable to care for himself or herself.
3. A dependent that is unable to care for him or her and who qualifies as a dependent for income tax purposes.
4. If the qualifying person is not under age 13, dependent care expenses incurred outside the home can be reimbursed only if the qualifying person regularly spends at least 8 hours a day in the employee's household.

WHAT EXPENDITURES ARE ELIGIBLE FOR REIMBURSEMENT UNDER DEPENDENT CARE FLEXIBLE SPENDING ACCOUNTS?
Eligible expenses are defined as those that enable the participant and the participant’s spouse to work or to look for work.
They include the following:
1. Childcare centers that care for six or more children and that meet the IRS’s definition of a qualified day care center;
2. Caregivers for a disabled spouse or dependent who lives with the participant;
3. Babysitters;
4. Nursery schools; and
5. Household expenses provided that a portion of these expenses is incurred to ensure a qualifying dependent's well being and protection.

A stipulation imposed by the IRS is that the service provider must be over 18 years of age, and cannot be an individual for whom a personal tax exemption may be claimed.

ARE THERE CERTAIN CIRCUMSTANCES UNDER WHICH AN EMPLOYEE’S SPOUSE IS TREATED AS IF HE OR SHE IS WORKING EVEN THOUGH THE SPOUSE IS NOT EMPLOYED?
Yes. If an employee’s spouse is a full-time student or is physically or mentally not capable of self-care, he or she is treated as if working. A spouse is a full-time student if he or she is enrolled at and attends a school for the number of hours or classes that the school considers full time. The spouse must have been a student for some part of each of five calendar months during the year.

WHAT EXPENDITURES ARE PROHIBITED FOR REIMBURSEMENT UNDER DEPENDENT CARE FLEXIBLE SPENDING ACCOUNTS?
Expenditures that are prohibited for reimbursement include the following:
1. Babysitting for social events;
2. Educational expenses;
3. Charges for overnight camp; and
4. Expenses that the participant will take as a child care tax credit on his income tax return.

IS THERE A MAXIMUM AMOUNT OF EXPENSE THAT MAY BE REIMBURSED BY A DEPENDENT CARE FLEXIBLE SPENDING ACCOUNT?
Yes. The maximum annual contribution is $5,000 ($2,500 for married participants filing a separate income tax return), but no more than the lesser of the earned income of the employee or his spouse. If your spouse is a full-time student or incapacitated the maximum annual election is $3,000 for one child or $5,000 for two or more children. (Amounts subject to change due to IRS guidelines)

MUST AN EMPLOYEE PROVIDE ANY INFORMATION REGARDING THE DEPENDENT CARE SERVICE PROVIDER ON HIS INCOME TAX RETURN?
Yes. The employee must provide the name, address, and taxpayer identification number of the person performing the services on the income tax return filed for the year in which the services were performed. If the service provider is a tax-exempt organization, its name and address must be provided on the employee’s tax return. If the preceding information is not provided, the tax exclusion can be maintained if the employee demonstrates to the IRS that the employee exercised due diligence in trying to obtain the information. The employee may demonstrate the exercise of due diligence by furnishing a copy of the service provider’s driver’s license or Social Security card.
DIRECT DEPOSIT AUTHORIZATION AGREEMENT

You can now have your claim reimbursements deposited directly into your bank account.

Please complete the following information below to set up direct deposit.

Employer Name (please print)

Employee Name SSN #

Work Phone No. Home Phone No.

E-mail Address

Bank Name

Transit (ABA) No. Account No.

Please indicate type of account (circle one) CHECKING SAVINGS

If this is a new account, it must be established and active at your bank before you request direct deposit.

Please attach a voided check for checking, or a deposit slip for savings account

I authorize P&A Administrative Services, Inc. and the bank listed above to deposit my claim reimbursements directly into my bank account listed above.

If funds to which I am not entitled are deposited to my account due to error or any other reason, I authorize P&A Administrative Services, Inc. to direct the bank to return said funds to P&A Administrative Services, Inc.

I understand that my deposit may not be credited to my account for up to 2 business days after the transaction has been sent to the bank for processing.

I understand that this authorization will remain in effect unless I advise P&A that I have revoked it. Furthermore, I understand that it is my responsibility to notify P&A of all future changes to my bank account number and routing number. If I fail to notify P&A of changes of this nature, I will be responsible for reimbursing P&A for all applicable bank charges.

Employee Signature Date

Please fax this completed form to P&A via toll-free number: [877] 855-7105 or mail to: Attn - Flex Department, 17 Court Street, Suite 500, Buffalo, NY 14202
CUSTOMER SERVICE OPTIONS

■ 24/7 account access at [800] 688-2611
  or www.padmin.com

■ Toll-free account information available
  in English and Spanish

■ Customer service representatives available
  Monday through Friday: 8:30 AM to 8:00 PM [EST]

■ Live online chat available during customer service hours

17 Court Street : Suite 500
Buffalo, New York 14202-3294
[716] 852-2611 : [800] 688-2611
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